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| **Fall 2022 Newsletter**  **In this Issue*** [Devotion “The Secret to Caring for the Patient”](#Bookmark_A5E3E28B0)
* [Discussions on Dobbs](#Bookmark_AA241CF88)
* [CMDA National Leadership Opportunities](#Bookmark_AAE010C50)
* [VIE Poster Session](#Bookmark_A29C87944)
* [Resident and Fellow Prayer and Fellowship](#Bookmark_AA2A6532B)

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| **“The Secret to Caring for the Patient”**  Many years ago, during my first year medical school orientation at SUNY Downstate in Brooklyn, New York, our dean quoted Dr. Francis Peabody, famed physician of the early 20th century, who stated in front of a group of Harvard medical students in 1927: “...the secret of the care of the patient is in ***caring*** for the patient” (JAMA. **88** (12): 877–882., emphasis added). It has stuck with me to this day. In this day and age, so overrun by politics, metrics, Press-Ganey scores, insurance and profit margins, “caring for the patient” seems like a pipe dream more than a reality. At Beacon Christian Community Health Center ([www.beaconcchc.com](http://CMDA.informz.net/z/cjUucD9taT0zNzI5OTYwJnA9MSZ1PTM2OTYyMTgxMSZsaT0zNzAyMjI4NQ/index.html)), we have tried to not only “care for the patient” within our own four walls, but also show and demonstrate, by our presence in our local hospitals and community here on Staten Island, how to do it even in the midst of New York City. In the process, I’ve sadly realized how countercultural “caring for the patient” really is in healthcare.  So what does it mean, as Christians entering or continuing in residency, to “care for the patient?” There are many answers I could apply to this question. Love does also include doing your very best at what you are training in. It is an act of love to do your best to use the training you have been given to care for your patients as best as possible. However, the one I’ll focus on here for now stems from the commandment Jesus gave us in John 13:34: ***“A new commandment I give to you, that you love one another; as I have loved you, that you also love one another”*** (NKJV). Jesus took all 800+ commandments of the Old Testament, which had been condensed into 10, and condensed them down into a single commandment, mirrored in other commandments He spoke in other passages: to love. Note that you are told to love one another “as [God has] loved you....” In other words, the “horizontal” love we are to have for everyone around us (and many secular people would not disagree with) actually has a source and a compass point in the vertical love we first have to acknowledge that comes from our relationship with Jesus Christ. If we understand God’s unconditional love for us, then especially as residents, who will have the most intimate relationships out of all the healthcare professionals in the hospital with patients, it is up to us to most clearly demonstrate to patients the compassion, honesty, care and genuineness that so defines Christ’s love for each of us. Whether it’s praying for a patient, or fixing a kinked IV line, or manually disimpacting an elderly lady with dementia, or discussing a bad diagnosis caringly with a patient and/or family—you live out who you are, and you are not simply doing something for the doing’s sake.  This doesn’t just apply to patients. This approach also extends to attendings, co-residents, interns (if you are an incoming senior resident of some sort) and students. It also applies to the nurses, MAs, clerks, janitors and everyone else you meet. I warn you, this will be hard, since as residents you are usually the recipient of abuse of some sort from just about everyone on that list I just gave you! However, if we are to live out John 13:34, then we need to keep plugged into our Source and let that define who we are and how we act and react to those around us.  THIS is the secret to caring for the patient—and everyone else around us, for that matter. It is your best tool for surviving attending rounds, handling long difficult days and remembering that we are, even in 2022, in a noble and unique calling that God has tapped you on the shoulder for. Below is the link to that famous 1927 Peabody article. Though a little long, and not strictly written for a religious audience, it is scary how true his words still are, almost 100 years later. Take the time to read it one day. The secret to caring for the patient in the 21st century is STILL caring for the patient. May we all care in such manner, knowing ourselves especially where our true compassion and love come from. May God bless each of you as you start or continue your journey.  From an incoming PGY-25,  David Kim, MD[https://depts.washington.edu/medhmc/wordpress/wp-content/uploads/Peabody.html](http://CMDA.informz.net/z/cjUucD9taT0zNzI5OTYwJnA9MSZ1PTM2OTYyMTgxMSZsaT0zNzAyMjI4Ng/index.html)  David Kim, MD, MBA (Healthcare)CEO, Beacon Christian Community Health CenterStaten Island, NY[www.beaconcchc.com](http://CMDA.informz.net/z/cjUucD9taT0zNzI5OTYwJnA9MSZ1PTM2OTYyMTgxMSZsaT0zNzAyMjI4Nw/index.html)  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   |

