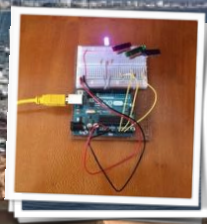


David Stiernholm, struktör

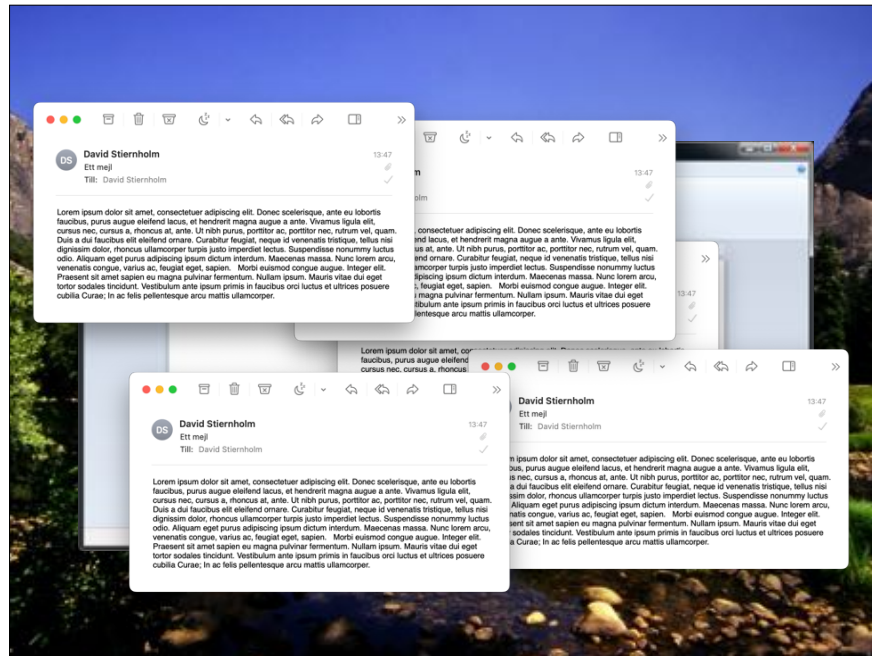
