



CMDA Psychiatry Section Update (March 2019)

To promote fellowship and provide community to support and encourage Christian physicians in the practice of psychiatry, as they explore the relationship between their faith and professional practice.

To promote within the church the knowledge and understanding of valid psychiatric approaches to mental health and healing, consistent with Christ's redemptive love.

Peace Like a River / It is Well With My Soul

*When peace, like a river, attendeth my way,
When sorrows like sea billows roll;
Whatever my lot, thou hast taught me to say,
It is well, it is well with my soul.*

“With this hymn comes one of the most heartrending stories in the annals of hymnody. The author, Horatio G. Spafford (1828-1888), was a Presbyterian layman from Chicago. He had established a very successful legal practice as a young businessman and was also a devout Christian. Among his close friends were several evangelists including the famous Dwight L. Moody, also from Chicago. Spafford’s fortune evaporated in the wake of the great Chicago Fire of 1871. Having invested heavily in real estate along Lake

Michigan's shoreline, he lost everything overnight. In a saga reminiscent of Job, his son died a short time before his financial disaster. But the worst was yet to come.

Hymnologist Kenneth Osbeck tells the story: "Desiring a rest for his wife and four daughters, as well as wishing to join and assist Moody and [his musician Ira] Sankey in one of their campaigns in Great Britain, Spafford planned a European trip for his family in 1873. In November of that year, due to unexpected last-minute business developments, he had to remain in Chicago, but sent his wife and four daughters on ahead as scheduled on the S.S. Ville du Havre. He expected to follow in a few days.

"On November 22 the ship was struck by an English vessel, and sank in twelve minutes. Several days later the survivors were finally landed at Cardiff, Wales, and Mrs. Spafford cabled her husband, 'Saved alone.'" Spafford left immediately to join his wife.

This hymn is said to have been penned as he approached the area of the ocean thought to be where the ship carrying his daughters had sunk."

The practice of psychiatry often encounters patients who long to be able to say that it is well with their souls. Some may have a horrific experience likened to Horation Spafford. Some face the daunting challenges brought on by mental illness. Regardless, they are tormented and are turning to you for help. As a psychiatrist, each of you has special dispensation to share the light and love of Christ, in a way that brings your charges closer to being able to say it is well with their souls.

May God bless you in all of your interactions, protect you from the evil one and his schemes, and use you mightily in your personal and professional circles. Thank you for allowing us to serve you.

Marshall Williams
CMDA Psychiatry Section

Member Update: This section is intended to provide insight into members of our section and provide opportunities for learning and encouragement by listening to their stories.

Dr. Phillip Lewis has been a member of the Psychiatry Section for 25+ years, and shares his story with us this month. I was born in the United States, but grew up in Argentina, where my parents served as missionaries. After finishing the Argentine equivalent of High School, I returned to the 'States and later spent two years at Prairie Bible Institute (now Prairie Bible College) in Canada. I wanted to study Medicine, but as a missionary's kid, and the oldest of eight, there was not enough money in the family to enable me to study Medicine in the US, so even after my parents had returned to the 'States, I left for Argentina where medical school was free.

In Argentina, I rapidly became involved in a newly formed student Christian movement, and during my final years in medical school I was part-time staff for the group. After graduating as an MD, I felt led to be, at least temporarily, the only fulltime staff member for the national student Christian movement, and I did this for two years. During those years I travelled the length and breadth of the country, meeting with student groups, organizing camps and other special events, presenting the ministry to churches, etc.

Pastors and other church leaders who knew of my background both in biblical studies and Medicine frequently approached me about some person they knew who was struggling with some mental problems. This was a time when Psychiatry and Christianity were at odds with each other. Psychiatry was dominated by the ideology of Freud, who was an atheist. During medical school my training in Psychiatry took place in a dark, overcrowded psychiatric hospital where most of the patients were there for life. But the pastors who were looking for answers were hoping that I could give them some good guidance on how to help the troubled individuals they were presenting. And often, I felt there wasn't much I could offer.

That realization firmed up my decision to specialize in Psychiatry. After two years I moved back to the 'States. Once I validated my medical degree in the US, I specialized in Psychiatry. During that time, we were starting to learn about the value of medication in treating mental disorders. And I also began to grasp how I could respond to some of the questions raised by pastors and church leaders.

