

1 READ ABOUT IT!

“Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.”
 —1 Corinthians 6:19-20

3 PRAY ABOUT IT!

Thank God for giving you life! Ask Him to help you honor Him with what you see and do.

2 THINK ABOUT IT!

One way you can honor God with your life is to remember that your body belongs to God. Your body is the temple (home) of the Holy Spirit when you are saved. Be careful with what you watch and put in your body. God wants you to treat your body well because He made it and He loves you!

Draw a heart and remember God loves you and wants you to live His way.

Quiet Time

WORD UP! Honor God!

Say your memory verse out loud each day this week.
 Soon you will be able to say it without looking!

“Finally, be strong in the Lord and in the strength of his might.”
 Ephesians 6:10

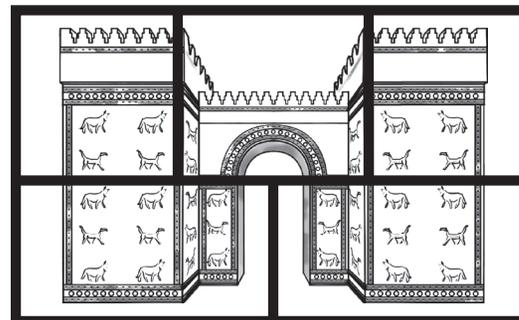
Do you remember the memory verse for this week? Do the word search to find the underlined words from the verse.

“Finally, be strong in the Lord and in the strength of his might.”
 (Ephesians 6:10)

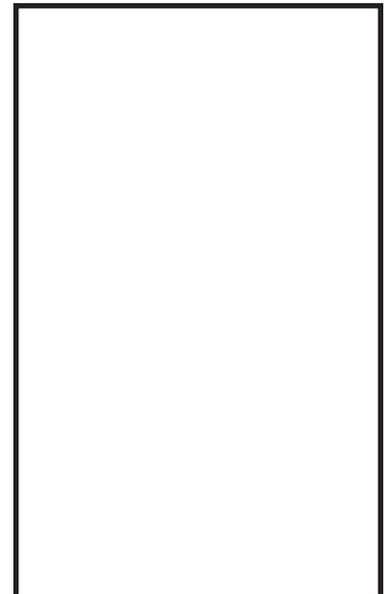


Daniel and his friends honored God, even though they were in a strange land far from home. They made a hard choice and obeyed God. If you’ve believed on Jesus as your Savior, God will give you strength to honor Him and do what is right. This week you’re going to learn more about what it means to honor God.

When you finish your Quiet Time each day, color in one piece of the Ishtar Gate. Daniel would have seen the Ishtar Gate when he came to Babylon. It was blue with dragons on it!



When you learn something new or you are reminded of something important, write it down or draw it in the box below. Tell someone about it!



Day 1

1 READ ABOUT IT!

"Worthy are you, our Lord and God, to receive glory and honor and power, for you created all things, and by your will they existed and were created."

—Revelation 4:11

3 PRAY ABOUT IT!

Thank God for creating everything! Thank God for making you who you are.

2 THINK ABOUT IT!

God is worthy to be honored for many reasons! This verse says one reason is because He is the Creator—He made all things, including you. Only someone powerful, wise, and good could make everything in the world. You can honor God for being the Creator.

What does it mean to honor God? Decode the words to find out. Hint: 1=a, 2=b, 3=c, etc.

You honor God by _____,
19 1 25 9 14 7
giving, or _____ something
4 15 9 14 7
to _____ Him and show
16 18 1 9 19 5
_____ to Him.
18 5 19 16 5 3 20

Day 3

1 READ ABOUT IT!

"So, whether you eat or drink, or whatever you do, do all to the glory of God."

—1 Corinthians 10:31

3 PRAY ABOUT IT!

Ask God to help you honor Him in the choices you make—in whatever you do!

