NCAA Tournament Preview - #1 Virginia Cavaliers Offense

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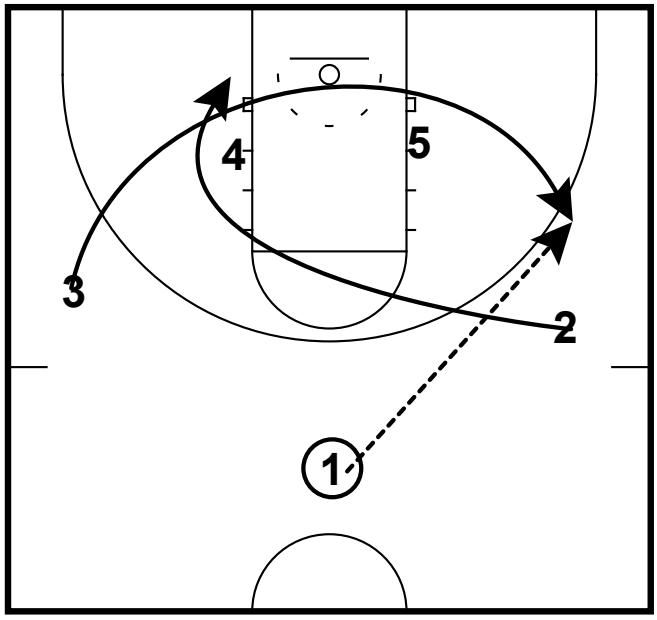
Cavalier Motion

Frame 1

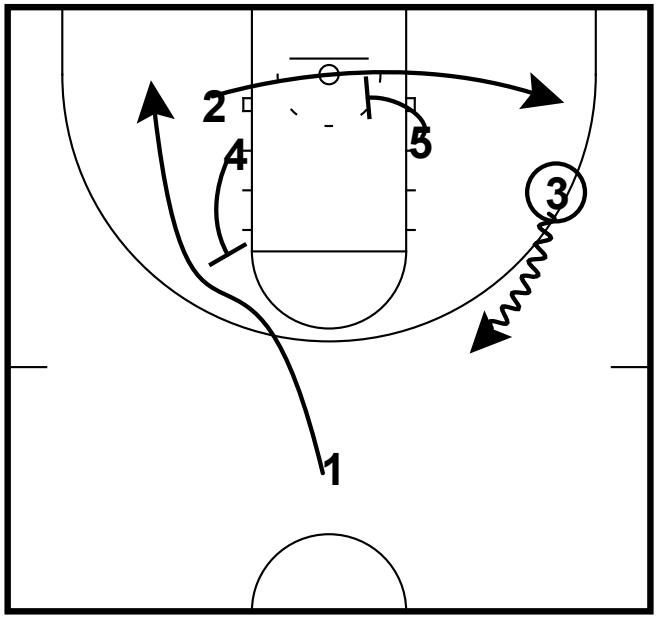
Offense - Man 2 Man



1 passes to 3 on the right wing.

Frame 2

Offense - Man 2 Man

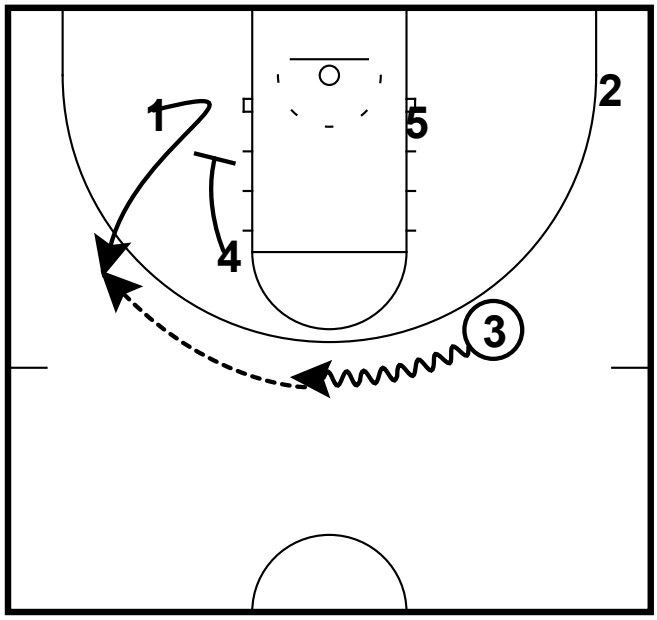


1 cuts off of a flare-screen from 4.