Since that time, of course, we've learned a great deal more about the biological underpinnings of mental disorders, and have acquired more medications that can be of great help to our patients. But I always make it a point, when doing the initial interview with a patient, to explore where the patient is spiritually. And that has sometimes led to some very encouraging outcomes, including the patient's conversion. I've also been able to help patients deal with spiritual issues that were raised in the interviews. And I've been able to address mental health issues in a number of churches, both here and abroad. So, to conclude, I am very grateful that God led me into this field!

Member Update - Library. Dr. Lewis' story is an example of how God worked in mysterious and yet calculated ways to shape Dr. Lewis and draw him into the field of psychiatry. Each of our members has a story and we would like to hear it. If you are willing, bless us by taking some time out of your busy schedule and think through and write down your path into psychiatry. We would love to highlight your story in a Psychiatry Section Update and give our members insight into who you are and what makes you "tick". Thank you for considering this opportunity. Let Marshall know you would like to participate and how we can facilitate your getting your story onto paper.

Prayer and Mentoring.

We have answered several requests for Psychiatry residencies where faith and learning can stimulate doctors to excellence. We provided both a list of programs, as well as individuals in those programs, who can be contacted regarding information and insights into the training and staff. If you have

questions please contact Marshall and let us know how to better support you.

If you would like to participate in an informal mentoring program (or have requested this in the past and have not been contacted), please contact us again at psychsectioncmda@gmail.com and we will get you connected. This is a low time commitment, but can be a life changing opportunity – for both. We encourage pairs to spend 1 or 2 hours per month on the phone seeking wisdom related to studies, patients, practice dynamics, family, etc.

Practicing members, this is something that is for you as well. Let me know of your interest and any specific desires, and we will connect you with a member who can meet with you and pray and provide insights into your situations. Thank you for partnering with us and letting us serve you.

Intern Extras: Raising Awareness of Psychiatry as a Specialty.

Thank you to those members who have indicated that they would like to speak to medical school students about the opportunities and responsibilities that come with being a psychiatrist with Christian beliefs. We have contacted CMDA chapters at multiple medical schools regarding coordinating a visit and have been heartily welcomed. As you remember, year 3 and year 4 are very busy and coordinating a gathering is proving to be a challenge. Pray for divine appointments and attendees when scheduled. We will keep you updated as the meetings progress and report back on their success.

If you would be interested in meeting with a medical school group either at a nearby regular CMDA chapter meeting or in a special meeting, let me know and we can assist with the details. Give these aspiring doctors the opportunity to discuss psychiatry before they dismiss it for a higher-profile specialty.

Also, we continue trying to identify programs with content and faculty who are believers, or who are able to teach residents from a point of view which is respectful of spirituality and tuned into the faith of the residents and their patients. What about your program? **Please send us the name and location**

of your program and faculty members who we can contact and seek their permission to refer potential residents. We will not endorse any particular program, but do want to provide seekers with the opportunity to discuss options which will allow them to receive excellent training, and grow professionally and spiritually during their residency.

Psychiatry Opportunities: Career Opportunities and Short Term Opportunities.

- ***Riverside Counseling*** is seeking a psychiatrist in the Washington DC Suburbs. We are a multi-specialty private practice, all outpatient, fee-for-service with no on-call. Full-time and part-time opportunities. Partnership opportunities available. See our website at RiversideCounseling.net. Contact Dr. Hall at donhallmd@aol.com to discuss details.

- ***Honey Lake Clinic***, Karl Benzio, MD, Medical Director, Founder and Clinical Director, Lighthouse Network, Pennsylvania Director, American Academy of Medical Ethics, KBenzio@HoneyLake.Clinic, would like to talk to both psychiatrists as well as prospective graduating residents regarding options for integrating their faith and professional expertise in a clinical setting.

- ***The Ludden Group, P.C.***, (lindaluddensivils@gmail.com), a Christian private practice group of Independent Contractors, located in Rockwall, TX, 25 miles east of the Dallas Metroplex. The Ludden Group is seeking a full or part-time Psychiatrist, Psychiatric Nurse Practitioner, Gerontologist. Duties will include Medication Evaluations and ongoing Medication Management with the Geriatric population. Providing services for child thorough geriatric patients in The Ludden Group's outpatient office is also an option. Areas served: Rockwall, Greenville, Terrell, and Ennis. Opportunities available in Dallas.

- ***Dignity Health Medical Group*** in Stockton, CA is seeking Christian residents and psychiatrists for inpatient and outpatient work in a very supportive and encouraging environment. Dignity Health offers a full range of health services and is backed by the St. Joseph's Medical Center. Contact Dr. Chris Van Schenck, Chris.VanSchenck@dignityhealth.org.

