



PSYCHIATRY SECTION NEWSLETTER  
March 2018

Christ modeled and taught many things applicable to Psychiatry. To pick a few, He modeled frequent prayer (Luke 5:16) and the need to spend time with the Father in order to have a correct focus. He was compassionate as He sought out and spent time with individuals in crowds (Matthew 14:14). He was selfless and humble (Philippians 2:3,4) and placed great value on others (Philippians 2:3). Integrity, seriousness and a soundness of speech which cannot be condemned (Titus 2:7) was an exhortation from Paul. How is this lived out in today's medical environment with its high tempo and propensity toward measuring and rewarding metrics.

As general medicine is increasingly integrating mental health care into their field of practice, psychiatry has the opportunity to emerge at the forefront of medicine. As individuals with Christian belief, we are charged to be a light in a world of darkness. To be Christ's hands and feet (and heart) in today's medical care, is a personal and professional challenge. We as Christian psychiatrists are unique bearers of the hope of salvation. We are in the position to battle for God's love and healing, to defend the doctor-patient relationship and to preserve a humane medicine. There is much more to discuss!

Join us at APA or contact us through email, Facebook or Twitter. We desire to partner with and serve you as you integrate your faith and practice.

Enjoy and may God bless your every endeavor,

Psychiatry Section Christian Medical & Dental Associations  
E-mail: [psychsectioncmda@gmail.com](mailto:psychsectioncmda@gmail.com); Fax: 423-844-1005  
Website: <http://cmda.org/psychiatry>

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## 2017 – 2018 Board Members

Dr. Brian Briscoe, Chair  
Dr. Barney Davis, Vice Chair

Dr. Sam Thielman, Outgoing Chair  
Dr. Esther Currie, Resident Liaison

## Case Discussion from Dr. Briscoe: The Unforgiveable Sin

A few weeks ago I was doing weekend rounds in a psychiatric hospital in rural Kentucky, and met with a 53 year old male patient struggling with severe treatment resistant depression. The gentleman was struggling with what appeared to be delusional guilt over the belief that he had committed 'the unforgiveable sin' of blaspheming the Holy Spirit 14 years ago. The patient's denominational background was Pentecostal. The hospital chaplain had been working with the patient for the past 7 days. Despite belief in the forgiveness of sins, the patient was convicted that there was no way that he could be forgiven for his one-time offense of having cursed at the Holy Spirit, and was doomed to go to hell no matter what. The patient had been told by numerous pastors in the past that he was forgiven, and had been counseled that it was not possible for him to have committed the unforgiveable sin. However, a few pastors had told him that it was possible for him to do so, and he believed their view was correct. The patient was convinced that all other theological viewpoints regarding the matter were incorrect.

### **The dilemma:**

Is this patient's belief that he committed the unforgiveable sin:

a) psychiatric pathology – either a religious delusion (as a manifestation of delusional guilt associated with severe depression) or religious OCD/scrupulosity

**or**

b) a religious or cultural belief that is accepted by other members of the person's community?

Is this patient depressed because he believes he committed the unforgiveable sin (and therefore doomed to go to hell), or is depression causing him to experience irrational guilt?

How would you handle a case like this?

Assuming that the chaplain is still available, how would you collaborate with the chaplain to ensure optimal 'whole-person' care for the patient?

If you were working in a setting that did NOT have a chaplain available, and/or feel equipped and led to integrate discussion of religion and spirituality into your practice, would you discuss theological issues with this patient? If so, how would you approach the process?

As a member of our Psychiatry Section, it has been a tremendous blessing to be able to reach out to a number of you to discuss cases just like this one. To gather your thoughts about questions like the above – questions that are not completely understood by our secular colleagues. I find myself reaching out to fellow members, and subsequently blessed by the wisdom and experience that only Christians in our field have to provide. Our Psychiatry Section has and truly is a resource of support and encouragement that is not found in the secular world and unique from that which we experience in our church community.