2 THINK ABOUT IT!

God is worthy of honor and praise! If you've believed in Him as your Savior, He wants you to honor Him with your life and your choices. You can ask, "If I do this thing, will it honor God?" God deserves to be honored in the little and the big choices of your life.

Put a heart around the choices that honor God and a "x" on the things that don't.

Helping your sister Fighting Telling the truth
Complaining
Taking what's not yours Being kind

Day 2

1 READ ABOUT IT!

"Sing the glory of his name; give to him glorious praise!"

—Psalm 66:2

3 PRAY ABOUT IT!

Use the words you wrote down and sing them to God! Praise Him for who He is.



2 THINK ABOUT IT!

God deserves honor and praise! One way to honor God is to sing to Him and praise Him. Praising God is telling Him how much you appreciate something about who He is or what He has done. You can praise God by singing songs you learned in club or in church, or you can write your own song about God.

Do you have a favorite song that talks about how wonderful God is? Write down some of the words of that song about God. Or write a new song that honors God!

Day 4

1 READ ABOUT IT!

"Whatever you do, work heartily, as for the Lord and not for men."

—Colossians 3:23

3 PRAY ABOUT IT!

Tell God about what you wrote or drew. Ask God to help you honor Him and not do things just because others are watching.

2 THINK ABOUT IT!

When you live your life to honor God, you do things "as for the Lord" and not because of what other people will think. This verse talks about doing things with all your might to honor God, not to honor people. Instead of complaining when you do your homework or chores, you can remember that you are doing it for God.

What are some things you can do in a way that honors God? Write or draw them below.

1 READ ABOUT IT!

“With God are wisdom and might; he has counsel and understanding.”

—Job 12:13

2 THINK ABOUT IT!

The reason God can give wisdom is because He is wise. His wisdom is so great He could create the entire universe! You can trust what He says in His Word. He knows what He is talking about.

Find the words:

Wisdom

Might

Counsel

Understanding

Q	R	O	M	M	L	T	G	X
N	U	C	E	X	H	Y	M	P
W	N	O	S	W	Z	T	I	X
I	D	U	F	D	B	L	G	L
S	E	N	M	K	B	U	H	N
B	R	S	I	X	C	P	T	R
L	S	E	V	F	H	G	N	U
X	T	L	W	T	G	N	Y	I
U	A	W	J	S	U	P	O	Z
I	N	K	I	K	Q	H	K	P
N	D	Q	V	S	B	P	H	Y
O	I	O	F	D	D	U	O	B
U	N	F	O	M	K	O	N	N
P	G	T	D	H	J	W	M	T

3 PRAY ABOUT IT!

Ask God to help you trust His wisdom.

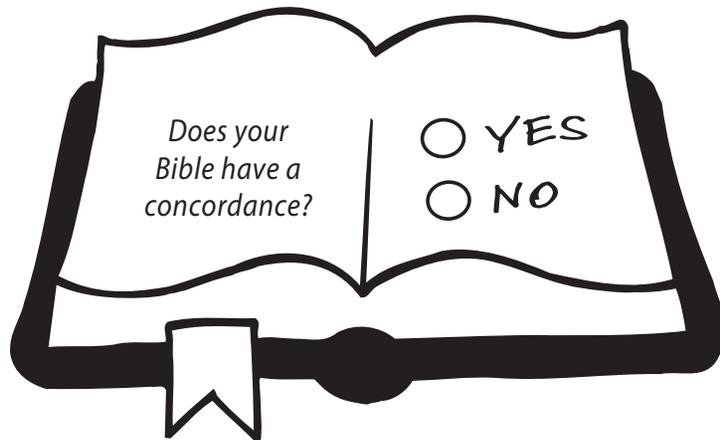
Quiet Time

WORD UP! God gives wisdom!

You have a new memory verse! Read it each day, and at the end of the week, see if you can say it without looking.