- ***Tumaini Counseling Center*** near Nairobi Kenya is seeking full time and part time staff. Contact Dr. Roger Brown, shirley.brown@aimint.org.

- **Cornerstone Counseling Foundation** in Chiang Mai Thailand is seeking full time and part time staff. Contact Bill Hoppe, billhoppe@gmail.com.

Psychiatry Section Activities. Local meetings of psychiatrists, residents and medical school students are happening. We are encouraged by the desire to meet and fellowship and share. Contact Marshall to see if there is a group meeting in your area. We are also expanding our reach into churches and want to become more of a resource for education, fellowship, growth and communication. We hope that you will prayerfully consider engaging in your local congregation. Let us know what you are doing and what resources you need so we can prayerfully consider how to best support your efforts. Comments and questions are welcomed.

Upcoming Psychiatry Section Meetings (It is not too early to plan):

- **[CMDA Remedy Orlando 2019, Orlando, FL, March 28-30, 2019.](#)** Medical missions brings the remedy for disease. Medical missions brings the remedy for sin. But in order to do this, medical missions needs missionaries. Committed healthcare professionals are the greatest need in closed countries to provide God's spiritual and physical remedy. Join us at First Baptist Orlando in Orlando, Florida on March 28-30, 2019 for Remedy Orlando 2019, a conference focused on bringing God's remedy to the world through missions. The Psychiatry Section will host a booth and provide information and opportunities for both short term and long term psychiatry focused missions opportunities. It is an ever increasing need.
- **[CMDA National Convention \(Transform – Celebrating God's Faithfulness\), Ridgecrest, NC, May 2-5, 2019.](#)** The Psychiatry Section is hosting a seminar on Friday afternoon, a dinner Friday evening and sessions Saturday afternoon. Participation and comments regarding this 2019 meeting will inform our decisions regarding a more robust program in 2020. We look forward to seeing you there. We expect this conference to provide opportunities for training, encouragement,

and fellowship with fellow psychiatrists as well as with other physicians and healthcare providers within CMDA. It will be a truly renewing time. Details are provided in the Agenda at the end of this newsletter and on the psychiatry section webpage at cmda.org/psychiatry.

- **APA 2019, San Francisco, CA, May 18-22, 2019.** We will host a banquet, have opportunities for fellowship, and host a booth where we can connect with attendees who are not members and encourage visitors to consider the claims of Christ as well as joining us as we seek to integrate faith and practice. Details are provided in the Agenda and Registration Form provided at the end of this newsletter and on the psychiatry section webpage at cmda.org/psychiatry.
- **Remedy Medical Missions Conference – West, Riverside CA, October 5-6, 2019.** Medical missions brings the REMEDY for disease, at home and abroad. Committed healthcare professionals remain the greatest need in closed countries to provide God’s spiritual and physical remedies. CMDA is sponsoring this conference, focused on bringing God’s remedy to the world via healthcare professionals, at California Baptist University in Riverside, California. Details of the Psychiatry Section involvement are evolving. If you have interest in participating and would be willing to discuss psychiatry opportunities and issues, let us know at psychsectioncmda@gmail.com. We will contact you to discuss.
- **Global Missions Health Conference, Louisville, KY, November 7-9, 2019.** This conference brings together globally minded, health care personnel and organizations for worship, training, and challenges to consider God’s desire for time and practice. Medical students, Residents and Practicing healthcare workers are all welcomed. The Psychiatry Section hopes to host a session titled “Mental Health, Resilience and Sustaining Global Workers” in the 2019 meeting. More to follow later.

Psychiatry Section Contact. Comments, questions and needs?? Please contact Marshall at psychsectioncmda@gmail.com. We will promptly be in touch. Visit our website at cmda.org/psychiatry for meeting information,

resources, blogs and much more. See our Facebook page at “CMDA Psychiatry Section”. Follow us on Twitter at “cmda@cmdapsych”.

Psychiatry Section Finances. We fund our activities through your dues (\$119/yr practicing psychiatrists, \$59/yr global workers, \$0 Residents and Interns) and donations, so partner with us as we reach out to a larger audience and seek to provide resources and opportunities for fellowship, professional development and collaboration. Go to [Psychiatry Section Dues and Donations](https://cmda.org/specialty-sections/psychiatry-section/) <<https://cmda.org/specialty-sections/psychiatry-section/>> to donate on-line.