The benefit of a group like ours is that it gives Christians in psychiatry access to a network of knowledgeable and experienced like-minded professionals. We have a mentorship program for residents in training and a community of support for members in practice. During our annual conference every May we routinely host a series of 'round table discussions' that allow members to share challenging cases involving religion and spirituality. Throughout the year, members (at any level of training or practice) who find themselves facing difficult cases (involving issues of faith) can seek out the support, experience, and encouragement of fellow Psychiatry Section members by contacting our administrative assistant, Marshall Williams at [psychsectioncmda@gmail.com](mailto:psychsectioncmda@gmail.com).

Our Facebook page offers opportunities to share ideas and resources, as well as a place for us to share stories about how we are each finding unique ways to live out our faith in and through our professional lives, and support/prayer for one another along the way.

Please consider joining us at our annual conference in New York in May, which is one of our best means of sharing fellowship and supporting one another as we seek to live out the Christian life as professionals.

Brian Briscoe, M.D.  
Chair, Christian Medical Dental Associations, Psychiatry Section

## New Members

Please welcome our newest members. Please reach out to these folks and welcome them to our section. Emails and contact information can be obtained by contacting [psychsectioncmda@gmail.com](mailto:psychsectioncmda@gmail.com).

**Johnson Ho**, 4th Year Medical Student, SUNY Downstate Medical School, New York City, looking forward to CMDA Psychiatry Residency and Psychiatry Section involvement.

**Daniel Jackson**, 4th Year Medical Student, University of Louisville School of Medicine, seeking to be mentored by practicing psychiatrist to better learn how to integrate faith and practice.

**Brandon Kilgore**, practicing surgeon in New York who "went back" and obtained his psychiatry specialty. Seeking to learn to better serve patients and network with psychiatrists in the section.

**Thomas Shaver**, a former US Marine and recent residency graduate with specialties in addiction psychiatry and forensic psychiatry. Seeking to provide mutual support and encouragement and kingdom service in a specialty which is often hostile towards faith.

**Danielle Shaw**, a pediatrician who recently completed training in general psychiatry and child and adolescent psychiatry. Ethical issues during training and a desire for fellowship with grounded Christian psychiatrists are key to her joining the Psychiatry Section.

**Martha Shuping**, self-employed psychiatrist with a heavy global focus through distance technology on establishing and supporting Christian counselling. Fellowship and networking are two of the goals of her joining the Psychiatry Section.

## Psychiatry and Christian Faith – Connecting the Psychiatry Section with Residents and Medical Students with Christian Faith Considering and Pursuing Psychiatry

Each of you remember the thrill of being accepted to medical school and the realization soon thereafter, that you were about to embark on a journey like no other. The mountain top highs and the deep valley lows. The confidence and the fear. Medical school brought long hours, grueling studies and rotations –loved and hated. Somewhere in the midst of all of this, you decided that your gifts were best suited to the field of psychiatry and you entered residency. Again, long hours, grueling studies and various rotations.

What was it that convinced you? A particular course? A particular instructor? The Holy Spirit? What kept you going? Your family? Your internal drive? Your faith? Each of you survived medical school and thrive today as a resident, an active practitioner, an instructor, a researcher, etc. Your gifts are actively being used and you are being challenged. Your decision to select psychiatry as a specialty and completion of your residency were pivotal moments in your medical careers.

The Psychiatry Section wants to increase the numbers of believing doctors who select psychiatry as their specialty. One way to do this is for our members to contact and visit local CMDA chapters and invite 4<sup>th</sup> year medical students to consider the specialty. The notion that Christians cannot be effective in psychiatry because of ethical or legal issues needs to be addressed. It will never go away, but open dialogue with potential psychiatrists can help open the door as specialties are being considered. One way to do it is to give medical students an opportunity at a CMDA chapter meeting or other venue, to reach out and “touch” a practicing psychiatrist who has a Christian faith. **If you are interested in speaking at a CMDA Chapter meeting about psychiatry and faith once per year, please let us know and we will contact you and help work out the details.**

We have a list of residencies generated from our membership which we provide to medical students seeking a residency where faith is considered a part of the treatment “toolbox”. We would love increase the number of programs and points-of-contact on the list! **Please let us know if you have a recommended program and a point-of-contact within the program perspective students can contact for information and feedback.**

