



# TECHNICAL MANUAL

## II PAN AM U-23 CHAMPIONSHIP

September, 10th to 16th, 2023  
QUITO, ECUADOR



# TECHNICAL REGULATIONS FOR CHAMPIONSHIPS

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# **TECHNICAL REGULATIONS II PAN AM U-23 SQUASH CHAMPIONSHIP – QUITO, ECUADOR.**

Upon being awarded the venue of a Pan American Squash Championship to an FPS member country, the Pan American Squash Federation, FPS, will communicate with the host country to define the authorities of the Organizing Committee, including the people who will assume the leadership and liaison functions.

## **1. LOCATION AND DATE**

FPS II Pan American U-23 Squash Championship will take place in Quito, Ecuador, from September 10<sup>th</sup> to 16<sup>th</sup>, 2023 in the QUITO TENIS & GOLF CLUB, address WG23+887 El Condado Quito, Ecuador.

## **2. COMPETITORS**

National Federations that are full/active members (\*) of the FPS may enter athletes and teams into the competition.

\*To be an active and full-fledged member, National Federations must be up to date with all annual FPS membership fees corresponding to the Olympic Cycle prior to the start of the championship. The FPS annual fee is US\$ 1,500 (One thousand, five hundred American dollars), approved at the AGM 2020.

Wire transfers to be sent to (payment must be net of all bank charges):

Correspondent Bank:	BNY Mellon, NY
Address:	225 Liberty Street New York, NY 10286
ABA No.:	021-000018
Swift Code:	IRVTUS3N
Account No.:	803 326 5086

Beneficiary Bank:	Butterfield Bank (Cayman) Limited
Address:	12 Albert Panton Street George Town, Cayman Islands Grand Cayman
Swift Bic Code:	BNTBKYKY

Beneficiary Account#:	8401749620018
Beneficiary Name:	Federación Panamericana de Squash
Address:	209 Tropicana Crescent Grand Cayman Cayman Islands

## 2.1. PLACES ADMITTED BY DELEGATION

Each country shall be permitted to participate with one (1) female team and one (1) male team:

- A maximum of eight (8) athletes: four (4) male and four (4) female
- Maximum One (1) delegate.
- Maximum of Two (2) coaches (One coach per team)
- One (1) national referee.

Each country shall have one (1) referee within their delegation who will be available for the entire duration of the tournament under the direction of the Tournament Referee. Countries that do not have a referee in its delegation must pay a referee fee of Five hundred American Dollars (US\$ 500.00).

## 2.2. ENTRY FEES

The Entry Fee for a country is:

- US \$2,000.00 per Women's Team
- US \$2,000.00 per Men's Team
- Individual event: US \$500.00 per individual player [only if the country is not entering a team], to a maximum of 2 individual players per country (1 female + 1 male).
- Mixed doubles event: US \$250.00 per individual player [only if the country is not entering a team], to a maximum of 2 individual players per country (1 female + 1 male). If a country registers a team and an individual player it is US \$250.00 for the team mix doubles.
- US \$ 500,00 referees fee for countries that do not have a qualified referee in its delegation, as approved at the FPS AGM 2016.

**WIRE TRANSFERS to be sent to: (All payments MUST be NET of all bank charges.)**

Bank of the Beneficiary in Ecuador: BANK PACIFICO.

Type: Cuenta Corriente en dólares

Data of the Beneficiary in Banco Pacifico

Account Number: 8185182

Name: Federación Ecuatoriana de Squash

Swift: PACIECEG

Data for Western Union

Name: Sonia Elizabeth Sánchez Vargas.

Celular: +593 980407803

C.I.: 1103624134

Ambato – Ecuador

## 2.3. ELIGIBILITY

A National Federation is eligible to enter a championship if it is a paid-up Full Member of the FPS and is not indebted to the FPS by its failure to pay any relevant FPS dues or Championship entry fees. Members must have paid all membership dues for the quadrennial to date, commencing the 1<sup>st</sup> year following the most recent Pan American Games and ending on the year of the Games.

### 2.3.1. PAN AM U-23 SQUASH CHAMPIONSHIP

All players must be under the age of 23 years as of the last day of the championship. Each athlete must have a valid passport. A copy of the athlete's passport must be submitted on the Championship online registration together with the Nominal Entry. In case of any doubt, the original passport must be presented to the Technical Director.

### 2.3.2. ELIGIBILITY OF ATHLETES

A player is eligible to represent a country in a Pan American Championship provided he/she meets any of the following criteria:

- He/She was born in the country
- He/She is a citizen of the country
- He/She became a naturalized citizen of, or has resided in, the country for at least three years immediately preceding the Championship.

NOTE: Notwithstanding the above, a player is ineligible to represent a country if he has represented another country in the three years preceding the Start Date in a recognized International Squash Championship (e.g. WSF World Championship, Regional Championship, official Match between National Federations) in any age group.

### 2.3.3. NATIONALITY OF COMPETITORS

In the year preceding a Pan Am Games, where the Pan American Championships is the qualifying event for the Pan Am Games, the athlete eligibility for the events differs. Any competitor in the qualifying event Pan American Championships must be a national of the country (i.e. hold a valid passport) of the FPS member entering them.

## 3. ENTRIES

All the countries must complete the online Registration Forms as posted on the FPS official website – [panamsquash.com](http://panamsquash.com) within the specified timelines.

### 3.1. NUMERICAL ENTRY

The numerical entry (Form A) must be submitted online no later than 60 days prior to the start of the event. Numerical entries must confirm the number of athletes and teams for each event.

**Deadline date: 10<sup>th</sup> July, 2023.**

### 3.2. NOMINAL ENTRY

The nominal entry (Form B) together with a copy of a valid passport for each of the athletes must be submitted online no later than 30 days prior to the start of the event.

**Deadline date: 10<sup>th</sup> August, 2023.**

***Please note some countries require a Visa to enter Ecuador. The time required to obtain a visa may be longer than 30 days.***

#### 3.2.1. ALTERNATE ENTRIES

In the event of force majeure and/or injury, each National Federation may name an alternate male and/or female athlete to replace a team member up to a maximum of ten (10) days prior to the 1st day of the championship at the discretion of the Championships Director and Technical Director acting reasonably provided the alternative player is ranked equal to or lower than the substituted player. A request for Alternative Entry must be delivered to the Championships Director or the Technical Director prior to the aforementioned deadline in writing and must be accompanied with written evidence supporting the need for the substitution plus the alternative player's SPIN#, copy of visa, flight information, and biography.

### 3.3. OTHER FORMS

Each country must submit all other Forms (C, D & E) online no later than 30 days prior to the start of the championship: I.E. *Accommodation - Form C, Flight arrival and departure information - Form D and Player Biographical Information - Form E.*

**Deadline date: 10<sup>th</sup> August, 2023.**

### 3.4. SPIN (Squash Player Identification Number)

For ALL FPS sanctioned events, players must provide their SPIN.

