



Psychiatry Section Newsletter December 2017 (Year End Review)

As we closeout and review 2017, and prepare for 2018, I consider the words of Jeremiah in Lamentations 3: 20-24, knowing there will be victories and challenges in the new year:

“Surely my soul remembers and is bowed down within me. This I recall to my mind, therefore I have hope. The Lord’s loving kindnesses indeed never cease, for His compassions never fail. They are new every morning; Great is Your faithfulness. “The Lord is my portion,” says my soul, “Therefore I have hope in Him.”

Our leadership team has guided us well and has positioned and organized us such that we hope to more effectively serve our members, reach out to residents and medical students and partner with each of you as we seek to support the integration of faith and practice. I would like to thank you for allowing me to serve you this past year. I am excited to see how God will use us in 2018. God bless you now and in the future.

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Facebook: CMDA Psychiatry Section

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Board members for 2016-2017

Dr. Brian Briscoe, Chair

Dr. Sam Thielman, Outgoing Chair

Dr. Barney Davis, Vice Chair

Dr. Dawit (Dave) Amare, Secretary

Dr. Esther Currie, Resident Liaison

Treasurer

2017 Year in Review

The 2017 calendar year has been a productive and gratifying year. Thank you for your participation and support. It does not work or happen if you are not involved. A few of our activities include:

- First and foremost we have received and supported multiple calls for assistance from resident members desiring mentors and members and other persons desiring to initiate treatment with believing psychiatrists throughout the country. In most cases, one of our members was able to provide support or information regarding local trusted providers. In a few instances, we were not able to provide information regarding local providers, but were able to provide information and support remotely.
 - In May, seven members of the Section traveled to Costa Mesa California and hosted a forum with Saddleback Church called [Building Bridges –](#)
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[Psychiatry and the Church](#). See our Fall Newsletter for a brief summary of the event or use the above link to go to our website to read about and view or listen to any or all of the sessions.

- In May, the Section supported a booth at the 2017 American Psychiatric Association (APA) meeting and held three morning meetings. Dr. Tom Okamoto provided an excellent and challenging testimony entitled “Spiritual Calling in Psychiatry” regarding our faith and our unique position (and responsibility) in the psychiatric community. Click on our [2017 APA Page](#) and go to “Monday, May 22” for the video and power point presentation. Dr. Brian Briscoe moderated two sessions in which we discussed practical examples of faith and its influence in the treatment of patients and our standing/position in the local community and local church. Great examples and personal testimonies regarding the role of faith in practice were discussed. The sessions were not recorded.
 - In May, at the 2017 APA meeting, Ms. Kay Warren spoke at our evening banquet and provided a moving and challenging message regarding the support and lack of support her family received in the years preceding her son’s suicide. Her biographical information is found on our website at [Kay Warren](#), and her presentation can also be found on the May 23rd entry on our [2017 APA Page](#)
 - In September, several members of our Section independently attended a Medical Missions Conference in Charlotte co-sponsored by MedSend and CMDA. Both short and long term psychiatry needs in the field were discussed with attendees.
 - In November, the Section sponsored a booth at the Global Missions Health Conference in Louisville, KY. At the event, we met many globally focused medical students, psychiatry residents, and practicing physicians/psychiatrists and discussed the role of psychiatry and global workers. We firmed relationships with the Global Health Outreach ministry of CMDA, and confirmed that there is a definite need for psychiatrists and residents to participate in these trips. More information regarding the opportunities and organization can be found on the CMDA website at [Global Health Outreach \(GHO\)](#).
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- Section membership increased by approximately 20. This represents both practitioners as well as residents currently in psychiatric programs.
 - The Section sent approximately 15 electronic outreach publications to our members and general mailing list.
 - The Section began an effort to build a psychiatric residency point-of-contact list for medical schools with psychiatric residencies who have believing members on staff. We receive many calls seeking information on residency programs where faith and practice is valued and encouraged.
 - The Section launched a Facebook page (CMDA Psychiatry Section) where we will share general information regarding Christian psychiatry and the Section. We have also established a “limited” group for psychiatry section members for specific encouragement, prayer requests, and a support community which can not only supply info, feedback, sharing, and news, but can just sometimes “listen” with wisdom and care to professional requests and other items.
 - The Section processed or is processing over 20 new members.
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2018 Expectations

We Expect 2018 to be an exciting year!