*The Lord bless you, and keep you; The Lord make His face shine on you,
And be gracious to you; The Lord lift up His countenance on you, And give
you peace.*

Numbers 6:24-26



CMDA National Convention May 2-5, 2019 in Ridgecrest North Carolina

The CMDA Psychiatry Section is encouraging members and associates to attend the 2019 CMDA Convention. Please plan to participate in the full program along with professionals from all medical specialties. Go to the [CMDA Conference Page](#) on the [CMDA Website](#) for a complete agenda and information regarding conference registration, meals and accommodations.

The Psychiatry Section is sponsoring a dinner with panel discussion.

CME credit seminars will challenge institutional knowledge and fellowship with psychiatrists, medical practitioners, residents, and medical students should provide a stimulating and encouraging time for all of us. We hope to see you there.

Psychiatry Section Agenda

May 3, Friday, Afternoon, Well Being breakout Session: Dr. Frauke Schaefer will speak on moral distress, moral injury, and vicarious trauma, and its effect on the well-being of healthcare.

May 3, Friday, 5:15-6:30 PM, Dinner: The Psychiatry Section will meet at a separate dinner buffet and have a panel with participants presenting how spirituality/Christ affects their patient care, i.e. giving a case, approach, integration issue.

May 4, Saturday Afternoon, Workshops/Lectures: The Psychiatry Section will be meeting from 1:00-5:30 PM.

- Dr. Tom Okamoto will be presenting on “Starbucks, Quantum Physics and Christian Love: Searching for Joy Practicing Today's Medicine”. A discussion of today's health care environment turning from the sacred healing doctor-patient relationship to the rise of professional "burnout." This 40 minute talk will begin with a discussion of today's health care environment turning from the

sacred healing doctor-patient relationship to the rise of professional "burnout." Recent efforts of the industry to foster "physician wellness" and "resilience" will be reviewed. The emphasis on the doctor-patient relationship and the role of "healer" will be renewed through recent concepts in the social sciences, quantum physics and the philosophy of information that now are congruent with biblical truth. Identifying new personal and professional spiritual battle lines will reveal the Christian call to heal exists under heavy challenge. Approaches to promote "wellness" and "resilience" will be redefined within the context of healthy Christian spirituality and ongoing growth in Christ. There will be a 10-15 minute Q&A time at the end of the presentation.

- Dr. Allan Josephson presenting on Transgender Youth: Developmental, Family and Worldview Perspectives.
- Dr. Allan Josephson and Professor Nancy Pearcey will provide an informal, cooperative session intended to allow more in-depth discussions related to life and sexuality in today's society.

- Promoting Fellowship and Supporting Christian Physicians in Practice of Psychiatry.
- Integrating Faith and Professional Practice.
- Validating Psychiatric Approaches to Mental Health Within the Church.
- Supporting Global Workers.

APA Annual Conference Information:

Moscone Center, San Francisco

CMDA Psychiatry Annual Conference Meetings / Activities:

Morning Breakfasts (Self Pay): Private Dining Room, The Daily Grill, Handlery Hotel
(351 Geary St, San Francisco, CA 94102)

Tuesday Evening Banquet: Union Square Room, Handlery Hotel (\$40/psn)

CMDA Hotel Rooms: Villa Florence Hotel, 225 Powell St, San Francisco, CA
(Rooms Release March 15th, so let us know if you want one. Sharing is available.)

May 19, Sunday, 9:30 AM: **Morning Worship Service**, Meet in Florence Hotel Lobby. Travel to Local Service.

May 19, Sunday, 5:00 PM: **Evening Social & Dinner**, Meet in Florence Hotel Lobby, walk to Restaurant (TBD).

May 20, Monday, 7:00 – 8:30 AM: **Informal Breakfasts, Fellowship and Encouragement**, Daily Grill, Handlery Hotel.

May 21, Tuesday, 7:00 – 8:30 AM: **Informal Breakfasts, Case Review and Integration of Faith and Practice Discussion** led by Dr. Brian Briscoe in The Daily Grill, Handlery Hotel (Discussion will continue until 10:30 for those able to stay.)

May 21, Tuesday, 6:30 – 9:30 PM: **Annual Banquet** in the Union Square Room, Handlery Hotel. Cost is \$40 per person – in advance or at the door.