## Mentoring

If you are interested in being mentored or being a mentor to a resident or medical student or practicing psychiatrist, please let us know at [psychsectioncmda@gmail.com](mailto:psychsectioncmda@gmail.com). The commitment is for the mentor-mentee to communicate once per month in person, using video chat, or over the phone and spend time fellowshiping, encouraging each other and discussing issues and challenges and successes being encountered in school, residency and practice. These are rich times and a tremendous encouragement to both participants. We are receiving more and more

requests for mentors from residents and new practicing psychiatrists as they seek wisdom and encouragement from seasoned practitioners. We have a need for more mentors. Please let us know if you are interested and willing to participate. We have more information on our website. We expect this ministry to grow significantly in the future. Contact Marshall at [psychsectioncmda@gmail.com](mailto:psychsectioncmda@gmail.com) and let us know your availability to mentor and your desire to be assigned a mentor.

### Passing of Lisa Day Jones

Regrettably, we pass on the following information regarding one of our members, Dr. Lisa Ann Jones, MD. We just learned of her passing. Letters to her family in care of the funeral home address provided in the link would still be appreciated. Here are excerpts from her obituary: [Lisa Ann Day Jones, M.D.](#), age 62, went home to her Lord and Savior Jesus Christ on November 10, 2017, at her home in Austin, ending an 11-year battle with breast cancer. Her passing was peaceful and pain-free; she left with a smile on her face. She was born April 21, 1955 in Galveston, Texas. She married Curtis Willard Jones, Jr., on March 12, 1983. Lisa grew up in Galveston, San Antonio, and Topeka, Kansas, attended the University of Texas Medical Branch in Galveston, earning a Bachelor of Science in occupational therapy in 1977. In 1982, she started the M.D. program at the University of Texas Health Science Center San Antonio, earning an M.D. degree in 1986. She began a residency in child psychiatry, following in the footsteps of her father who died in 1984. In 1988, she began a long association as psychiatric consultant to the Methodist Mission Home (now Providence Place) in San Antonio. After 16 years of focus on her children and after her initial year of cancer treatments, she opened a private psychiatric practice in Austin. Lisa was passionate about her faith in Jesus Christ, which informed her words and actions. She joined Bible Study Fellowship and Christian Medical Society (now CMDA) in medical school. She was a part of Community Bible Study in Austin; she helped start a mentoring program for medical students at the Dell Medical School at the University of Texas at Austin. She went on two mission trips to Nicaragua to serve breast cancer patients. She had a particular interest in serving those with special needs. Her battle with breast cancer beat the odds in many ways, and her faith in God was a central part of that battle. Her medical knowledge helped her understand and manage her illness, but it also made it tougher on her, as she knew what to expect. She combined a love of sports, writing and Broadway musicals to create a book about her battle with breast cancer that we will finish for her. Her love of Christian films made her a natural volunteer for Austin's Attic Film Fest. She touched many lives, and our world is much better because of Lisa. Curtis also wants to send a special thank you to care pastor Robin Wieber of Grace Covenant and his wife, Debra June. They are very special friends, travel companions, prayer partners and fellow sufferers at this time. (Click on Hyperlink to read full obituary.) Published in Austin American-Statesman on Nov. 14, 2017

### Member Networking Opportunities

This is a section in the newsletter for members to share networking opportunities and information which may be of interest the rest of the section. Neither the board nor CMDA endorses any of the information here. Members wishing to post information and to receive further details on an item

in this section should contact us at [psychsectioncmda@gmail.com](mailto:psychsectioncmda@gmail.com) . We will contact you regarding your request.

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Thirty-four year respected Christian counseling practice in Columbia, SC is looking for a part time or full time Christian psychiatrist, to join us in a multi-disciplinary group which has great collegiality. We have weekly meetings for education, prayer or encouragement. The psychiatrist would be able to choose whether to accept insurance in-network, and could receive advice and encouragement about opportunities to market his or her practice in the community. Columbia is the home of Columbia International University, (a premier Christian university,) Lutheran Seminary, University of South Carolina, and is the home of many sports venues and cultural and outdoor activities. Please call [803-254-9767](tel:803-254-9767), or email our director, Dan Shoultz, Ph.D., at [danshoultz@palmettocounseling.com](mailto:danshoultz@palmettocounseling.com) if interested.