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| **Discussions on Dobbs**  As a result of the Dobbs decision, the NRFC hosted two online discussions:  [Click here](http://CMDA.informz.net/z/cjUucD9taT0zNzI5OTYwJnA9MSZ1PTM2OTYyMTgxMSZsaT0zNzAyMjI4OA/index.html) to listen to CMDA Senior Vice President of Bioethics and Public Policy Dr. Jeff Barrows discuss the history of abortion in the U.S. and what the overturning of Roe v. Wade means (32 minutes).  [Click here](http://CMDA.informz.net/z/cjUucD9taT0zNzI5OTYwJnA9MSZ1PTM2OTYyMTgxMSZsaT0zNzAyMjI4OQ/index.html) to listen to Dr. David Kim discuss what assumptions and arguments are made in support of abortion as well as recognize the deep emotional wellsprings from which some of these arguments come, both among Christians and non-Christians alike (63 minutes).  ***The goal of these discussions was to help those who struggle in some way with this issue ultimately see the Jesus behind this and many other issues, which we face as healthcare professionals, and come to know Jesus Himself more deeply.***  Questions or comments? Email nrfc@cmda.org.   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   |

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| **CMDA National Leadership Role Opportunities**  Are you interested in serving in a national leadership capacity? Check out these opportunities!  **Resident Trustee**The role of the CMDA Board of Trustees is to lead the organization toward achieving the mission and vision of CMDA. The board’s specific contributions are unique to its trusteeship role and necessary for proper governance and management.  The board selects one resident annually to serve as the CMDA Resident Trustee. The Resident Trustee serves a one-year term in which he/she attends three board meetings per year at CMDA’s expense and important related meetings by phone.  The Resident Trustee participates on a different committee during each meeting and is expected to make a serious commitment to participate actively in committee work. Also, the Resident Trustee is automatically a member of the National Resident Council Leadership Team. This is an amazing opportunity to experience CMDA leadership at the highest level and bring your unique experience as a resident and giftedness as a follower of Christ to the discussion about how we can best join God in what He is doing the lives of healthcare professionals across the country.  [**Click here**](http://CMDA.informz.net/z/cjUucD9taT0zNzI5OTYwJnA9MSZ1PTM2OTYyMTgxMSZsaT0zNzAyMjI5Mg/index.html) **for application. Deadline to apply: First Monday in December.**  ~~~~~~~~~~~~~~~~~~~  **Resident Representative**The CMDA House of Representatives serves an important role in the governance and guidance of the Christian Medical & Dental Associations. Representatives share the vision, purpose and opportunities of CMDA to its members and share the concerns, challenges and testimonies of its members back to the leadership of CMDA.  Each year, CMDA selects two residents to serve as Resident Representatives to the House of Representatives (HOR). The Resident Representative’s role, in addition to attending the HOR meeting prior to the CMDA National Convention, is related to communicating CMDA information to the resident members of CMDA, and participating as member of the National Resident Council Leadership Team. All travel, room and board expenses are covered by CMDA to attend the National Convention.   [**Click here**](http://CMDA.informz.net/z/cjUucD9taT0zNzI5OTYwJnA9MSZ1PTM2OTYyMTgxMSZsaT0zNzAyMjI5NA/index.html) **for application. Deadline to apply: Second Monday in January.**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   |

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| **VIE Poster Session** |

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| Interested in sharing your research with others? Consider joining us for the [**VIE Poster Session**](http://CMDA.informz.net/z/cjUucD9taT0zNzI5OTYwJnA9MSZ1PTM2OTYyMTgxMSZsaT0zNzAyMjI5NQ/index.html) that takes place during [**CMDA’s National Convention**](http://CMDA.informz.net/z/cjUucD9taT0zNzI5OTYwJnA9MSZ1PTM2OTYyMTgxMSZsaT0zNzAyMjI5Ng/index.html)!  Any student, resident or fellow in the healthcare field is eligible to participate. Come share your clinical vignette, case report/series, basic-science report, clinical/transaction report or literature review. The following areas are of special interest: spirituality, ethics, education, computational biology, mathematical modeling, biophysics, biotechnology, biomedical science, medicine, surgery, dentistry, nursing, medical humanities and more.  Submit your abstract by **December 4, 2022 11:59 pm. ET**.  [**Click here**](http://CMDA.informz.net/z/cjUucD9taT0zNzI5OTYwJnA9MSZ1PTM2OTYyMTgxMSZsaT0zNzAyMjI5NQ/index.html) **to submit an abstract.**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   |

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| **Resident and Fellow Prayer and Fellowship**  Do you feel like you’re the only Christian resident or fellow you know? Would you like to meet and connect with other Christian residents? Join us as we connect and pray every **Monday at 8 p.m. ET** for prayer and fellowship! We also have a **WhatsApp group** where we share prayer requests and encourage one another!  Email **nrfc@cmda.org** to receive the Zoom and WhatsApp links. When you join the WhatsApp group, be sure and tell us who you are, your professional field and where you’re training.  Blessings, National Resident & Fellow Community**nrfc@cmda.org** Adrianne Basa, MD; NRFC ChairKaka Adams, MD; CMDA Resident RepNicole Baldwin, MD; CMDA Resident RepRussell Roberts, MD; CMDA Resident TrusteeChiny Onwubiko; Resident Prayer LeaderDavid Aziz, MD; Resident Prayer Leader |

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| Help continue our mission and vision by contributing to the work of CMDA. |

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