As of 1 January 2014, all players who wish to play in all World Individual and Team Championships, Regional Championships and World Junior Circuit events at all age levels must provide their SPIN. Please visit [www.worldsquash.org](http://www.worldsquash.org) and click on the SPIN link to obtain a SPIN.



### 3.5. FPS CHAMPIONSHIPS LATE RETIREMENT

If a country registers in a Championship and after that withdraws, it must pay:

- 25% of the entry fee if the country delivered the numerical entry before the withdrawal.
- 50% of the entry fee if the country delivered the nominal entry before the withdrawal.
- Countries will not be considered for a future FPS Championship venue in the next three (3) years after the withdrawal unless it is the only country to apply for that tournament.

**NOTE:** A country that pays 100% of the entry fee after its withdrawal shall be entitled to still apply to host future championships and will be considered as any other country.

## 4. REGULATIONS

The Championships will be carried out under the Official Regulations established by the *Federación Panamericana de Squash (FPS)* - in force at the date of the competitions.

### 4.1. OFFICIAL BALL

The official ball for the competitions shall be DUNLOP [as determined by the Organizing Committee: black double yellow dot, green dot (altitude) and/or white (glass court)] for all the courts. Ecuador will be using the DUNLOP one green dot altitude ball.

### 4.2. PROTECTIVE EYEWEAR

All junior players under 19 years of age must wear protective eyewear (manufactured to an approved national safety standard) properly over the eyes at all times during practice and match play. The list of WSF Certified Eyewear allowable at the time of participation can be viewed on the WSF website <https://www.worldsquash.org/certified-eyewear/>. If a player persists in entering the court without eyewear, the player will lose the match. Additionally, wearing protective eyewear is mandatory for all participants in doubles event regardless of age.

### 4.3. RESOLUTION OF CONTROVERSIES

Controversies not covered by these regulations shall be solved as follow

#### 4.3.1. GENERAL NATURE

The Organizing Committee shall be responsible to resolve issues that are covered in the FPS Regulations. **If the issue is not specified in the FPS Regulations, it must be resolved in accordance with World Squash Federation (WSF) Regulations.**

#### 4.3.2. TECHNICAL NATURE

The Appeals Panel is responsible to resolve issues that are outlined in the FPS Technical Manual in force. **If that issue is not specified in the FPS Technical Manual, it must be solved in accordance with World Squash Federation (WSF) Regulations.**

#### 4.4. OFFICIAL SOFTWARE

The official software to be used in all Pan American Squash Federation championships is: any WSF-approved software: ClubLocker, Sporty HQ, or Tournament Software.

Bolivia, will be using Tournament Software.

### 5. EVENTS, CATEGORIES, AND SYSTEM OF COMPETITION

The squash competitions will be comprised of three main events in the Junior category: Individual, Doubles, and Teams.

#### 5.1. INDIVIDUAL EVENT

Each country shall be permitted to enter up to a maximum of four (4) male and four (4) female players.

#### 5.2. DOUBLES EVENT

Each country shall be permitted to be represented by one (1) men's pair, one (1) women's pair, and one (1) mixed pair. A player can only participate in one (1) of the two (2) doubles events.

#### 5.3. TEAMS EVENT

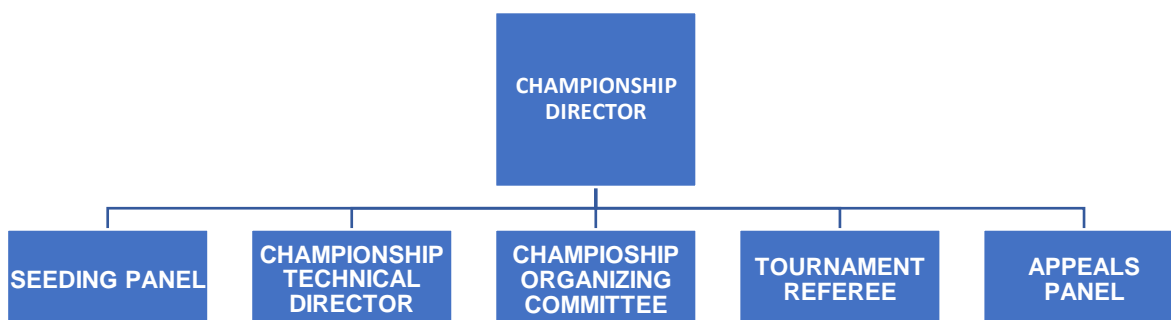
Each country shall be permitted to enter one men's team and one women's team (minimum of 2 athletes per team up to a maximum of 4 athletes per team).

### 6. STRUCTURE OF THE SQUASH CHAMPIONSHIP

#### CHAMPIONSHIP AND MAJOR GAMES COMMITTEE

The Championship and Major Games Committee will be responsible for the appointment of the Championship Director, Seeding Panel, the Technical Director, Tournament Referee, and the Appeals Panel, in addition to approving the appointment of the

Organizing Committee of the Championship proposed by the host country and coordinate and support the working groups to ensure the success of the championship.



### 6.1. CHAMPIONSHIP DIRECTOR

The Championship Director will be the liaison between the FPS with the Championship Organizing Committee. The Technical Director and the Tournament Referee will be responsible for the overall sched and the championship protocol. It is the maximum authority of the championship, and it will be designated by the FPS Championship and Major Games Committee.

### 6.2. SEEDING PANEL

The seeding panel will be responsible for the seeding and processing of the draw for each of the events under this regulation. The Seeding Panel will consist of seven (7) persons: one member of the FPS Board, the Technical Director, one member of the Technical Committee of the FPS, one delegate for each sub-region (North, Central, South America, and the Caribbean) who must be familiar with the competitive level of the athletes and the President of the FPS or a person designated by him.

### 6.3. TECHNICAL DIRECTOR

The Technical Director shall be responsible for the organization, coordination, and supervision of all squash competitions, such as the general and daily scheduling of events and allotment of courts for training and competition. He or she will be responsible for coordinating all activities and events of such, based on regulations stated in this Technical Manual and any conventions or resolutions of the Championship and Major Games Committee.

### 6.4. CHAMPIONSHIP ORGANIZING COMMITTEE

The Championship Organizing Committee shall be responsible for appointing and supervising administrative and support personnel, providing any required supplies, and coordinating other logistic activities such as lodging, transport, food, hydration, emergencies, social activities, press facilities, etc.

## 6.5. TOURNAMENT REFEREE

The Tournament Referee shall be responsible for officiating the championships, including all matters regarding referees and compliance with the squash rules approved by the WSF. (See [section 12.1](#) for a detailed description of Officiating and the Tournament Referee role).

## 6.6. APPEAL PANEL

The Appeal Panel will be responsible for resolving any disputes, appeals or any technical and/or conduct issues that may occur during the championship. The Appeals Panel are responsible to notify the Organizing Committee, Technical Director, Tournament Referee, country delegates, the FPS Disciplinary Committee, and other international bodies that are entitled to copies of any resolutions, sanctions or decisions.