The Ludden Group, P.C., is a Christian group of independent contractors of psychologists, a neuropsychologist, licensed professional counselors, externs, and licensed professional counselor interns. They are in need of a psychiatrist who is interested in working in nursing home communities/skilled nursing/assisted living settings as an independent contractor for medication management and psychotherapy. There is also opportunity to see patients in our outpatient practice in Rockwall Texas. The Ludden Group has a 30 year history. Please contact Dr. Linda Ludden, ED. D., Licensed psychologist, Licensed professional Counselor, Supervisor, Owner and President. Cell number 214-403-7266, [lindaluddensivils@gmail.com](mailto:lindaluddensivils@gmail.com).

Opportunity in San Antonio, TX. Established practice is looking for a psychiatrist to join in 2018 and potentially become a partner. The practice is expanding significantly to include psychotherapists in a team approach, an DBT IOP program, nutrition, and exercise. The vision is to have a clinic that has Christian providers and takes insurance to provide San Antonio with high quality, affordable mental health care that is delivered in a coordinated fashion. The individual sought should be a mature believer who shares the vision for the clinic and is willing to help with the expansion. A long range possibility for the clinic is to include other specialties such as primary care, pain medicine, sleep medicine, and possibly others. If you are interested, please let Marshall know at [Psychsectioncmda@gmail.com](mailto:Psychsectioncmda@gmail.com) and he will pass your name along.

Opportunity in Greenville, Florida. Opportunity in Greenville, Florida- Honey Lake Clinic is a non-profit organization (501c3,) created to glorify God, in the name of Jesus Christ and the Holy Spirit, through the psychological and spiritual renewal of each individual to achieve their God-given potential and live fully transformed lives of joy, peace, forgiveness, freedom, meaning, purpose, and fulfillment through world-class Christian Mental Health and Substance Abuse treatment. We are licensed by the State of Florida to provide Detox, Residential Level 1, Partial, and Intensive Outpatient Services at a 600-acre converted 5-star resort. We are seeking a Psychiatric ARNP, Psychiatrist, and Master's Level, fully licensed Therapist to further our mission. Candidates must

be in the Greenville area or willing to relocate. If interested, please email [aduran@honeylake.clinic](mailto:aduran@honeylake.clinic) and [dhoskins@HoneyLake.clinic](mailto:dhoskins@HoneyLake.clinic) with Cover Letter and Resume.

[Position with Samaritans Purse in Iraq.](#) Samaritans Purse is seeking a Christian Mental Health Clinician who is interested in serving victims of war at a clinic in Northern Iraq. The best fit would be a psychiatrist who has a passion for this particular area, but a willingness to consider the opportunity is a great place to start. At this point, Samaritans Purse is trying to develop some contacts for this very unique position. For more information, go to <http://careers.samaritanspurse.org/mental-health-clinician/job/6680027>.

[Human Trafficking Commission – CMDA Board Position.](#) The CMDA has a need for a doctor who is interested in serving on the Human Trafficking Commission as a psychiatric contributor and consultant. The meetings occur twice per year and one is virtual, while the other occurs at the Annual CMDA conference. The term is for two years. Please contact Marshall at [psychsectioncmda@gmail.com](mailto:psychsectioncmda@gmail.com) for more information.

### Psychiatry Section Website

The **Psychiatry Section Website ([www.cmda.org/psychiatry](http://www.cmda.org/psychiatry))** has information on our section, our APA activities, articles and books which we recommend and many other items which we hope you will find helpful in your practice. Doctors desiring a mentor and doctors desiring to be a mentor can sign up on the web-site. We also have a blog where we hope to generate discussion on topics of interest to the broad community. Let us know what you think and ways we can make it better.

The **Psychiatry Section Facebook Page** is live and well. We have 2 pages set up which contain information and chatter from friends and colleagues. First we have an open page “CMDA Psychiatry Section” which features posts from over 76 friends and provides interesting reading as new posts are made each day. Second we have a closed group page which is open to all members of the Psychiatry Section where we see posts requesting prayer, giving and receiving encouragement, seeking advice regarding clinical situations, seeking job opportunities and a myriad of other subjects. We have closed this group to members so that we can post and network privately and seek professional support from members of the Section. To become a member of this group, join the Psychiatry Section and then send us a friend request. We will accept you as a friend and then invite you to the group. We hope this group provides a significant resource to you and the integration of faith in your practice of psychiatry.