2 cuts off of a screen from 5.

Frame 3

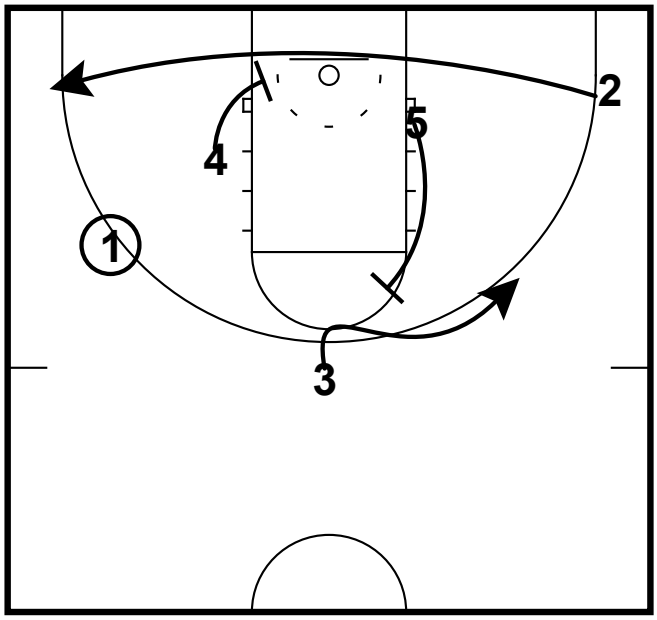
Offense - Man 2 Man



If they do not want to keep the continuity, 3 can pass to 1 cutting back off of a down-screen.

Frame 4

Offense - Man 2 Man



The action is reversed with 3 cutting off of the flare-screen and 2 off of the screen from 4 at the block.

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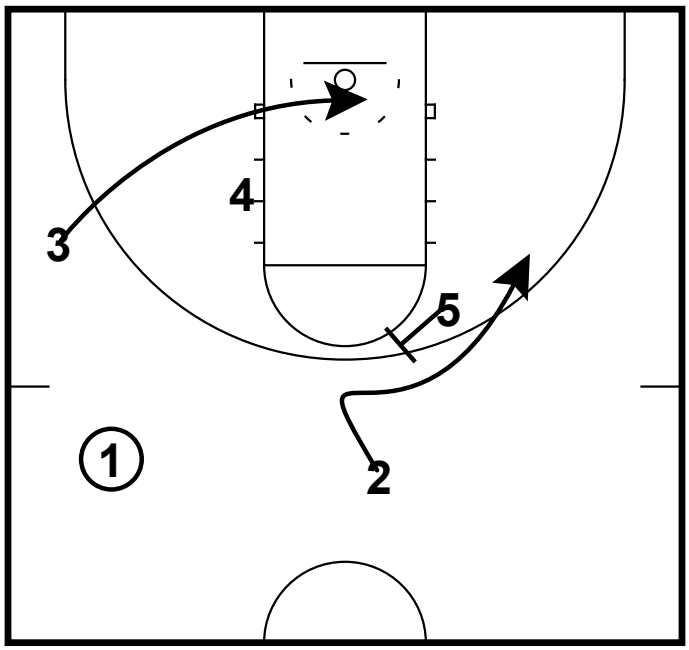
Stagger Option