### NOTE:

**Pan Am U-23 Squash Championships:** The Appeal Panel will consist of seven (7) people: the President or an appointee by the President, the Vice President or an appointee by the Vice President, Secretary General of the FPS or an appointee by the Secretary General, and four (4) delegates appointed by the Executive Committee of the Federación Panamericana de Squash, FPS. All members of the Appeal Panel must be present at the event.

## 7. PROTESTS AND APPEALS

Any protest of a technical or conduct nature must be submitted in writing to the Technical Director within a maximum of two (2) hours from the conclusion of the match under protest. A written protest must be accompanied with a non-refundable deposit of \$ 100 US cash (One hundred American Dollars) or its equivalency in the host country's currency in cash. The Technical Director will notify the Appeals Panel immediately upon receipt of a valid appeal. The decisions of the Appeal Panel shall be announced before the commencement of the players' named in the appeal, next competition. All decisions of the Appeal Panel are final and cannot be appealed.

All pronouncements made by the Referee during a match using the WSF approved rules of squash cannot be appealed.

If a delegate wishes to object to the calls that were made by a referee during a match that may have adversely affected the score unfairly, the objection must be submitted in writing to the Tournament Referee immediately following the match. The Tournament Referee will review and decide on the future role of the referee in question for the remainder of the tournament.

The Appeal Panel is empowered to:

- Give warnings
- Enforce sanctions
- Suspend any player from the Championship and/or any other member included in the delegation
- Inform any National Association, FPS, WSF, and PSA, of all offenses, infractions committed or sanctions against, any player.
- Request proof of legitimacy or other evidence of an injury, illness, or any other emergency that requires the player to leave an event or the championship due to such cause.

## 8. SYSTEM OF COMPETITION

### 8.1. INDIVIDUAL EVENT

A direct elimination system shall be applied, and a consolation round or plate may be programmed upon agreement of the organizing committee and the championship director.

#### 8.1.1. SCORING AND MATCHES

In an individual event, PARS (point-a-rally scoring) system shall be applied **up to eleven (11) points**. An individual match will consist of the best of five games, according to the WSF regulations.

#### 8.1.2. DRAW AND SEEDS

Draws shall be made of 8, 16, 32, or 64. The size must be defined by the number of nominal entries.

##### 8.1.2.1. FPS SEEDING PANEL

The seeding for all FPS Championships will be made by the Seeding Committee designated for that championship. The goal in this process is to seed up to 50% of all players following, but not exclusively, the below criteria:

##### **Women's:**

- Level 1: PSA (Asociación Profesional de Squash) 1 to 32.
- Level 2: FPS: Pan Am Squash Champion 2023.
- Level 3: PSA 33 to 64.
- Level 4: FPS: Pan Am Squash Silver medal 2023.
- Level 5: PSA 65 to 90.
- Level 6: FPS: Pan Am Squash Bronze medals 2023.
- Level 7: PSA 91 to 120.
- Level 8: FPS: 5/8 Pan Am Squash Championship 2023.
- Level 9: PSA 121 to 160.
- Level 10: FPS: 9/16 Pan Am Squash Championship 2023.

- Level 11: Orden del equipo de cada país (\*).
- (\*) Rackets 1 and 2 of each country.

#### **Men's:**

- Level 1: PSA (Asociación Profesional de Squash) 1 to 40.
- Level 2: FPS: Pan Am Squash Champion 2023.
- Level 3: PSA 41 to 75.
- Level 4: FPS: Pan Am Squash Silver medal 2023 championship.
- Level 5: PSA 76 to 100.
- Level 6: FPS: Pan Am Squash Bronze medals 2023 championship.
- Level 7: PSA 100 to 130.
- Level 8: FPS: 5/8 Pan Am Squash Championship 2023.
- Level 9: PSA 130 to 160.
- Level 10: FPS: 9/16 Pan Am Squash Championship 2023.
- Level 11: Orden del equipo de cada país (\*).
- (\*) Rackets 1 and 2 of each country

The Seeding Committee will publish the **SEEDING** seven (7) days before the start of the championship.

**No appeals regarding seeding will be permitted.**

#### **Note:**

In the Individual Event the first-round match between competitors from the same country shall be avoided. In case the draw presents this circumstance, the place shall be drawn again.

Byes may be necessary in the draw; these will be assigned to players seeded by classification order, in downward order, in the case of seeded groups.

Example in a 16-player draw:

- If there are 15 players, there will be a bye in spot 2 (where the 1<sup>st</sup> seeded opponent would be placed).
- If there are 13 players, there will be two byes in spots 2 and 15, and the remaining one will be drawn into spot 7 or 10.
- In this way, all the byes will be located.

#### **8.1.3. DRAW OF 16 (8 TOP SEEDS)**

Spot 1	1 <sup>o</sup> seeded
Spot 2	***
Spot 3	***
Spot 4	5 <sup>o</sup> , 6 <sup>o</sup> , 7 <sup>o</sup> , 8 <sup>o</sup> seeded - drawn
Spot 5	5 <sup>o</sup> , 6 <sup>o</sup> , 7 <sup>o</sup> , 8 <sup>o</sup> seeded - drawn

Spot 6	***
Spot 7	***
Spot 8	3 <sup>0</sup> and 4 <sup>0</sup> seeded - drawn
Spot 9	3 <sup>0</sup> and 4 <sup>0</sup> seeded - drawn
Spot 10	***
Spot 11	***
Spot 12	5 <sup>0</sup> , 6 <sup>0</sup> , 7 <sup>0</sup> , 8 <sup>0</sup> seeded - drawn
Spot 13	5 <sup>0</sup> , 6 <sup>0</sup> , 7 <sup>0</sup> , 8 <sup>0</sup> seeded - drawn
Spot 14	***
Spot 15	***