“If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.”
James 1:5

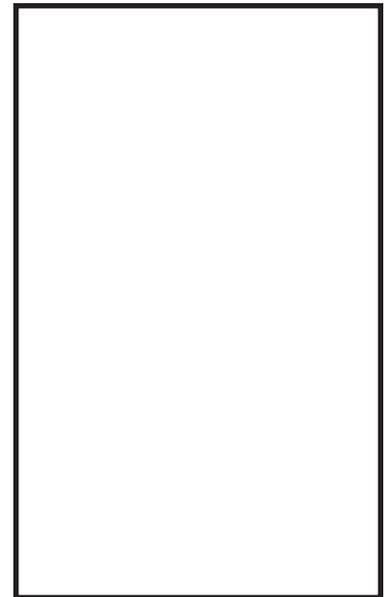
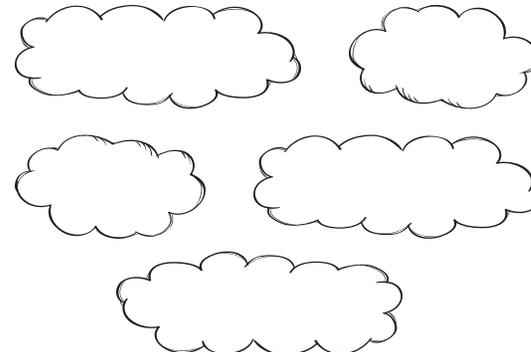
A big part of seeking wisdom is reading and knowing the Bible. Sometimes it is hard to know where to look for help in the Bible. Many Bibles have something called a “concordance” in the back. You can look up different words in the concordance—like wisdom, love, and forgiveness—and it will tell you some verses that have that word in it.



This week you learned how God gave Daniel wisdom. God gives you wisdom through His Word. That’s what you’ll be learning more about in your Quiet Time this week. Having wisdom isn’t about how smart you are or getting a good grade on a test. It’s about how you choose to live your life.

When you learn something new or you are reminded of something important, write it down or draw it in the box below. Then tell someone about it!

When you finish your Quiet Time each day, write something you know from God’s Word in the bubble. Remember, what you know about God and His Word helps you have wisdom.



1 READ ABOUT IT!

“Do not be overcome by evil, but overcome evil with good.”

—Romans 12:21

3 PRAY ABOUT IT!

If you haven't believed in Jesus, you can believe today! If you have, thank Him for making you part of His kingdom!

2 THINK ABOUT IT!

God wants you to respond to bad things with good. When someone is mean to you, it is easy to be mean back. When someone hurts you, it is easy to let that hurt turn into mean thoughts that make you feel worse. But God can help you do good even when someone does something wrong to you.

Circle the good responses and put an x through the bad ones.

Say mean things

Be kind

Love them

Pray for them

Hate them

Quiet Time

WORD UP! God is the Deliverer!

This week you are reviewing Ephesians 6:10!

“Finally, be strong in the Lord and in the strength of his might.”
Ephesians 6:10

Maybe you have not been treated badly because of your belief in Jesus, but there are people around the world who are. Some of them even killed because of their love for God. You can pray for these people. Pray that God gives them the strength to stand strong for Him, just like Shadrach, Meshach, and Abednego did.

Below are some names of countries where people who believe in Jesus are persecuted. Pick one and look it up on a map. Then pray for the people who believe on Jesus in that country. Circle the country you picked.

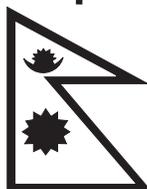
North Korea



Iran



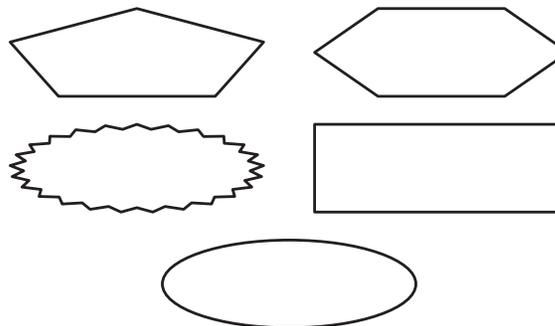
Nepal



When the king told Shadrach, Meshach, and Abednego they would be thrown into the fire if they didn't bow down to his statue, they were being persecuted for what they believed. Persecution is when people treat you badly because of who you are or what you believe. The Bible talks about how you should respond when people are mean to you or treat you badly because of your belief in Jesus.