The **Psychiatry Section Twitter Page** is under development and should be live during the summer if not sooner. We will send out an announcement when we go live.

**[Check out each media and give us your feedback. Respond to the blogs. Contact authors of posts and blogs. Send us your thoughts. We will review and be in touch!](#)**

## Annual Meetings at APA 2018

APA 2018 is just around the corner and we have an exciting program planned for our Annual Psychiatry Section Meetings. The theme of the meetings is Psychiatry, CMDA and 21<sup>st</sup> Century Medicine.

### [APA Annual Conference Information:](#)

### **Javits Convention Center, New York City**

### [CMDA Psychiatry Annual Conference Meetings / Activities:](#)

**CMDA Hotel Rooms: Homewood Suites Hotel Manhattan Times Square South (312 West 37<sup>th</sup> Street). NOTE: Rooms May Still Be Available. Email or Call Marshall**

**Morning Breakfast: Homewood Suites Lobby, Breakfast Buffet**

**Morning Meetings (After Breakfast): Hudson Room, Upstairs in Homewood Suites**

**Monday Evening Banquet: Kip's Bay Room, Wyndham New Yorker Hotel**

May 6, Sunday, **Morning Worship Service**, Meet in Homewood Suites Lobby. Travel as Group to Redeemer Presbyterian Church, (Time and Details TBD)

May 6, Sunday, 5:00 – 7:00 PM: **Evening Social & Dinner**, Meet in Homewood Suites Lobby at 5:00 PM Walk to Venue. (Details TBD).

May 7, 8, 9 (Monday, Tuesday, Wednesday), 6:15 - 7:15 AM: **Informal Breakfasts:** Homewood Suites, Breakfast Buffet. (Free to Hotel guests, \$30 for others.)

May 7, Monday 7:30 – 8:30 AM: Hudson Room, Homewood Suites. **Conference Welcome and Introduction to Theme: [Psychiatry, CMDA and 21<sup>st</sup> Century Medicine](#).** The name psychiatry, literally “medical treatment of the soul,” was coined in 1808 by Johann Christian Reil, a brilliant German physician, the son of a Lutheran pastor. Treating mental illness was meant to be practiced with an appreciation for medicine, psychology and philosophy. As a psychiatrist with Christian faith, theological understanding is also a part of our resource used to heal patients. What does a psychiatrist with Christian faith look like now and how do we integrate our faith and our practice?

May 7, Monday, 6:30 – 9:00 PM: **Annual Banquet - Agenda**

- **Election of 2018-2020 Officers**

- **Treating Epilepsy and Associated Psychiatric Disorders in Under-Resourced Areas of the World.** Presentation by OWP Pharmaceuticals and the ROW Foundation.

- **Restoring Joy in Health Care**, Dr. Gene Rudd, Senior VP of CMDA, will present on the topic of physician burnout and the national epidemic of physician suicide. Dr. Rudd will center his talk around the concept of joy. He will demonstrate the scientific and theological aspects of joy and review the current data demonstrating the joyless state among healthcare professionals. We will then engage in a lively discussion as a group, exploring the unique ways in which Christians in the field of Psychiatry can help. Location is the Kip's Bay Room, New Yorker Hotel, \$50 per person – in advance or at the door.

May 8, Tuesday, 7:30 – 8:30 AM Hudson Room, Homewood Suites: **Fellowship and Seminar, Discussion Group: Christian professionals in a variety of work settings.**

May 9, Wednesday, 7:30 – 9:30 AM Hudson Room, Homewood Suites: Dr. Brian Briscoe, **Discussion Group and an opportunity for members to discuss cases involving integration of faith and practice.**

### **CMDA Psychiatry Exhibit – Booth # 1522**

Opens Sunday, May 6th at 10:00 AM and Closes Tuesday, May 8th at 4:00 PM

To register for the Meetings, Email the website Registration Form at our web site ([cmda.org/psychiatry/Meetings-and-Conferences](http://cmda.org/psychiatry/Meetings-and-Conferences)) to Marshall at [psychsectioncmda@gmail.com](mailto:psychsectioncmda@gmail.com)

### **Sessions of Potential Interest to CMDA Members (Contact by Dr. John Peteet, MD for further information)**

Session ID: 1376

Session Title: WPA Position Statement in Religion, Spirituality, and Psychiatry:  
Practical Implications

Columbia/Duffy, Seventh Floor, Marriott Marquis New York  
Sunday, May 5th, 8-11 AM

Oskar Pfister Award Lecture – John Swinton

Location: TBA, probably Javits Center

Saturday May 5th, 1:30-3 PM

Session ID: 1156

Session Title: Conceptualizing and Promoting Human Flourishing: What Are the Implications for Psychiatry?