- **Annual Business Meeting**

- **Treating Epilepsy and Associated Psychiatric Disorders in Under-Resourced Areas of the World.**

Presentation by OWP Pharmaceuticals and the ROW Foundation.

- **Dr. Sam Thielman** - Increasingly, behavioral health personnel are being called upon to become involved to support the persecuted church. Dr. Samuel Thielman, Past President of the CMDA Psychiatry Section, will talk about his involvement in the ordeal of Rev Andrew Brunson, American pastor held in a Turkish prison for two years. In May and October of 2018, Thielman travelled with his (and Andrew Brunson's) pastor to Aliaga Prison near Izmir, Turkey to be present at two of Brunson's hearings and to offer moral support to Brunson and his family. Dr. Thielman will talk about the potential role for behavioral health personnel trying to support Christians working in hostile areas, as well as boundary issues involved in carrying out distinct but overlapping roles as a concerned fellow Christian, behavioral health expert, and church leader.

May 22, Wednesday, 7:00 – 8:30 AM: **Informal Breakfast, Fellowship and Encouragement**, The Daily Grill, Handlery Hotel

CMDA Psychiatry Exhibit – Booth # 1716

Opens Saturday Evening, May 18th at 5:30 PM and Closes Tuesday, May 22nd at 4:00 PM

To register for the Meetings, Email the website Registration Form at our web site
(cmda.org/psychiatry/Meetings-and-Conferences) to Marshall at psychsectioncmda@gmail.com

Sessions of Potential Interest to CMDA Members
(Information will continue to Be Added as Topic, Venue, and Schedule
are Available)

Saturday, 18 May, 1-2:30: Dr. David Rosmarin is chairing a session on “Spirituality and Mental Health: A New Frontier for Promoting Emotional Wellness?”.

Sunday, 19 May, 1-2:30: Dr. John Peteet, is chairing a session on Physician Aid in Dying.

Monday, 20 May, 1-2:30: Dr. Keshavan is chairing a session on Spiritually Integrated CBT.

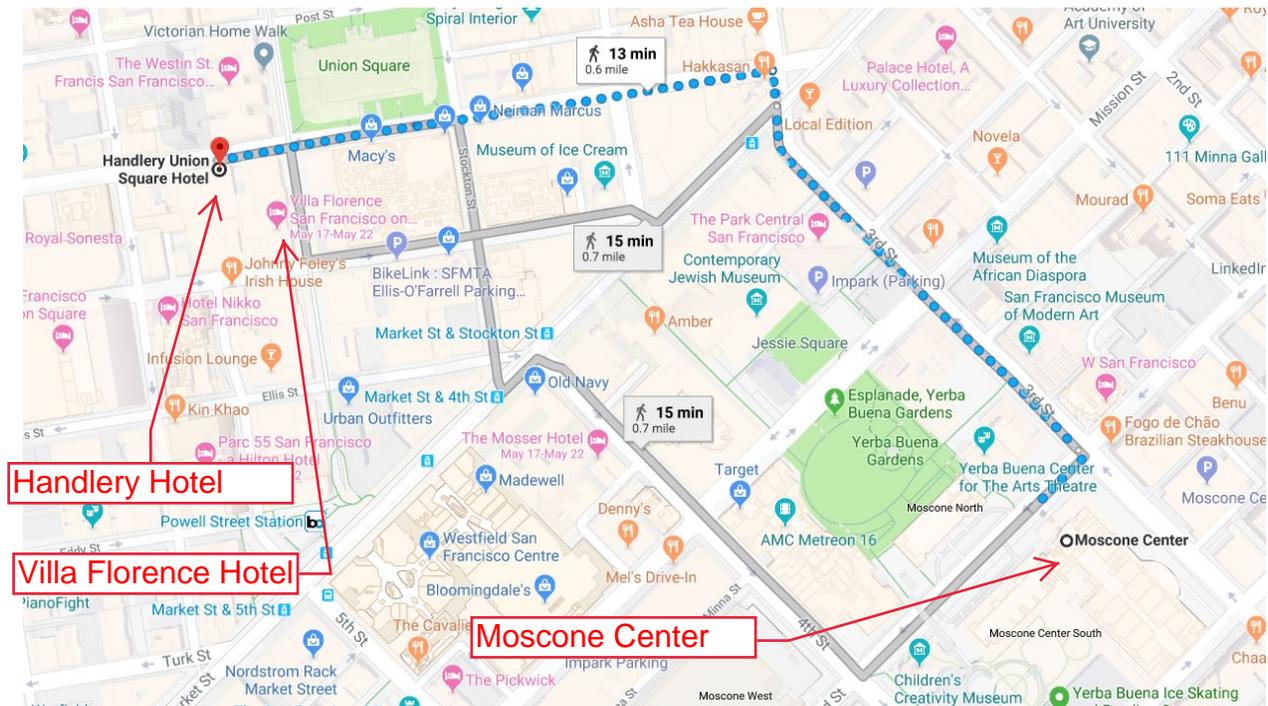
Tuesday, 21 May: Oskar Pfister Award Lecture.

