NCAA Tournament Sets - FGCU Zone Lob

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1.1 Zone Lob 2

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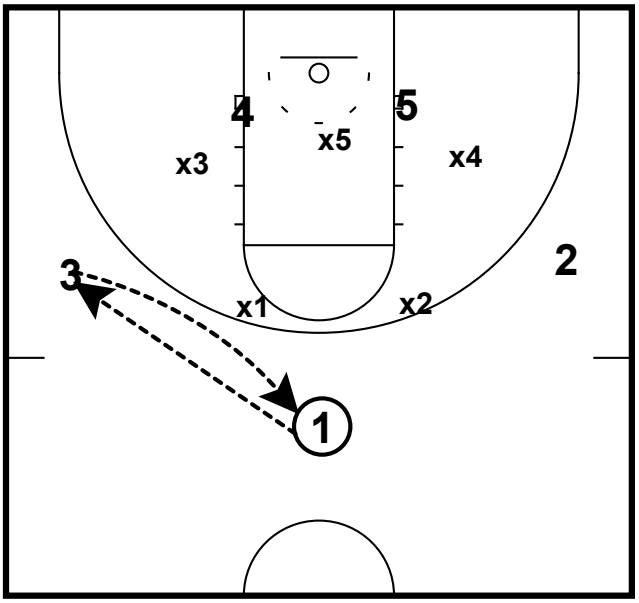
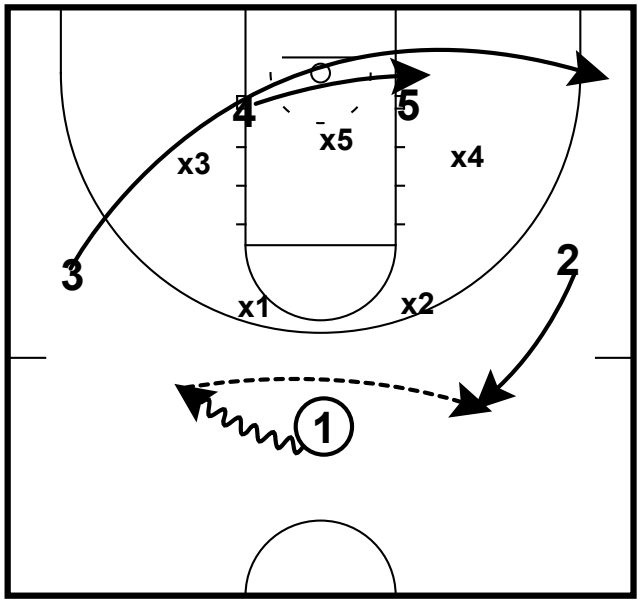
Zone Lob

Frame 1
Offense - Zone



1 passes to 3 who passes back to 1.

Frame 2
Offense - Zone



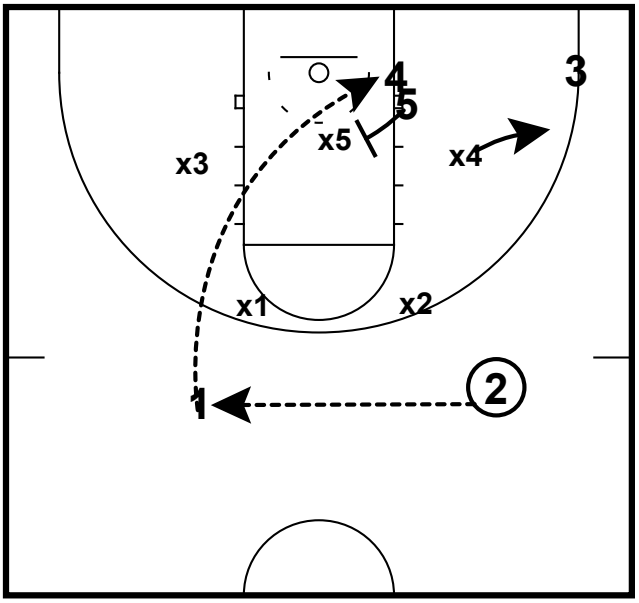
3 runs the baseline to the right corner.

1 dribbles left pulling 2 up.

1 passes to 2.

4 moves below 5.

Frame 3
Offense - Zone



2 passes back to 1.

5 screens the middle zone defender.

1 throws the lob to 4.