@davidsternholm

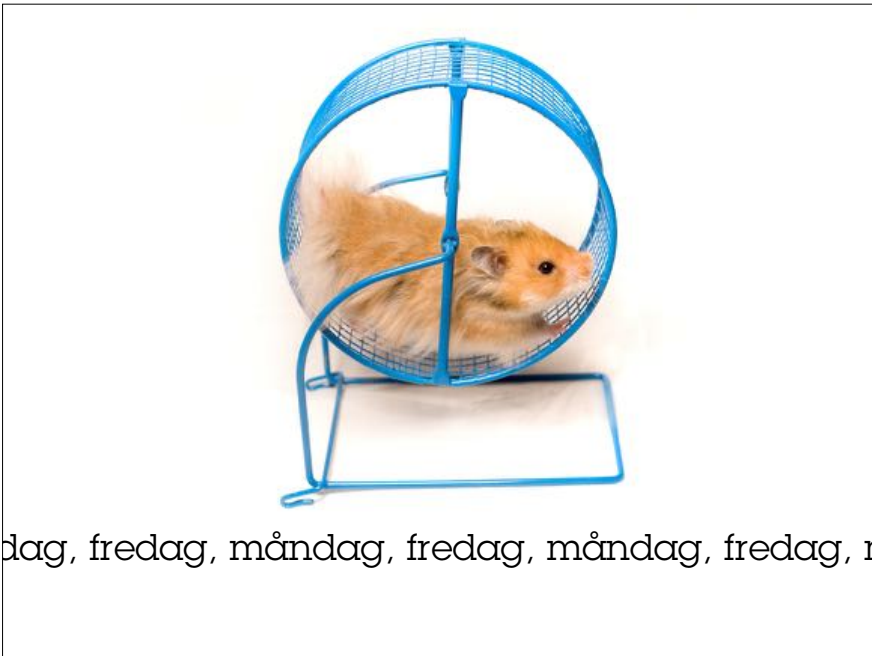
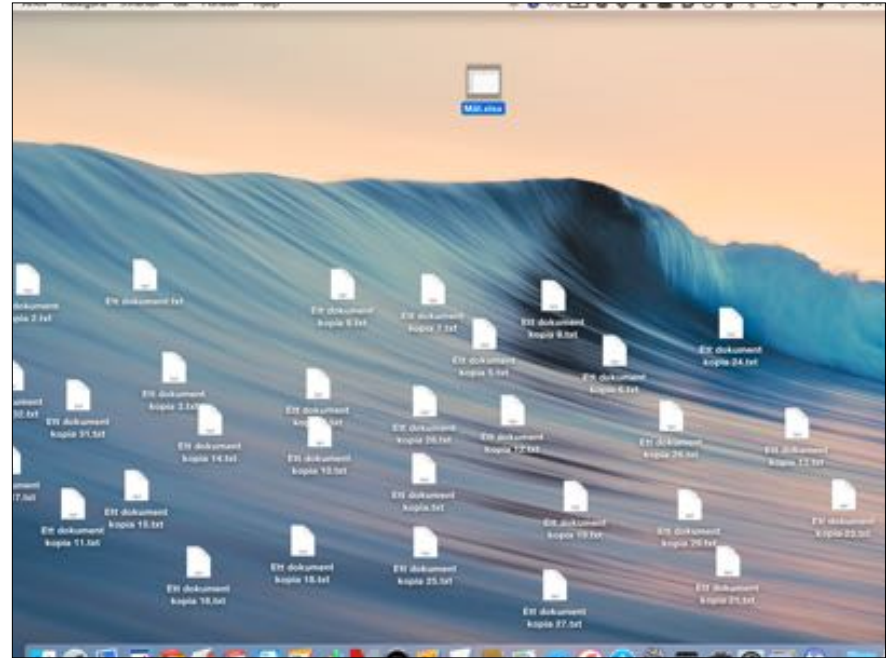
David Stiernholm