When you learn something new or you are reminded of something important, write it down or draw it in the box below. Tell someone about it!

As you read your Quiet Time this week, think about people you can show God's love to. When you finish your Quiet Time each day, write the initials of a person you can show God's love to in one of the shapes.



Day 1

1 READ ABOUT IT!

“But love your enemies, and do good.... Be merciful, even as your Father [God] is merciful.”
—*Luke 6:35-36*

3 PRAY ABOUT IT!

Ask God to help you love people who are mean to you. Thank Him for His mercy and love for you.

2 THINK ABOUT IT!

God wants you to love the people who treat you badly. Instead of being mean to someone who is mean to you, you can show them mercy—just like God shows you mercy every day! If someone is being mean to you, it is good to tell God about it. You should also tell an adult you trust. Sometimes telling an adult who can help is the best way to show love to someone who is hurting you.

Hold this paper up to a mirror to read what mercy is.

“Mercy is showing kindness to someone even when they have done something wrong to you.”

Day 3

1 READ ABOUT IT!

“Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth.”

—*1 Corinthians 13:4-6*

3 PRAY ABOUT IT!

Ask God to help you love others with the kind of love this verse talks about. Thank Him for His great love for you!

2 THINK ABOUT IT!

God wants us to love those who are mean to us, but what does that mean? These verses tell us about what love is. Love isn’t just about how we feel, but how we act. When you choose to be kind to someone, to put someone else above you, or to not get angry at someone, you are showing love.

Take a minute to read the verse again. Circle how God wants you to act to show love to others.

Day 2

1 READ ABOUT IT!

“But I say to you, Love your enemies and pray for those who persecute you.”
—*Matthew 5:44*

3 PRAY ABOUT IT!

Tell God about the person you drew or wrote about. Ask God to give you His strength to show that person love this week.

2 THINK ABOUT IT!

God wants you to love those who treat you meanly. He also wants you to pray for them. You can pray that they learn about Jesus and trust Him as their Savior. You can ask God to show them His love. It isn’t always easy to pray for and love people who aren’t nice to you, but God wants you to love them because His love is that big!

Draw a picture or write the name of someone you can show God’s love to and pray for this week.

Day 4

1 READ ABOUT IT!

“For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us.”

—*Romans 8:18*

3 PRAY ABOUT IT!

Ask God to help you remember His love for you even when bad things happen or when you are sad.

2 THINK ABOUT IT!

If you believe in Jesus as your Savior, no matter how many hard things happen, you can know God is with you and loves you! He will help you through the hard things. There is more to your life than the hard things that happen. Remember you have new life with God that will never end! No matter how bad something is, your new life is greater and will still be there when the bad thing ends.

If you have believed in Jesus, how long does your new life with God last? Cross out every other letter, then write the remaining letters in the blanks to find out.

F D O S R T E F V Z E P R

— — — — —

1 READ ABOUT IT!

“For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.”

—Romans 8:38-39

2 THINK ABOUT IT!

Even though you believe in Jesus, sometimes when you sin it can feel like God doesn't love you anymore. When you sin, it is important to tell God about it and tell Him you are sorry for your sin. Then remember that God forgives your sin. And don't ever forget that nothing— not anything anyone else says or does and not anything you did—can separate you from God's great love for you in Jesus.

Unscramble the word to find out what can separate you from God.

H N I O T G N



3 PRAY ABOUT IT!

Thanks God for His amazing love. Ask Him to help you remember how much He loves you every day.

*Do you remember your memory verse for this week?
See if you can say it with just the first letter of each word.*

**“I w c o s, h i f a j t f
u o s a t c u f a u.”
1 J 1:9**

Quiet Time

WORD UP! God is just!