Frame 1

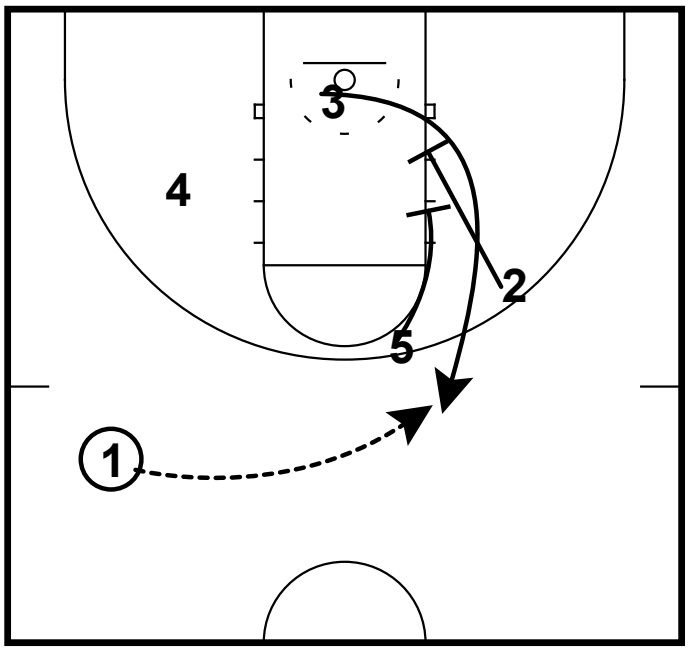
Offense - Man 2 Man



1 cuts off of the flare-screen from 5.

Frame 2

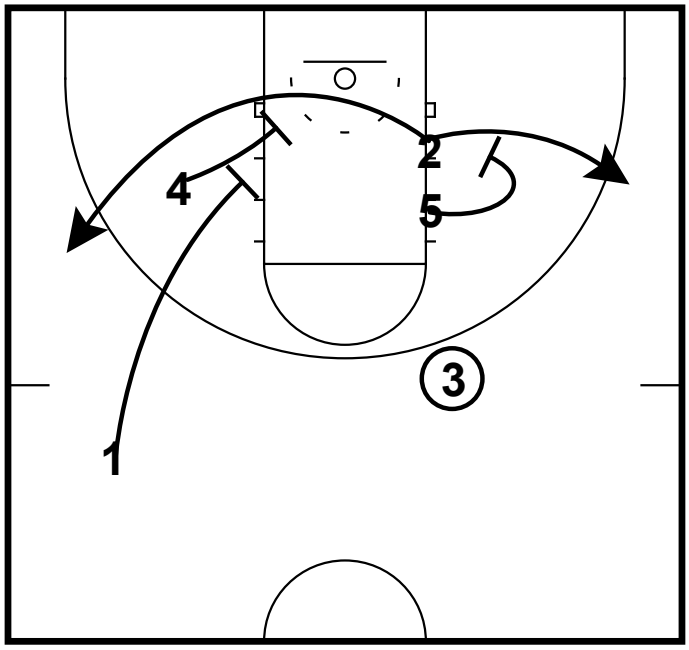
Offense - Man 2 Man



Instead of the wheel motion, 5 and 2 set a staggered down-screen for 3.

Frame 3

Offense - Man 2 Man



2 then can choose to cut off of a single down screen or a staggered down screen.

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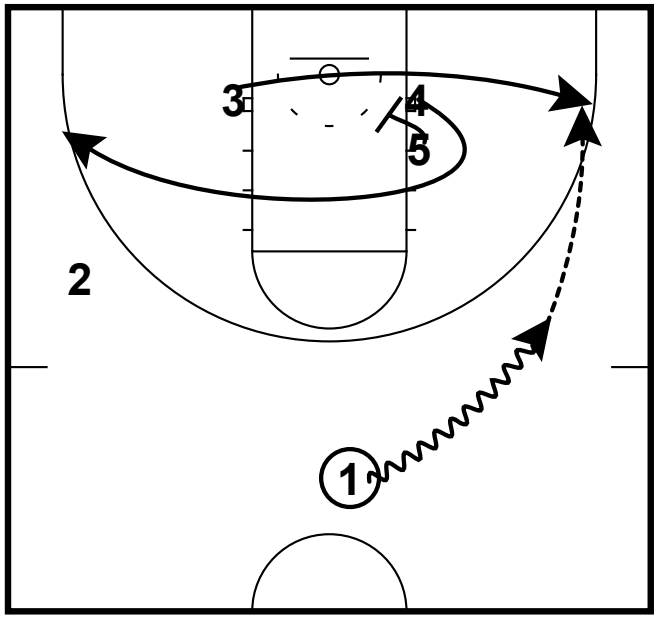
Thunder Overload