Struktur

stiernholm.com/forskningsreferenser



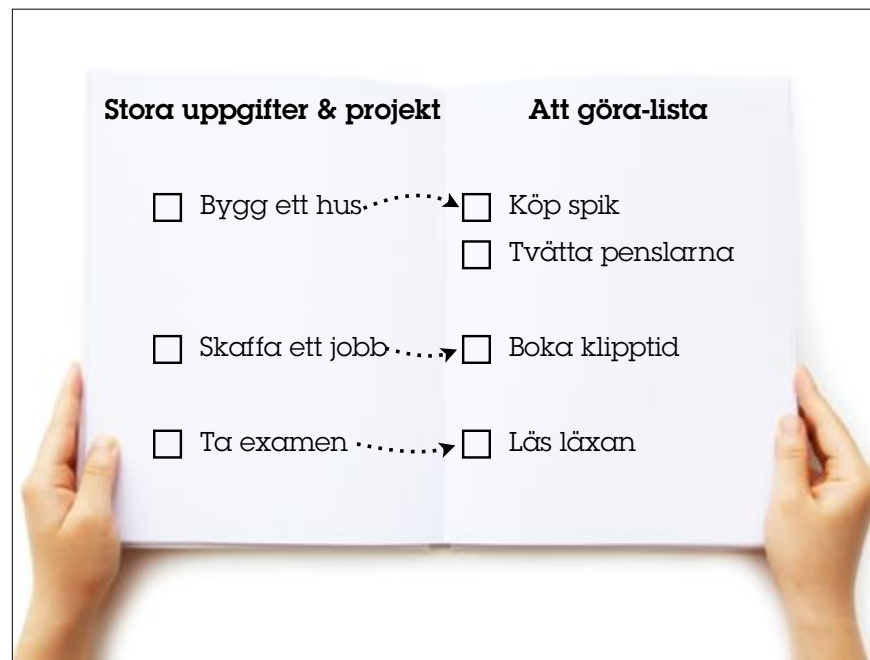
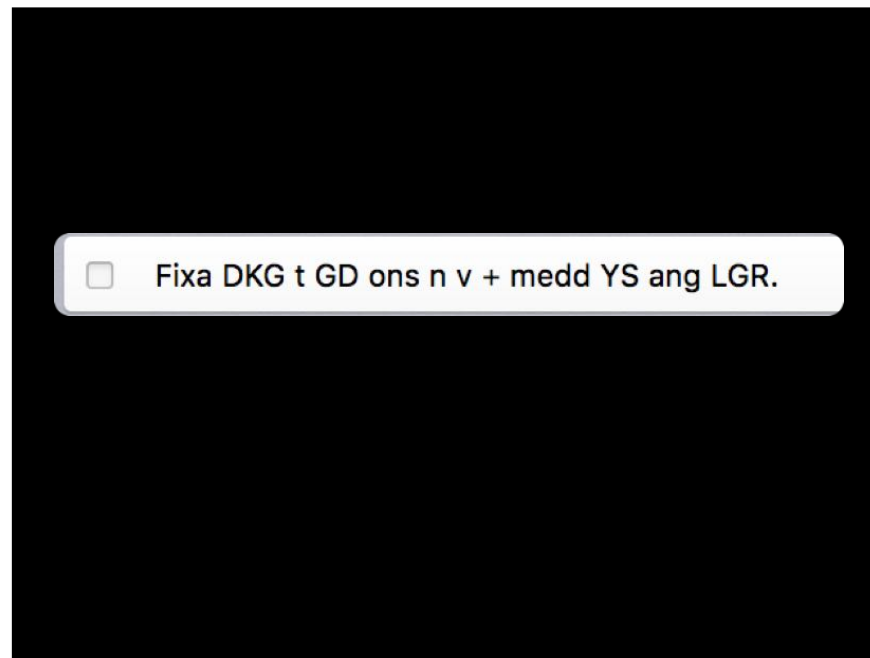
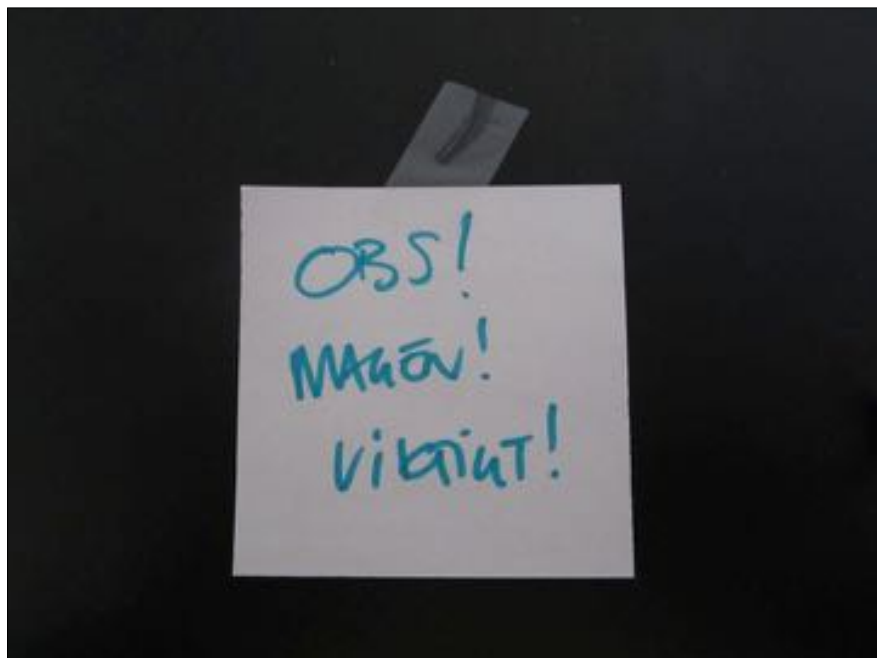