You have a new memory verse this week! Try to say the memory verse out loud every day until you can say it without looking!

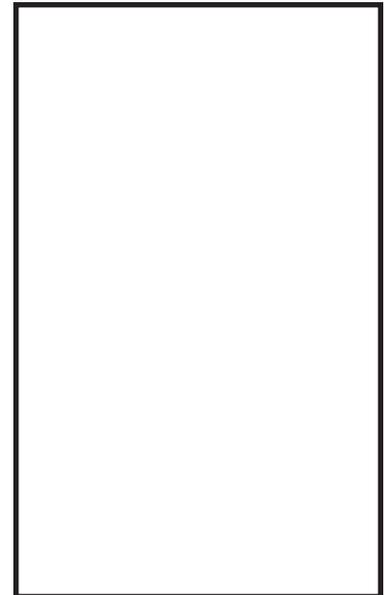
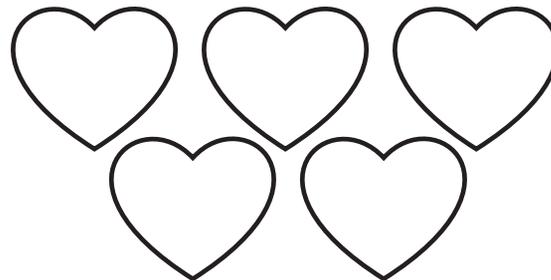
“If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”

1 John 1:9

Remember that sin is serious to God. Our sin is why God sent His Son, Jesus to die on the cross. Jesus took the punishment for your sin so you can have a relationship (special friendship) with God when you believe on Jesus. When you have a relationship with God, your heart is changed. You start to see that your sin is serious to God, and you start to want the things God wants instead of sin.

When you learn something new or you are reminded of something important, write it down or draw it in the box below. Then tell someone about it!

This week in your Quiet Time you will read verse about how God wants you to live. Color a heart when you finish each day.



Day 1

1 READ ABOUT IT!

"Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths."

—Proverbs 3:5-6

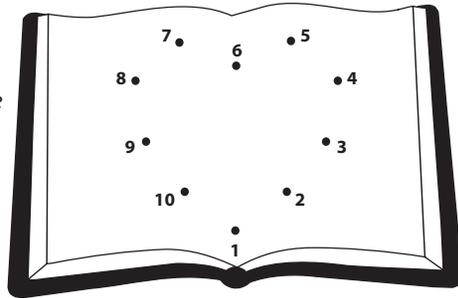
3 PRAY ABOUT IT!

Is there anything that you are trusting your own way in instead of God's way? Talk to God about it. Ask Him to help you trust Him more.

2 THINK ABOUT IT!

When you choose to sin, you are trusting your own understanding instead of God's. Sin seems like it will make you happy, but in the end, it always hurts you and others. Your sin shows that you think you know what's best even when it goes against God. But you can know that God's way is best—it is what brings happiness that lasts. Next time you are tempted to do something that goes your way instead of God's, remember that you can trust God with all your heart.

Connect the dots then color the picture.



Day 3

1 READ ABOUT IT!

"If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."

—1 John 1:9

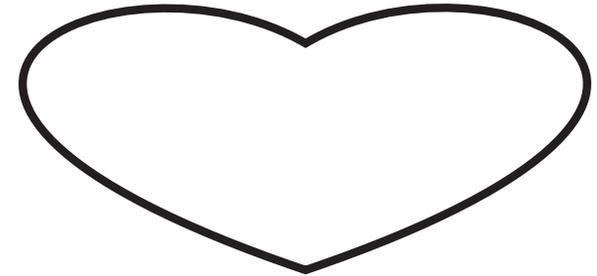
3 PRAY ABOUT IT!

Can you think of something you've done wrong that you want to tell God about? Talk to Him about it right now. Tell Him you are sorry and ask Him to help you do the right thing next time.