#### 8.1.4. DRAW OF 32 (MAXIMUN 16 TOP SEEDS)

Spot 1	1 <sup>0</sup> seeded
Spot 2	***
Spot 3	***
Spot 4	9 <sup>0</sup> to 16 <sup>0</sup> seeded - drawn
Spot 5	9 <sup>0</sup> to 16 <sup>0</sup> seeded - drawn
Spot 6	***
Spot 7	***
Spot 8	5 <sup>0</sup> , 6 <sup>0</sup> , 7 <sup>0</sup> , 8 <sup>0</sup> seeded - drawn
Spot 9	5 <sup>0</sup> , 6 <sup>0</sup> , 7 <sup>0</sup> , 8 <sup>0</sup> seeded - drawn
Spot 10	***
Spot 11	***
Spot 12	9 <sup>0</sup> to 16 <sup>0</sup> seeded - drawn
Spot 13	9 <sup>0</sup> to 16 <sup>0</sup> seeded - drawn
Spot 14	***
Spot 15	***
Spot 16	3 <sup>0</sup> and 4 <sup>0</sup> seeded - drawn
Spot 17	3 <sup>0</sup> and 4 <sup>0</sup> seeded - drawn
Spot 18	***
Spot 19	***
Spot 20	9 <sup>0</sup> to 16 <sup>0</sup> seeded - drawn
Spot 21	9 <sup>0</sup> to 16 <sup>0</sup> seeded - drawn
Spot 22	***
Spot 23	***
Spot 24	5 <sup>0</sup> , 6 <sup>0</sup> , 7 <sup>0</sup> , 8 <sup>0</sup> seeded - drawn
Spot 25	5 <sup>0</sup> , 6 <sup>0</sup> , 7 <sup>0</sup> , 8 <sup>0</sup> seeded - drawn
Spot 26	***
Spot 27	***
Spot 28	9 <sup>0</sup> to 16 <sup>0</sup> seeded - drawn
Spot 29	9 <sup>0</sup> to 16 <sup>0</sup> seeded - drawn
Spot 30	***
Spot 31	***
Spot 32	2 <sup>0</sup> seeded

Remaining players (\*\*\*) will be drawn, regardless of the size of the Draw. They will be assigned from beginning to end filling the vacant places in continuous order. Note that some of these spots might be byes.

#### 8.1.5. DRAW OF 64 (MAXIMUM 32 TOP SEEDS)

Spot 1	1 <sup>0</sup> seeded
Spot 2	***
Spot 3	***
Spot 4	17 <sup>0</sup> to 32 <sup>0</sup> seeded - drawn
Spot 5	17 <sup>0</sup> to 32 <sup>0</sup> seeded - drawn
Spot 6	***
Spot 7	***
Spot 8	9 <sup>0</sup> to 16 <sup>0</sup> seeded - drawn
Spot 9	9 <sup>0</sup> to 16 <sup>0</sup> seeded - drawn
Spot 10	***
Spot 11	***
Spot 12	17 <sup>0</sup> to 32 <sup>0</sup> seeded - drawn
Spot 13	17 <sup>0</sup> to 32 <sup>0</sup> seeded - drawn
Spot 14	***
Spot 15	***
Spot 16	5 <sup>0</sup> , 6 <sup>0</sup> , 7 <sup>0</sup> , 8 <sup>0</sup> seeded - drawn
Spot 17	5 <sup>0</sup> , 6 <sup>0</sup> , 7 <sup>0</sup> , 8 <sup>0</sup> seeded - drawn
Spot 18	***
Spot 19	***
Spot 20	17 <sup>0</sup> to 32 <sup>0</sup> seeded - drawn
Spot 21	17 <sup>0</sup> to 32 <sup>0</sup> seeded - drawn
Spot 22	***
Spot 23	***
Spot 24	9 <sup>0</sup> to 16 <sup>0</sup> seeded - drawn
Spot 25	9 <sup>0</sup> to 16 <sup>0</sup> seeded - drawn
Spot 26	***
Spot 27	***
Spot 28	17 <sup>0</sup> to 32 <sup>0</sup> seeded - drawn
Spot 29	17 <sup>0</sup> to 32 <sup>0</sup> seeded - drawn
Spot 30	***
Spot 31	***
Spot 32	3 <sup>0</sup> and 4 <sup>0</sup> seeded - drawn
Spot 33	3 <sup>0</sup> and 4 <sup>0</sup> seeded - drawn
Spot 34	***
Spot 35	***
Spot 36	17 <sup>0</sup> to 32 <sup>0</sup> seeded - drawn
Spot 37	17 <sup>0</sup> to 32 <sup>0</sup> seeded - drawn
Spot 38	***



Spot 39	***
Spot 40	9 <sup>o</sup> to 16 <sup>o</sup> seeded - drawn
Spot 41	9 <sup>o</sup> to 16 <sup>o</sup> seeded - drawn
Spot 42	***
Spot 43	***
Spot 44	17 <sup>o</sup> to 32 <sup>o</sup> seeded - drawn
Spot 45	17 <sup>o</sup> to 32 <sup>o</sup> seeded - drawn
Spot 46	***
Spot 47	***
Spot 48	5 <sup>o</sup> , 6 <sup>o</sup> , 7 <sup>o</sup> , 8 <sup>o</sup> seeded - drawn
Spot 49	5 <sup>o</sup> , 6 <sup>o</sup> , 7 <sup>o</sup> , 8 <sup>o</sup> seeded - drawn
Spot 50	***
Spot 51	***
Spot 52	17 <sup>o</sup> to 32 <sup>o</sup> seeded - drawn
Spot 53	17 <sup>o</sup> to 32 <sup>o</sup> seeded - drawn
Spot 54	***
Spot 55	***
Spot 56	9 <sup>o</sup> to 16 <sup>o</sup> seeded - drawn
Spot 57	9 <sup>o</sup> to 16 <sup>o</sup> seeded - drawn
Spot 58	***
Spot 59	***
Spot 60	17 <sup>o</sup> to 32 <sup>o</sup> seeded - drawn
Spot 61	17 <sup>o</sup> to 32 <sup>o</sup> seeded - drawn
Spot 62	***
Spot 63	***
Spot 64	2 <sup>o</sup> seeded

Remaining players (\*\*\*) will be drawn, regardless of the size of the Draw. They will be assigned from beginning to end filling the vacant places in continuous order. Note that some of these spots might be byes.

#### 8.1.6. OTHERS

For Individual event, only two people (2) coach and delegate shall be permitted to remain within the assigned area for each country during the matches. These people shall remain sitting on their seats while the athletes are playing. For any protest, the delegate must only address the Tournament Referee or the Technical Director, never the referees, markers, or the opponent's delegate, coach or players.

There will be a 15 (fifteen) minute tolerance for players to arrive at a match. If a player arrives at the court more than 15 (fifteen) minutes after the scheduled time, he/she will lose the match (walk over loss). **If the court assigned for the match is not available at the scheduled time, the 15 (fifteen) minute counting will start as soon as the court is available.**

In the case an organization issue caused a player not to arrive on time, the Technical Director must be notified as soon as possible, so the situation can be analyzed and making a decision about it.

## 8.2. DOUBLES EVENT

### 8.2.1. SCORING AND MATCHES

In doubles event, the **PARS (point-a-rally scoring) system up to eleven (11) points** will be applied. If the game gets to draw 10 to 10 will apply sudden death, the first team to reach 11 points win the game. A doubles match shall consist of the best of three (3) games, according to the WSF regulations.

### 8.2.2. DRAW AND SEEDS

In the doubles event **Men, Women and Mixed** - Draws of 8 / 16 / 32 will be made, depending on the number of countries registered, applying a direct elimination system (as outlined under the individual event). The size of the Draw is defined according to the nominal entries.