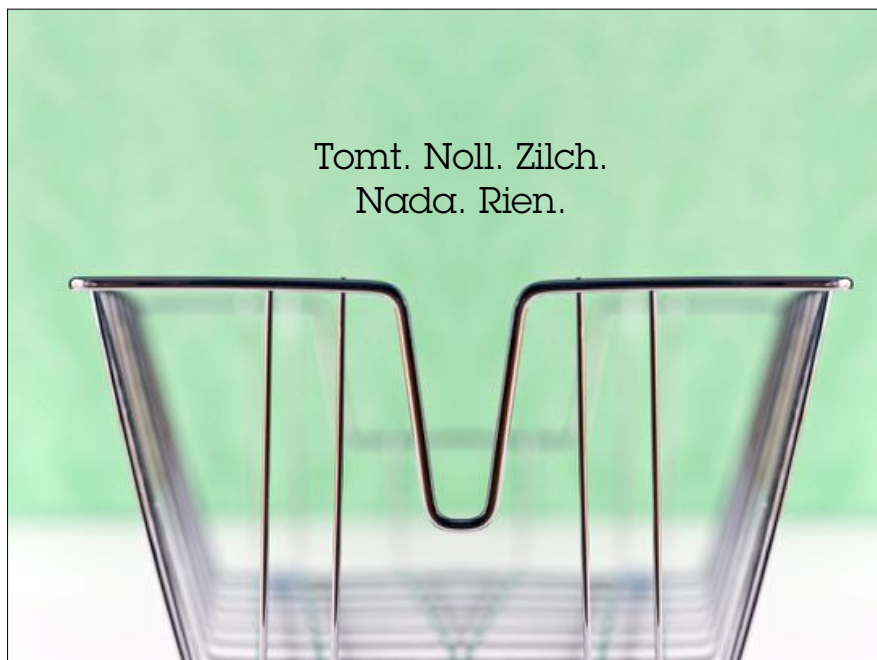
dag, fredag, måndag, fredag, måndag, fredag, r



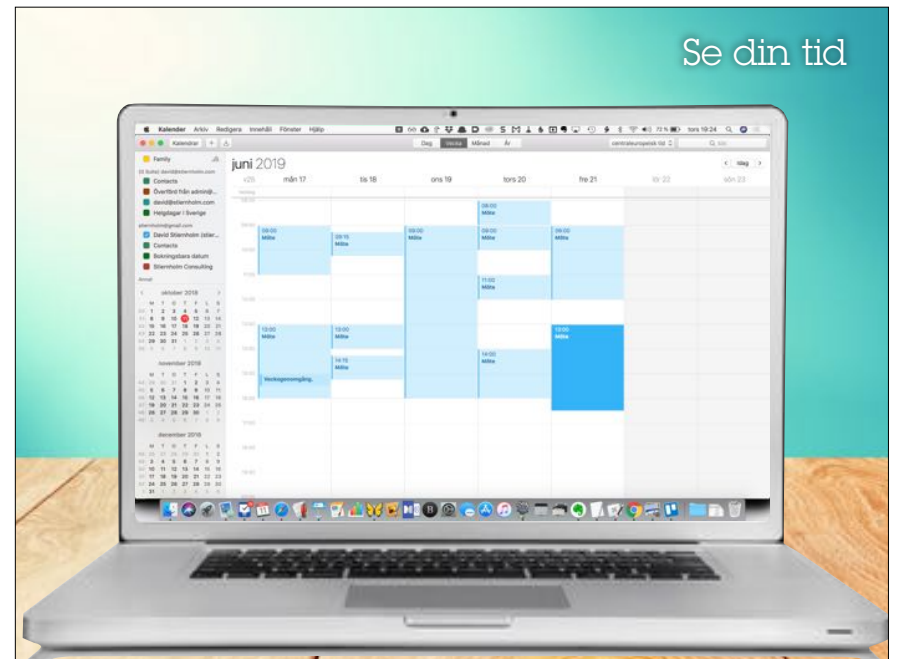
Struktör?