Frame 1

Offense - Man 2 Man

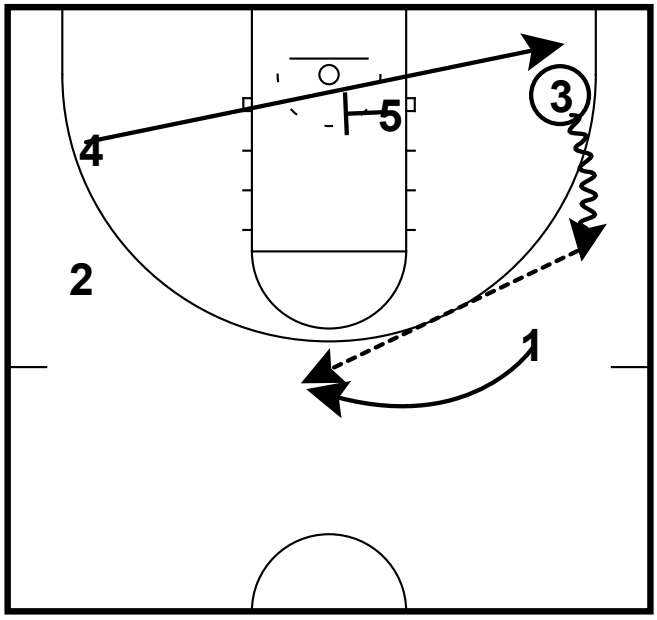


4 loops around 5 and 3 cuts to the corner.

1 passes to 3.

Frame 2

Offense - Man 2 Man

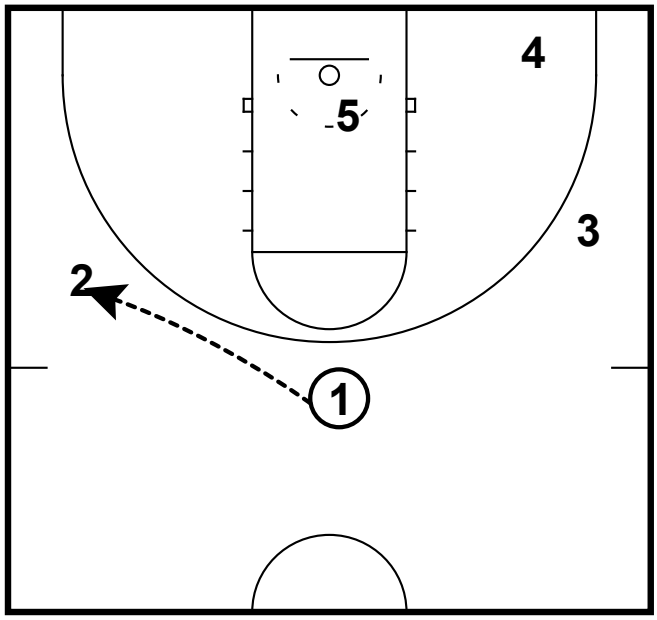


3 dribbles up to the wing pushing 1 to the middle.

4 cuts to the corner off of a screen from 5.