Rooms 1D05/06, First Level, Javits Center

Sunday, May 5th, 1-4 PM

Caucus on Religion, Spirituality and Psychiatry

Sugar Hill, Lower Lobby, Sheraton New York Times Square Hotel

Monday, May 6th, 12:00-1:30 PM

Session ID: 1496

Session Title: Religious/Spiritual Commitments and Psychiatric Practice: A Global Forum on Rethinking the 2006 APA Resource Document in Enhancing Patient Well-Being

Columbia/Duffy, Seventh Floor, Marriott Marquis New York

Tuesday, May 8th, 10-11:30 AM

Session ID: 1124

Session Title: Defining Core Competencies for Dealing With Spirituality and Religion in Psychiatry

Rooms 1A19/20, First Level, Javits Center

Wednesday, May 9th, 1-4 PM

## APA Challenge

Register and Encourage Colleagues to Join the Psychiatry Section of CMDA

These are definitely exciting times for the Psychiatry Section! The following is an example of just some of the services which our Section is actively providing:

- Equipping young Christian psychiatrists to integrate their faith into practice and providing an active and thriving mentorship program
- Educating pastors and the Christian community about mental health on local and national levels
- Providing safe venues for practicing psychiatrists to discuss integration and share Christian fellowship
- Fostering relationships and opportunities for our members to share resources for scholarship, practice, and/or missional work
- Connecting patients with Christian psychiatrists in their local community (a referral network for members who express interest)
- Connecting and equipping missions organizations with psychiatric resources
- Engaging with our secular colleagues regarding important cultural issues

Our Psychiatry Section provides a unique and valuable service that no other organization in the world provides for psychiatrists who share Christian beliefs.

We currently have a lot of positive energy in our group. But we need YOUR help to keep the momentum and help our group continue to have a positive impact in our field and the world around us.

Hence, Our Leadership Team has issued the following Challenge to all Psychiatry Section members:

1) Register for our annual conference during the APA and BRING TWO COLLEAGUES\* with you *who have never attended our conference before*. (\*"Colleagues" may include practicing psychiatrists or residents in training.)

Go to our website at [CMDA at APA 2017](https://cmda.org/events/detail/2017-cmda-psychiatry-section-at-apa-conference) (https://cmda.org/events/detail/2017-cmda-psychiatry-section-at-apa-conference) to learn more and register.

2) Make it a personal goal to Enroll THREE colleagues into our Psychiatry section Membership by May 24th, 2017 (the last day of our annual meeting). This may include former members who have allowed their membership to lapse.

Go to our website [About Us](https://cmda.org/ministry/detail/psychiatry) for application information and assistance (https://cmda.org/ministry/detail/psychiatry).

## Dues and Donations

January starts a new ministry year for the Psychiatry Section. Thank you for your partnering with the Psychiatry Section. Remember that your dues and donations help defray the costs associated with our communications and our activities and exhibits at APA, Global Missions Health Conference, CMDA National Convention and other events focused on reaching out to residents and practitioners. If we undertake other projects, special requests for funding will be initiated.

- 1) Member in practice/academia, \$119.00,
- 2) Retired member, \$59.00,
- 3) Resident – Waived
- 4) Missionary-Waived

To electronically pay your dues, please visit the [CMDA Psychiatry Section website](#) and click on Dues and Donations on the right sidebar.

If you would prefer to send a check, please print your Name and Address and contact information on a note and mail it to Psychiatry Section, CMDA, PO BOX 7500, Bristol, TN 37621. Make your check out to CMDA Psychiatry Section. Let Marshall know you have sent the payment so he can track it. [Email Marshall](#) for assistance and answers to your questions.