Delegates must submit their team lineup at the time of the nominal entries. Players may participate in only one doubles event (that is, either the mixed or the men's/women's doubles). The pair must be confirmed at the first Technical Meeting, at the beginning of the Championships. One player may be substituted in a pair no later than an hour prior to the first match of the pair. To make a substitution delegates must deliver a certain form (which will be provided to delegates before the beginning of the doubles competition) to the Technical Director.

The seeding for the doubles event must be presented by the Seeding Panel appointed for that championship, paying attention to the results of the Pan American Junior Squash Championship prior to this event, and may also consider recent results of World, Pan American, South American and Central American and the Caribbean, Caribbean championships or Games. The draw will be carried out in the first Technical Meeting.

### 8.2.3. OTHERS

The use of eye guard is mandatory for all players in the doubles event, (see 4.2), including the warm up time.

For doubles event, only two (2) people, the coach and delegate, shall be permitted to remain within the assigned area for each country during the matches. These people must remain seated while the athletes are playing. For any appeal, the delegate must only address the Tournament Referee or the Technical Director, never the referees, markers, or the opponent's delegate or players.

During the matches, it is compulsory that players, coach and delegate wear the official country uniform. Each country shall bring at least 2 different colored uniforms. **Players from one country must use the same uniform and the color must be different from the other country.** In case of a conflict in color, the highest seeded team shall have priority.

Each pair will have a 15 (fifteen) minute tolerance to arrive at a match. If at least one of the players arrives at the court more than 15 (fifteen) minutes after the scheduled time, the pair will lose the match (walk over loss). **If the court assigned for the match is not available at the scheduled time, the 15 (fifteen) minute counting will start as soon as the court is available.**

In the case an organization issue caused a player not to arrive on time, the Technical Director must be notified as soon as possible, so the situation can be analyzed.

### 8.3. TEAMS EVENT

The team events, both men and women, will be carried out in 8, 16 or 32 draws

Draws of 8 / 16 / 32 will be made, depending on the number of countries registered, applying the Monrad system. The size of the Draw is defined according to the nominal entries.

#### 8.3.1. SCORING AND MATCHES

All team games of the championships will use the **PARS (point-a-rally scoring) system up to eleven (11) points.** An encounter by teams corresponds to the result from the three Individual matches from their three racquets.

Each single match shall consist of the best of five (5) games according to the WSF regulations. The format is direct elimination. If a team wins the first two matches, the delegates must decide if they want to play the third match. If played, it will be the best of three (3) games since this match does not affect the result of the encounter. In case the 3<sup>rd</sup> match is not played, the result of the winning team is 2-0.

#### 8.3.2. SEEDS

Team seeding will be done based on the results of the current year's individual draw.

Every player from every country scores points based on how far the player advances in the individual draw. Teams will be seeded based on the sum of the best three results achieved by the members of every national team in the individual event (only the best three results are considered, so as not to disadvantage those teams with only three players).

The points system to establish a seeding for the team event is as follows:

- Every player that reaches the Round of 64 receives one (1) point.
- Every player that reaches the Round of 32 receives an additional point (so that players who reach this round receive 2 points accumulated as the total).
- Every player that reaches the Round of 16 receives an additional point (so that players who reach this round receive 3 points accumulated as the total).
- Every player that reaches the Quarter-finals (Round of 8) receives an additional point (so that players who reach this round receive 4 points accumulated as the total).
- Every player that reaches the Semi-finals receives an additional point (so that players who reach this round receive 5 points accumulated as the total).
- Every player that reaches the Final receives an additional point (so that players who reach this round receive 6 points accumulated as the total).
- The Individual Champion receives an additional point (so that this player receives 7 points accumulated as the total).

For players who do not participate in the individual draw, the seeding panel will assign a point value based on where they would have been seeded in the individual draw, to a maximum of 5.

The Delegate must submit the names of his team's players in downward order of skills to the Technical Director, before 5 pm (17:00 hours) the day prior to the Teams Technical Meeting. The Technical Director shall circulate the team racket order (by e-mail, WhatsApp, etc.) after 5PM (17:00 hours) the day prior to the Teams Technical Meeting.

Any protest against the order rackets of any team can only be presented by the Delegate to the Technical Director. This protest must be substantiated with a clear rationale and must be delivered at least six (6) hours before the start of the Teams Technical Meeting which must take place the day before the start of the Team Event., and the Appeals Committee will make the decision whether the appeals proceed or not.

In the Technical Meeting, the draws of each event and the order of play of the racquets for each day of competition will be drawn.

The roster of the racquets of the teams can be modified up to one (1) hour before starting the tie of that team provided the delegate notifies the Technical Director in writing via text, email, hand written or WhatsApp within the specified time.

- When racquet 1 is not playing: racquet 2 becomes racquet 1, racquet 3 becomes racquet 2 and racket 4 becomes racquet 3.
- When racquet 2 is not playing, racquet 3 becomes racquet 2 and racquet 4 becomes racquet 3.
- When racquet 3 is not playing, racquet 4 becomes racquet 3.

A delegate may specify in writing 'for all day' so that the team change is valid for all encounters that day. If that's not written, then the change is only valid for one encounter.

### 8.3.3. DRAWS FROM 6 TO 8 TEAMS

A draw of eight (8). The panel shall be organized as follows:

<b>Spot 1</b>	<b>1 Seeded</b>
<b>Spot 2</b>	<b>5/8 Seeded - drawn</b>
<b>Spot 3</b>	<b>5/8 Seeded - drawn</b>
<b>Spot 4</b>	<b>3/4 Seeded - drawn</b>
<b>Spot 5</b>	<b>3/4 Seeded - drawn</b>
<b>Spot 6</b>	<b>5/8 Seeded - drawn</b>
<b>Spot 7</b>	<b>8/8 Seeded - drawn</b>
<b>Spot 8</b>	<b>2 Seeded</b>

All positions should be defined except 3<sup>rd</sup> and 4<sup>th</sup> places.

If there are 7 teams, the 1<sup>st</sup> seed will have a bye. If there are 6 teams, the 1<sup>st</sup> seed and the 2<sup>nd</sup> seed will have a bye.

### 8.3.4. FROM 9 TO 16 TEAMS

A draw of 16 with 4 byes (spots 2, 7, 10 and 15). The panel is organized as follows:

<b>Spot 1</b>	<b>1 Seeded</b>
<b>Spot 2</b>	<b>9 to 16 seeded - drawn</b>
<b>Spot 3</b>	<b>9 to 16 seeded - drawn</b>
<b>Spot 4</b>	<b>5 to 8 seeded - drawn</b>
<b>Spot 5</b>	<b>5 to 8 seeded - drawn</b>
<b>Spot 6</b>	<b>9 to 16 seeded - drawn</b>
<b>Spot 7</b>	<b>9 to 16 seeded - drawn</b>
<b>Spot 8</b>	<b>3 / 4 seeded - drawn</b>
<b>Spot 9</b>	<b>3 / 4 seeded - drawn</b>
<b>Spot 10</b>	<b>9 to 16 seeded - drawn</b>
<b>Spot 11</b>	<b>9 to 16 seeded - drawn</b>
<b>Spot 12</b>	<b>5 to 8 seeded - drawn</b>
<b>Spot 13</b>	<b>5 to 8 seeded - drawn</b>
<b>Spot 14</b>	<b>9 to 16 seeded - drawn</b>
<b>Spot 15</b>	<b>9 to 16 seeded - drawn</b>
<b>Spot 16</b>	<b>1 Seeded</b>

All positions should be defined except 3<sup>rd</sup> and 4<sup>th</sup> places. Exceptions can be made if there is not time or courts available to define all positions. In that case, the Organizing Committee will decide which positions won't be defined.