Frame 3

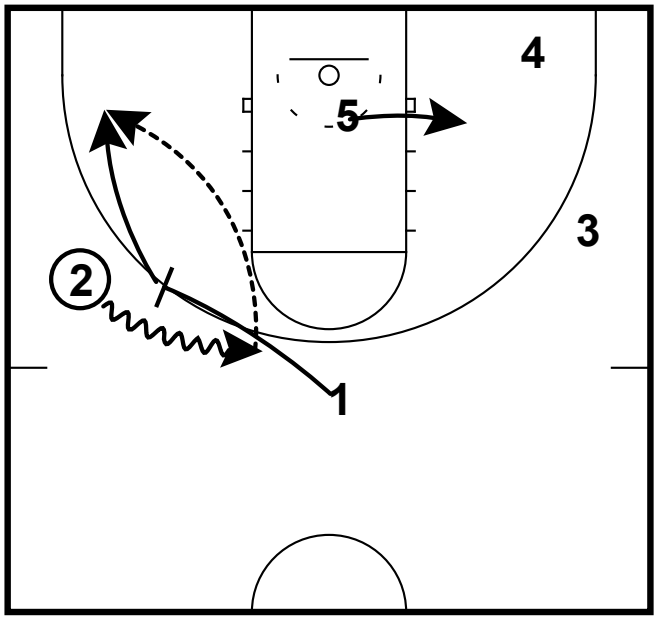
Offense - Man 2 Man



1 passes to 2.

Frame 4

Offense - Man 2 Man



1 follows the pass to set a ball-screen for 2.

2 drives middle and 1 pops.

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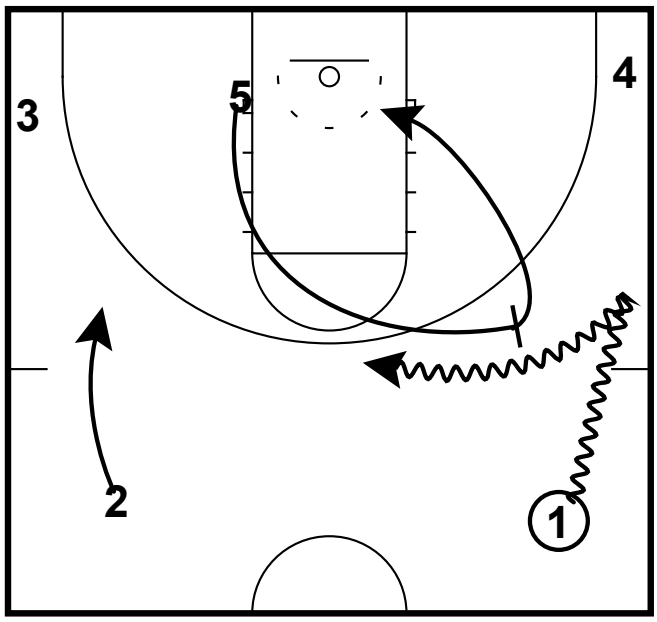
Spread Ball-Screen

Frame 1

Offense - Man 2 Man



5 sets a ball-screen for 1.

The Cavs do a great job of keeping great spacing on this play.

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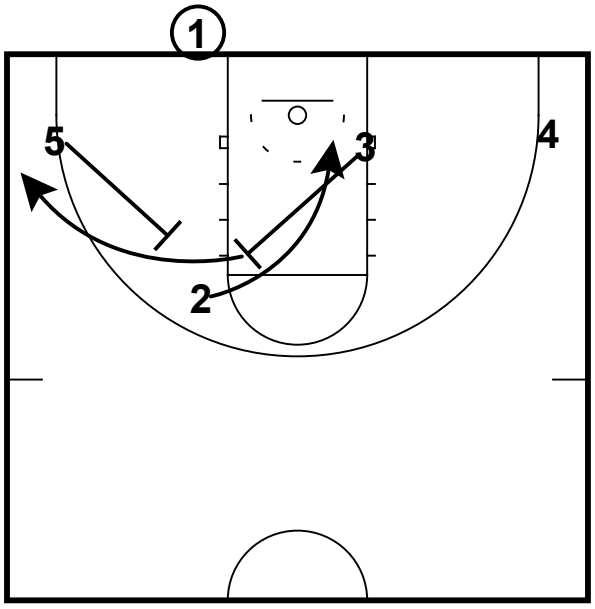
BLOB Triangle

Frame 1
BLOB



3 sets a screen for 2.

5 screens for 3.