2 THINK ABOUT IT!

What happens when you choose to sin after believing in Jesus? Does that mean you aren't saved anymore? No! But your sin is still serious to God. God doesn't love you less, but your sin can hurt your friendship with God. God tells you what to do when you realize you have been sinning. You should tell God about your sin and that you are sorry for it. Then remember that He forgives your sin and makes you clean from all the bad things you do.

Color in the heart and remember that God doesn't stop loving you when you sin.



Day 2

1 READ ABOUT IT!

"What shall we say then? Are we to continue in sin that grace may abound? By no means! How can we who died to sin still live in it?"

—Romans 6:1-2

3 PRAY ABOUT IT!

Thank God for forgiving you from sin. Ask Him to help you live His way.



2 THINK ABOUT IT!

When you believe in Jesus as your Savior, your sin is forgiven—past, present, and future. But that doesn't mean you should just keep sinning and living however you want to. When Jesus saves you, God says you are made new. You don't have to live for yourself anymore, you can live for God. When you want to sin, remember you can say no to sin and yes to God because you have been made new!

Solve the code to complete the sentence.

When you _____ in _____, your sin is forgiven _____ and _____.

Day 4

1 READ ABOUT IT!

"My little children, I am writing these things to you so that you may not sin. But if anyone does sin, we have an advocate with the Father, Jesus Christ the righteous."

—1 John 2:1

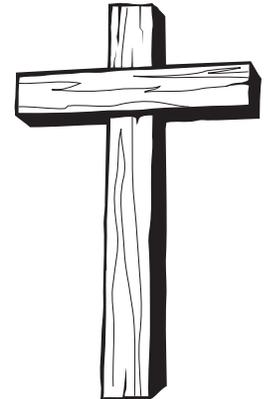
3 PRAY ABOUT IT!

Thank Jesus for dying for you. Ask Him to help you remember that He is on your side. He will help you fight against sin.

2 THINK ABOUT IT!

An advocate is someone who fights for you. Sin makes God sad and it hurts you and others. This is why you shouldn't sin. But sometimes you might choose to sin, when that happens, remember what Jesus did to save you from sin. He died on the cross for you! He is alive now and if you have believed in Jesus as your Savior, He is on your side.

Color the picture of the cross and think about how Jesus can be your advocate because He died on the cross to take the punishment for your sin, then came back to life again.



1 READ ABOUT IT!

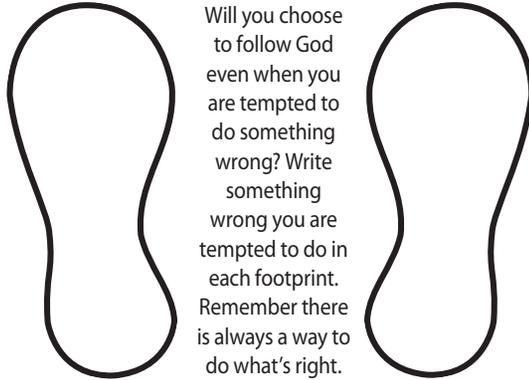
"No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it."
 —1 Corinthians 10:13

3 PRAY ABOUT IT!

Tell God about what you wrote. Ask Him to help you remember that there is always a way to say no to temptation. Pray for His strength to do what is right.

2 THINK ABOUT IT!

Temptation is when you have a strong desire to do something that is wrong. Everyone is tempted. Even Jesus was tempted when He was on Earth. This verse is about a special way God is faithful. No matter how much you want to do something wrong, God is faithful. He will always be there to help you say no to sin. He can give you the strength to do what's right.



Quiet Time

WORD UP! God is faithful!

Do you remember the memory verse?

Say it to five people this week!