### 8.3.5. From 17 to 24 Teams

A draw of 32 with 8 byes (spots 2, 7, 10, 15, 18, 24, 26 and 31).

<b>Spot 1</b>	<b>1 Seeded</b>
<b>Spot 2</b>	<b>BYE</b>
<b>Spot 3</b>	<b>17 to 24 seeded - drawn</b>
<b>Spot 4</b>	<b>17 to 24 seeded - drawn</b>
<b>Spot 5</b>	<b>9 to 16 seeded - drawn</b>
<b>Spot 6</b>	<b>17 to 24 seeded - drawn</b>
<b>Spot 7</b>	<b>BYE</b>
<b>Spot 8</b>	<b>5 to 8 seeded - drawn</b>
<b>Spot 9</b>	<b>5 to 8 seeded - drawn</b>
<b>Spot 10</b>	<b>BYE</b>
<b>Spot 11</b>	<b>17 to 24 seeded - drawn</b>
<b>Spot 12</b>	<b>9 to 12 seeded - drawn</b>
<b>Spot 13</b>	<b>17 to 24 seeded - drawn</b>
<b>Spot 14</b>	<b>17 to 24 seeded - drawn</b>
<b>Spot 15</b>	<b>BYE</b>
<b>Spot 16</b>	<b>3 / 4 seeded - drawn</b>
<b>Spot 17</b>	<b>3 / 4 seeded - drawn</b>
<b>Spot 18</b>	<b>BYE</b>
<b>Spot 19</b>	<b>17 to 24 seeded - drawn</b>
<b>Spot 20</b>	<b>17 to 24 seeded - drawn</b>
<b>Spot 21</b>	<b>9 to 12 seeded - drawn</b>
<b>Spot 22</b>	<b>17 to 24 seeded - drawn</b>
<b>Spot 23</b>	<b>17 to 24 seeded - drawn</b>
<b>Spot 24</b>	<b>5 to 8 seeded - drawn</b>
<b>Spot 25</b>	<b>5 to 8 seeded - drawn</b>
<b>Spot 26</b>	<b>17 to 24 seeded - drawn</b>
<b>Spot 27</b>	<b>17 to 24 seeded - drawn</b>
<b>Spot 28</b>	<b>9 to 16 seeded - drawn</b>
<b>Spot 29</b>	<b>17 to 24 seeded - drawn</b>
<b>Spot 30</b>	<b>17 to 24 seeded - drawn</b>
<b>Spot 31</b>	<b>BYE</b>
<b>Spot 32</b>	<b>1 Seeded</b>

All positions should be defined except 3<sup>rd</sup> and 4<sup>th</sup> places. Exceptions can be made if there is not time or courts available to define all positions. In that case, the Organizing Committee will decide which positions won't be defined.

### 8.3.6. ORDER OF MATCHES

All played matches will follow a daily order. This order will be drawn for each day among the following possibilities. The same order of daily may be drawn more than once.

1-2-3

1-3-2

2-1-3

3-1-2

All team members must be present at the court and ready to play at the scheduled start time of the first encounter, with a 15 (fifteen) minute tolerance. If a player is not present the other players' must move up the playing order and such match (i.e. now the racquet #3) is considered forfeited (W.O or walk-over). That player who arrives at a later time will not be allowed to make part of the team. If the court assigned for the match is not available at the scheduled time, the 15 (fifteen) minute counting will start as soon as the court is available.

In the case an organization issue caused a player not to arrive on time, the Technical Director must be notified as soon as possible, so the situation can be analyzed by the Championship Director, the Technical Director and the Championship Referee and a final decision will be made.

### 8.3.7. COMPETITION WITH AN INCOMPLETE TEAM

If a team has less than three players for any reason (injury, illness or other), then the absence will occur in the last place or racket #3. The roster of racket will be as stated above:

- If Racquet 1 does not play: 2 becomes 1, 3 becomes 2; and the racquet #3 match is a default.
- If Racquet 2 does not play: 3 becomes 2; and the racquet #3 match is a default.
- If Racket 3 does not play: this match is defaulted.

If a player retires during a match due to injury or illness, he will lose the match with the results obtained at the time of retirement (from there the points and games are added to the opponent).

If both teams show up with less than 3 players, and the result of the encounter ends 1 to 1, the following tiebreaker will be used (in that order):

- 1) Games won if tied,
- 2) Points won in still tied,
- 3) Coin toss.

### 8.3.8. OTHER

For the team event, only five (5) people - team players, coach, and delegate can remain within the sector assigned for the country of the team. These people shall

remain seated in the seats assigned while the game is underway. For any appeal the delegate must address the Tournament Referee, or the Technical Director, only, never the Referees, or Marker of the Tournament, or the opponent delegate, coach or players.

During the dispute of the team event, it is mandatory for the players, coaches, and delegates to wear the same official uniform of the country they represent, each delegation must present at least two (2) uniforms of different colors. Athletes from one country must play in the same uniform colors and must be different colors from the other team. In case of having the same colors, the best seeding team will have the priority to choose.

## 9. COMPETITION PROGRAM

September - 9	September 10		September 11		September 12		September 13		Sept. 14		Sept. 15		September 16		Sep. 17
SAT	SUN		MON		TUE		WED		THU		FRI		SAT		SUN
ARRIVAL	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM			DEPARTURE
TECHNICAL MEETING	32 indiv	16 indiv	8 indiv	4 Indiv	8 Doubles / SF Indiv	4 Doubles / F Indiv	SF Doubles	F Doubles	R 16 T	R 8 T	R 4 T	Semi Final T	places	Finals	

**Note – The schedule may be revised as required by the Organizing Committee.**

## 10. TRAINING PROGRAM

The training shall be carried out at the venues designated by the Organizing Committee and the practice schedule for the same will be set up and handed out at the General Technical Meeting at the start of the Championships. The venues can only be used during the schedules assigned by the Tournament Director.

## 11. PROTOCOL, AWARDS AND MEDALS

### 11.1. CEREMONIES

For both the Opening and Closing Ceremonies, all delegations are required to attend the events, and be wearing the representative official uniforms of their country. All delegations are to bring the national anthem of their country (a short version) and the country's flag, to the Organizing Committee (they will be returned at the conclusion of the event).