Tuesday, 21 May: Dr. Alan Fung is chairing a session on Engaging and Partnering with Faith Communities.

Tuesday, 21 May, 3-4:30: Dr. Donna Ames is chairing a session on “Moral Injury, Suicide Risk and the Role of Religion/Spirituality in Recovery.

Wednesday, 22 May, 10-11:30: Dr. Peter Nash is chairing a session on Moral Injury: A Call for More Social Psychiatry.

CMDA Psychiatry Section Locations of Activities



Moscone Center – Feature location for registration, meetings, exhibit booths and general APA activities.

Handlery Hotel – Location of CMDA Psychiatry Section Meetings.

Monday, Tuesday, Wednesday - Morning meetings in The Daily Grill: 7:00 – 8:30AM.

Tuesday – Annual Banquet in the Union Square Room: 6:30 – 9:30 PM

Villa Florence Hotel – Location of Room Reservations made through Psychiatry Section



2019 Psychiatry Section Meeting

18-22, 2019
San Francisco, CA

Personal Information:

Name: Degree:

Spouse's Name (if attending): Medical/Dental Degree (if applicable):

Preferred Mailing Address: Home Office

Street:

City: State: Zip:

Office Phone: Home Phone:

Mobile Phone: E-mail Address:

Special Disability or Dietary Needs:

Room Block: Villa Florence Hotel, 2 Double Beds @ \$358/night (incl tax and fees)

Meetings: Handlery Hotel: Banquet - Union Square Room

Informal Breakfasts (Self-Pay) - Daily Grill

Saturday, May 18th	Hotel: <input type="text"/>	Early Arrival.		
Sunday, May 19th	Hotel: <input type="text"/>	Church Service (TBD), Meet Florence Hotel Lobby @ 9:30 am	#	<input type="text"/>
Sunday, May 19th		Social and Casual Dinner (Venue TBD) 5:00 – 7:00 p.m.	Tent #	<input type="text"/>
Monday, May 20th	Hotel: <input type="text"/>	Fellowship / Breakfast, Daily Grill 7:00 - 8:30 a.m.	#	<input type="text"/>
Tuesday, May 21st	Hotel: <input type="text"/>	Breakfast, Case Studies / Discussion, Daily Grill 7:00 – 10:30 a.m	#	<input type="text"/>
Tuesday, May 21st		Banquet 6:30 – 9:30 p.m. Union Square Room \$40 Cost/psn	#	<input type="text"/>
Wednesday, May 22nd	Hotel: <input type="text"/>	Fellowship / Breakfast, Daily Grill 7:00-8:30 a.m.	#	<input type="text"/>

Ministry Donation (for Section activities and resident meals at APA) Thank You! \$

2019 Membership Dues (\$119 Practicing, \$59 Retired, \$0 Residents/Students) \$

Hotel Summary: # Nights X \$358/night **Hotel Total** \$

Payment Options: **Hotel rooms will be released 15 March** **Total Enclosed** \$

- Check – payable to Christian Medical & Dental Associations (Include this form with your check and Mail to CMDA at the Bristol, TN address below. Send copy of this form to psychsectioncmda@gmail.com)
- Credit card: Send form to psychsectioncmda@gmail.com and we will call you for the card information. Please call Marshall at 404-679-4151 with Questions.

Mailed / Anticipated Payment Total \$

PLEASE include a valid phone number above. We Will Call or Email to Confirm Receipt of Request.

Signature:

Submit Registration: Please copy this form for your records, and submit the original form with payment:

MAIL: CMDA
Attn: Connie Fox/APA
PO Box 7500
Bristol, TN 37621

SCAN / EMAIL FORM TO: psychsectioncmda@gmail.com

EMAIL WITH QUESTIONS: psychsectioncmda@gmail.com

(Please contact psychsectioncmda@gmail.com if your registration is not personally acknowledged within 2 weeks of submission / mailing).