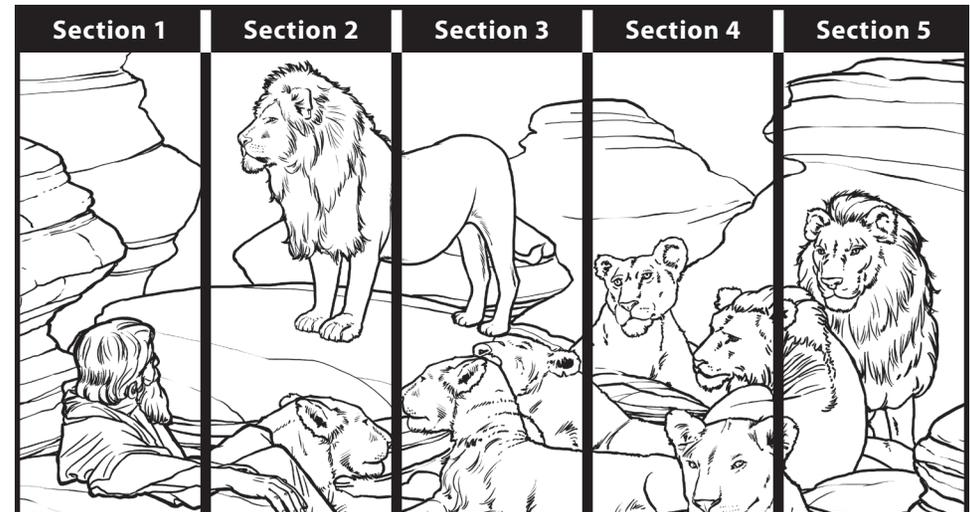
**"Finally, be strong in the Lord and in the strength of his might."
 Ephesians 6:10**

How well do you know our verse? Can you find the missing words in the crossword puzzle?

" (1 down), be (2 down)
 in the (3 across) and (4 down) of
 his (5 across)."
(6 across) **6:10**

Daniel was faithful to God, even though he knew it would mean getting thrown into a den of lions. Each day in your Quiet Time this week there is a verse about faithfulness—God's faithfulness to you and how you can be faithful to God. God's faithfulness means He always does what He says He will do. Being faithful to God means staying true to Him in your thoughts, words, and actions.

Color a section each day you finish your Quiet Time until the whole picture is colored in.



Day 1

1 READ ABOUT IT!

"He who calls you is faithful; he will surely do it."

—1 Thessalonians 5:24

3 PRAY ABOUT IT!

Thank God that He is faithful. Tell Him about the promise that means the most to you right now. Ask Him to help you remember who He is and what He has done for you.

2 THINK ABOUT IT!

The reason we can be faithful like Daniel is because God is faithful. This verse reminds us that God will do what He says He will. You can trust God to do what He says.

God has many promises for those who believe in Him. Below are some of those promises but they have gotten mixed up. Match the first part of the promises with the last part.

God will never	helper
God will supply	will never end
God is your	leave you
God's love for you	God's child
You are	all your needs

Day 3

1 READ ABOUT IT!

"But whatever gain I had, I counted as loss for the sake of Christ. Indeed, I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord..."

—Philippians 3:7-8

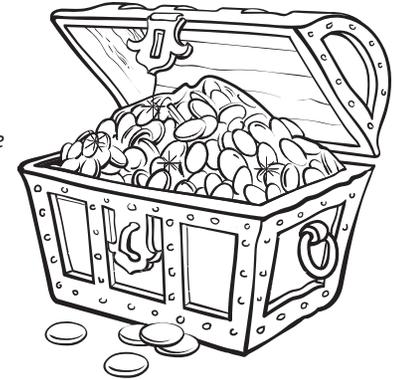
3 PRAY ABOUT IT!

Thank God for making it possible for you to know Him. Ask Him to help you know and value Him more each day.

2 THINK ABOUT IT!

One thing that can help you remain faithful to God is remembering each day how great knowing Jesus is. Everything else begins to seem less important when you understand how amazing Jesus' love for you is and that He wants you to have a close friendship with Him. The more you see how valuable knowing Jesus is, the easier it will be to live a life faithful to Him like Daniel did.