The **Opening Ceremony** of the Squash Championships will be held on the first day of play. The **Closing Ceremony** of Squash Championships will be held at the conclusion of the Team Championship, on the final day of play.



## 11.2. AWARDS

The FPS establishes the following awards:

- **1st Place:** Gold Medal
- **2nd Place:** Silver Medal
- **3rd & 4th Places:** Bronze Medal

The Protocol Award Ceremonies will take place after each event (or may be all held at the conclusion of the Championship). The athletes ranked in first, second and third places, shall be taken to the presentation area once the event is over. For the ceremony, they will have to wear the representative official uniforms of their country.

## 11.3. MEDALS

COMPETITIONS	MEDALS		
	GOLD	SILVER	BRONZE
INDIVIDUAL MEN	1 (1)*	1 (1)*	2 (2)*
INDIVIDUAL WOMEN	1 (1)*	1 (1)*	2 (2)*
TEAM MEN	1 (4)*	1 (4)*	2 (8)*
TEAMS WOMEN	1 (4)*	1 (4)*	2 (8)*
DOUBLES MEN	1 (2)*	1 (2)*	2 (4)*
DOUBLES WOMEN	1 (2)*	1 (2)*	2 (4)*
DOUBLES MIXED	1 (2)*	1 (2)*	2 (4)*
<b>TOTAL</b>	<b>7 (16)*</b>	<b>7 (16)*</b>	<b>14 (32)*</b>

\* The number in parentheses corresponds to the medals per unit.

## 12. TECHNICAL OFFICIATING

The Technical Officials are conformed by:

- Championship Director
- Technical Director
- Referees
- Appeals Panel

The Federación Panamericana de Squash (FPS), shall appoint, through resolution, a Tournament Referee, and he or she, in turn, shall be responsible for the selection,

appointment, and supervision of national and international referees according to the regulations set up for the Championship, and this will be in force before facing any disagreement in connection with the Championship Regulations.

To carry out the tournament, a minimum of three (3) referees per court shall be required, plus the Tournament Referees will be allocated as follows: 75% of international referees and 25% referees for the host country. If this cannot be achieved, the vacancies shall be filled at the decision of the Tournament Referee regardless of the required minimums. The Tournament Referee shall determine the percentages.

## **12.1. TOURNAMENT REFEREE ROLE**

The Tournament Referee is responsible for:

- Making sure the tournament is conducted according to the WSF Regulations for the Games in force. He is the final authority for the interpretation of the Regulations.
- Selecting the number of officials duly qualified for the event.
- Organizing as many sessions as necessary to ensure the officials are familiar with all the rules, interpretations in force and the code of behavior.
- Assuring a good supply of balls approved by the WSF as well as other appropriate elements: Draws, boards, pens, official clock, microphone, cleaning implements, first aid equipment.
- Coordinating identification, uniforms, lodging, meals, tickets, and access to social events for referees.
- Appointing an Assistant Tournament Referee.
- Making up a general Tournament Report for the Organization of the Championships, including photographs.

## **12.2. REFEREES MEETINGS**

The Officiating Meetings will be carried out every day at the venue of the competition in order to discuss matters relative to refereeing, to inform the referees and markers designation for the competitions of the day and any other activity.

## **12.3. OFFICIATING SYSTEM**

The Championship Director and the Tournament Referee will decide the system to be used based on the current regulations.

# **13. UNIFORMS**

## **13.1. TEAM UNIFORMS**

During the tournament it is mandatory for the players, coaches, captains, and delegates to wear the official and representative uniform of each country. The Athletes can wear clothing with any kind of color or color combinations. Every country must have at least two

uniforms of different colors so that the opponent teams can be easily identified. All uniforms must have the name of the country on the back. Note - During the Doubles Competition **Players from one country must use the same uniform and the color must be different from the other country.**

It is absolutely forbidden the use of clothing showing any advertisement in a Major Games Championship. The Technical Committee, the Tournament Director, the Tournament Referee, or a Referee or an official have the authority to request a player, coach or delegate to change his clothing in case he is not complying with the set up on this Item.

#### **In a FPS Championship:**

Shirts or tops:

a) May carry the manufacturer's normal trademark, symbol or name on one breast - the display to be contained within an area not exceeding 20 square centimetres in total and 10 centimetres in any one dimension.

b) May carry identification, in areas clearly separated from each other, on the opposite breast to the manufacturer's symbol and/or on each arm, as follows:

i) Three sponsors' displays - each to be contained within an area not exceeding 40 square centimeters in total and 10 centimeters in any one dimension; or

ii) Two sponsors' displays and one national identification badge - each contained within an area not exceeding 40 square centimeters in total and 10 centimeters in any one dimension.

c) In all FPS Championships shirts or tops must carry a national identification title as defined below.

i) National Identification / Player name. A national identification title, the whole to be contained within an area at least 200 square centimeters and not exceeding 300 square centimeters on the back of the shirt or dress.

The player's name may also be displayed within an additional area not exceeding 150 square centimeters.

Lettering must be in one colour that strongly contrasts with the shirt colour.

ii) Specifications.

a) National identification / player names must be strongly visible in Spanish or Anglicized alphabet capital letters.

b) Players' names shall be their family name. Initials may be used in front of family names.

c) The minimum lettering width for national and player names will be 20cms and height 5cms, except in the case of names with fewer than five letters for which the following minimums widths will apply, four letters 16cms, three letters 13cms two letters 11cms.

iii) Country names flags may be added at the discretion of the player/nation

Shorts or skirts/dresses may carry:

a) The manufacturer's normal trademark, symbol or name on one side or leg, contained within an area not exceeding 10 square centimeters in total.

b) One sponsor display on the opposite side or leg from that in Regulation L8 a above, contained within an area not exceeding 20 square centimeters in total and 10 centimeters in any one dimension.

## **13.2. TECHNICAL OFFICIALS UNIFORMS**

The Organizing Committee of the Championship must provide technical staff uniforms, which are: Technical Director, Tournament Referee, Referees and Appeal Panel.

## **14. TECHNICAL MEETINGS**

### **14.1. TECHNICAL MEETINGS**

The first Technical Meeting will be held the day before the beginning of the Championships. All information about how the Championship will be carried out, seeding, etc, will be explained to delegates, and Individuals and Doubles draws will be established.

The second Technical Meeting will take place before the start of the Teams event. First, all countries final order of rackets will be informed along with seeding. After that, draw will be established.

Only delegates and coaches of the countries will be permitted to attend. If a country has not any of them, one of the players will be allowed to assist.

### **14.2. OTHER TECHNICAL MEETINGS**

Other Technical Meetings will be held whenever necessary, especially prior to the starting of the single elimination bracket of the Teams event. Only delegates and coaches of the countries are permitted to attend.