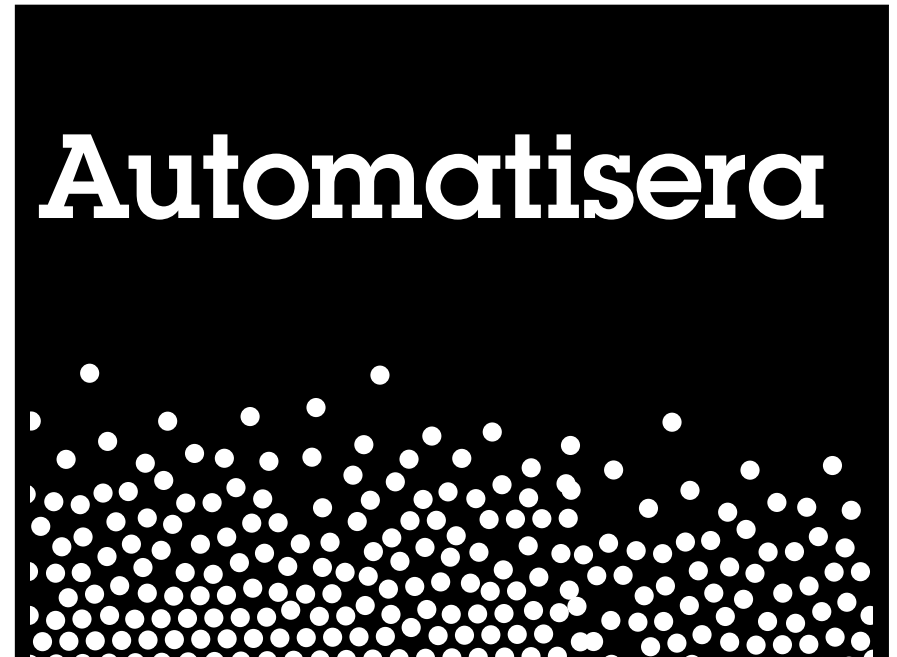












Återanvänd texter

Google Drive

Snabbdelar

textexpander

Zapier

Tangentbord Textersättning

E
eepost david@stierholm.com

F
ffadmng För all del! Med glädje.

SwiftKey

Textbank

Kort muntlig presentation

Texter i offerter

Låt listan skriva sig själv

Typeform

Pastry:

Cookies

OK

Due date:

MM/DD/YYYY

zapier

todoist

- Buy ingredients for cookies 17 Mar
- Put cookies in the oven. Friday
- Serve cookies. Saturday
- + Add Task

Trello

To do

- Buy ingredients.
- Put pastry in the oven.
- Serve pastry.
- Lägg till ett kort...

monday.com

Skapa luft mellan möten

Möte 14:00-15:00

zapier

Förmötesbuffert, 13:45

Möte 14:00-15:00

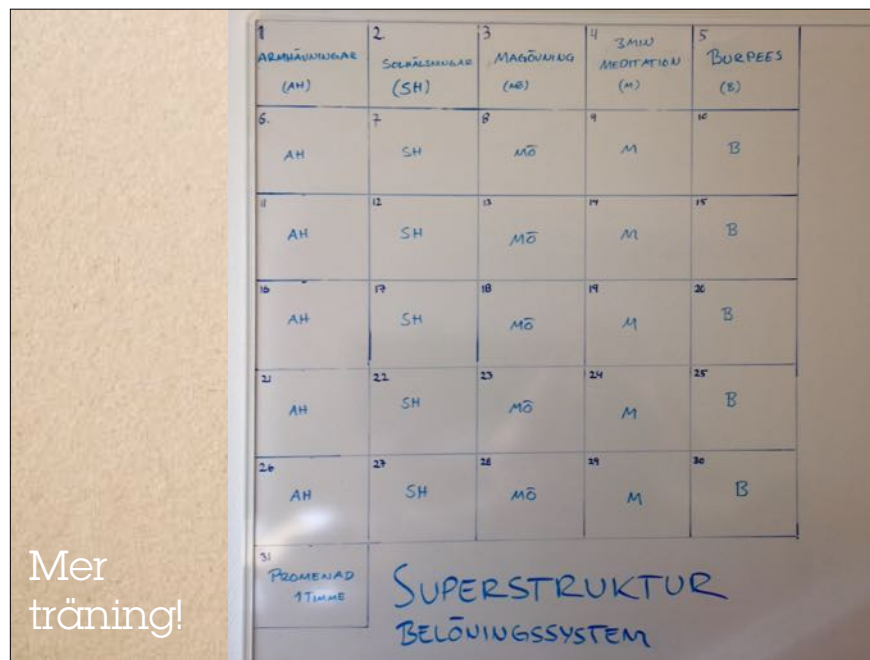
Eftermötesbuffert, 15:00

Hur går man tillväga?

Hitta på en
belöning till dig
själv



Bjud dig själv på
karameller



Mer
träning!