The Bible says that knowing God is greater than treasure. Add jewels to the treasure chest and remember God is more valuable than anything else.



Day 2

1 READ ABOUT IT!

"The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness."

—Lamentations 3:22-23

3 PRAY ABOUT IT!

Thank God that He does what He says He will do. Ask Him to help you be faithful in how you live too.

2 THINK ABOUT IT!

Part of what it means that God is faithful is that you can count on Him every day. He isn't going to one day decide He doesn't want to keep His promises. He will always do what He says. Every morning you can wake up and know that God hasn't stopped loving you!

One thing that can help you remember that God is faithful is the sunrise. Just like you know the sun will come up tomorrow, you can know that God will do what He has promised. Write a poem about or draw a picture of a sunrise.

Day 4

1 READ ABOUT IT!

"Finally, be strong in the Lord and in the power of his might."

—Ephesians 6:10

3 PRAY ABOUT IT!

Read your prayer to God and ask Him to give you His strength to faithfully do what is right.

2 THINK ABOUT IT!

You don't have to try and be faithful to God in your own strength. If you have believed in Jesus, you have God's strength to help you be faithful to Him. Maybe you will be strong to be faithful to God by showing love to someone who is hard to love or by doing your homework and chores with a good attitude. Will you ask God this week for help to faithfully follow Him even when it is hard?

Think about some areas in your life where you struggle to do the right thing. Write a prayer to God, telling Him about those things. Ask for His help to be faithful to Him.

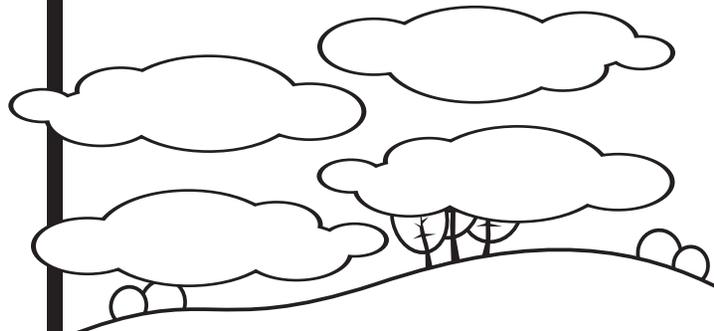
1 READ ABOUT IT!

"Know therefore that the Lord your God is God, the faithful God..."

—Deuteronomy 7:9

3 PRAY ABOUT IT!

Thank God for His faithfulness. Ask Him to help you remember His faithful care for you every day.



2 THINK ABOUT IT!

God is faithful! Do you remember what that means? God always does what He says He will do. You can depend on Him. Every morning when you wake up and every night before you go to sleep, you can remember that God will faithfully continue to love you and care for you.

Because God is faithful, you can know that He will keep His promises. Do you know any of God's promises to those who believe in Jesus? If you do, write some in the clouds. Then color the picture.

Quiet Time

Do you remember the memory verses for the last few weeks? See if you can say them without looking.

"Finally, be strong in the Lord and in the strength of his might."

Ephesians 6:10

"If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him."

James 1:5

"If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."

1 John 1:9

Do you know all the memory verses? Fill in the blanks to see. If you need help, look at the first page.

"Finally, be _____ in _____ and _____ the _____ of his _____."

Ephesians 6:10

"If _____ you _____, let him _____, who _____ to _____ reproach, and it _____ be _____."

James 1:5

"If we _____ our _____, he is _____ and _____ to forgive _____ and _____ us from all _____."

1 John 1:9

You've learned a lot over the last few weeks. This week during your Quiet Time, you are going to review each week's Word Up! and read a verse that goes with it. Remember, spending time with God each day helps you learn more about Him and grow to know Him better.

Each day when you finish your Quiet Time, add a star to the sky.

When you learn something new or you are reminded of something important, write it down or draw it in the box below. Then tell someone about it!