## **15. MEDICAL CONTROL AND ANTI-DOPING**

During the Squash Championships anti-doping tests will be done, under the technical specifications of the WADA-AMA.

The Anti-Doping control tests will be responsibility of the Olympic Committee of the host country. The regulations in force will be those from Medical Commissions of the International Olympic Committee, WADA-AMA (World Anti-doping Agency) and PASO.

The selection of the competitors for the samples taking shall be carried out by the Medical Commission in coordination with the delegate of the Federación Panamericana Squash, FPS, and the Organizing Committee. The samples for the doping control shall be analyzed at the Laboratory of host country, duly approved by the International Olympic Committee, IOC.

Any athlete refusing to any medical control or examination or who is found guilty of doping shall have his/her accreditation withdrawn and shall be ejected from the current Championships and possibly from future international competitions according to the penalties established by the PASO and the WSF regulations.

**Due to the pandemic caused by COVID 19, all delegations will have to comply with the biosecurity measures imposed by the government of Bolivia; the Pan American Squash Federation, FPS and the Federacion Boliviana de Squash, FEBOSQUASH.**

## 16. HOTEL

The Organizing Committee will confirm a Tournament Hotel, where all delegations will be accommodated, the hotel must meet the minimum requirements for the Federación Panamericana Squash, FPS, and be approve by the FPS.

The organizers of the event will assume the hotel payment for up to eleven persons, as defined by the delegation (i.e. 8 players [4 men / 4 women], two coaches and one delegate), for eight (8) nights, in double and triple room accommodation, also the cost of technical officials and referees for eight (8) nights in double room accommodation. Delegations wishing to stay extra nights, or requiring more rooms; will be responsible for the additional expense.

The Organizing Committee of the Championship will cover the accommodation for the Technical Staff in double rooms.

Official Hotel: Depending on country confirmation and/or government agreements.

## 17. MEALS

The Organizing Committee of the Championship will provide breakfast to all the delegations for eight (8) days commencing the first day of the championship. Breakfast must meet the needs of highly competitive athletes.

During the eight (8) days, the Championship Organizing Committee will also provide breakfast, lunch, and dinner for the Championship Director, technical officials and referees.

The Organizing Committee is further responsible for the hydration of the delegations, technical personnel, and officials at the venue.

## 18. TRANSPORTATION

The Organizing Committee of the Championship is responsible for the transportation of all delegations and the personal staff, as follows:

### 18.1. BETWEEN AIRPORT AND HOTEL

Delegations will submit online the Flight Information Form –to be submitted not less than 30 days before the beginning of the Championship– so the organizers can pick delegations up from the Airport and take them back at it when at the end.

### 18.2. BETWEEN THE HOTEL AND THE VENUE

The Organizing Committee is responsible for providing transportation from the hotel to the venue and back to the hotel a minimum of three (3) times per day each day of the Championships. All delegations, technical staff, and referees will be allowed to use this transportation.

## 19. VENUES

The championship venue will be: Quito Tennis & Golf Club, made up of 6 Singles courts.

**The address** is: The Quito Tennis & Golf Club is located on WG23+887, Quito 170134, Ecuador; The Club has magnificent social and sports facilities, where important sports exponents have developed, who have raised the name of our country very high.



Federation website: [www.federacionecuatorianasquash.com](http://www.federacionecuatorianasquash.com)

## 19.1. WSF – Complete Court Accreditation (CCA)

If newly built courts completed after 1st January 2013 are to be used, they must be listed in the WSF worldwide directory of Complete Court Accredited (CCA) courts if they are to be considered for hosting matches recognized by the Federation. (This specification is not applicable for courts in existence before 2013, where normal adherence to WSF specifications will apply)

## 20. SERVICES

The Organizers will define what additional services that they will offer the Championship participants.

### 20.1. RACQUET STRINGING

The Organizers shall inform about the racquet stringing service, which should be available for countries. Delegations will have to pay for this service if used (cost to be confirmed).

## 21. CITY OVERVIEW

Quito, officially San Francisco de Quito, is the capital of the Republic of Ecuador, of the Province of Pichincha and the oldest capital in South America. It is the most populous city in Ecuador since the end of 2018 with more than two million inhabitants in the urban area, and more than three million in the entire metropolitan area. In addition, it is the capital of the Pichincha Province. It is

located on the Guayllabamba basin, on the western slopes of the active Pichincha stratovolcano, in the eastern part of the Andes at an average altitude of 2,850 m above sea level. n. m.

In Quito it is possible to find a wide range of food. There are areas specializing in the supply of prepared food, such as restaurants and cafeterias. Elsewhere in the city it is possible to find international and haute cuisine restaurants, representing the culinary traditions of countries as diverse as France, Italy, Portugal, Poland, Spain, Japan, China, Peru, Argentina and Brazil. Of course, there are also important establishments dedicated to Ecuadorian gastronomy from all the provinces of the country. As far as local gastronomy is concerned, the city is the venue for gastronomic events of national importance.

The city of Quito has more than 450 gastronomic establishments (including restaurants, bars and cafeterias), which offer a great diversity of culinary styles. From the establishments recognized for their typical Ecuadorian food to the flavors of French, Italian or Argentine haute cuisine. For tourists who come to the city, there is a great tool that can help them find the ideal place to eat, have a drink or a coffee; there you can find gastronomic establishments by type of food, average price, location and/or atmosphere.

Climate, Quito always has a temperate climate with temperatures ranging from 10 to 27°C. The capital of Ecuador Quito is located in a central valley within the Andes mountain range. The Equator line is located less than 32km from the northern part of the city.

The cool season lasts for 2.2 months, from June 19 to August 26, with an average daily high temperature below 84°F. The coldest month of the year in Guayaquil is August, with an average minimum temperature of 21 °C and a maximum of 29 °C.

In Ecuador, you can use your electrical appliances as long as the voltage of your country is 120V. The frequency of the alternating current in Ecuador is 60 Hz.





## II PAN AM U-23 SQUASH CHAMPIONSHIP

September 10th TO 16th, 2023  
Quito, Ecuador.

**Championship Director:** Francisco Paradisi [president@panamsquash.com](mailto:president@panamsquash.com)

**Organizing Committee Chair:** Sonia Sánchez [federación.squash@gmail.com](mailto:federación.squash@gmail.com)

**Technical Director:** Leonardo Arozena [leo\\_arozena@hotmail.com](mailto:leo_arozena@hotmail.com)

**Tournament Referee:** Leonardo Arozena [leo\\_arozena@hotmail.com](mailto:leo_arozena@hotmail.com)

**Federación Ecuatoriana de Squash:** Sonia Sánchez; Víctor Madril; Juan Carlos Galarza; Cristian Acosta; y Mónica Carvajal.

Información a través de la página de la Federación Ecuatoriana de Squash:  
[www.federacionecuatorianasquash.com](http://www.federacionecuatorianasquash.com) Facebook: Federacion Ecuatoriana de Squash

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