- Supporting members and residents as they connect and more effectively integrate faith and practice.
 - Identifying graduating medical school students and introducing them to the field of psychiatry while confirming and demonstrating that practicing psychiatry while living out the Christian faith is a unique call within the field of medicine.
 - April 26-29: Attending the [CMDA National Convention](#) in Montreat, NC. Members of the Section will be presenting on several topics during the Friday afternoon session (27 April). Topics include Burnout, Resilience and Transgender. Please join us as we continue integrating with the
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broader CMDA family as they see our specialty being more and more key to the overall functioning of the organization. Please join us for a time of learning and fellowship in the beautiful NC mountains.

- May 5-9: Psychiatry Section Annual Conference in conjunction with the APA at the Jarvis Convention Center in New York City. We will have our three morning meetings and our evening banquet. See our website in January for our agenda and details of our meetings. Topics are still being discussed and we welcome your input as to what you would like to see us do. We have a limited number of hotel rooms reserved in the hotel where we are holding our meetings, but will be releasing them in late March, so please consider your attendance and let me know soonest if you will be taking advantage of our reservations. If you want to share a room, we often have others who are also looking for that opportunity to conserve costs.
- October 22-27: Supporting American Academy of Child and Adolescent Psychiatry (ACAAP) members through exploring opportunities to be involved with ACAAP.
- November 8-10: Participating in the Global Missions Health Conference (GMHC) 2018, Louisville, KY. We will go and connect and learn along with thousands of other people interested in healthcare missions. We will introduce psychiatry to many missions and sending organizations who are in need as they seek to support their workers. Come and help us by attending and reaching out.
- Initiating outreach to local CMDA Medical School chapters regarding opportunities and interest in psychiatric specialties.
- Building our Facebook page/group content and supporting participation in professionally relevant and personally significant posts.
- Continuing to hear what our members say with respect to providing value to them personally and professionally.

Dr. Jo Marturano is gradually retiring from Palmetto Counseling with the plan to increase her availability for missionaries through Godspeed Resources Connection (GRC), in person and by video-chat. Dr. Barney Davis is also associated with GRC and through this organization routinely provides support for the Tumaini Clinic in Kenya and other psychiatry clinics in Indonesia and other countries. They are always looking for short and long term support from residents and practitioners. If you are interested contact Barney and he will provide anything needed to facilitate your participation in this ministry. In addition, Jo just wrapped up her annual trip to Haiti where she followed up on previous patients, established relationships with new patients and continued her support of the staff at the clinic she visits.

Roger and Shirley Brown (Tumaini Clinic) are home now for a 6 month stay while both of their daughters are married. This much needed rest comes in the midst of a busy counselling patient load, a full teaching/training schedule and a construction project (apartments for staff and itinerant psychiatrists) at Tumaini, The Browns are grateful for the support and prayers received from around the world.

Urgent Opportunity / Need in Burundi

While we were at GMHC in November, Dr. Randy Bond stopped by our booth and alerted us to an urgent need/opportunity. He is the Dean of the Frank Ogden School of Medicine which is part of Hope Africa University in Bujumbura, Burundi. The local doctor who typically teaches the basic psychiatry course for the medical students has decided to retire and will not teach the course any more. There is one class of students who must receive instruction in a 30-hour psychiatry course prior to graduating in May 2019. The content is basic psychiatry and can be taught in person or remotely or a combination of the two. The power point materials will need to be developed and provided to Dr. Bond ahead of time so he can translate them into French. They do not have slides previously used. The instruction can be in English as long as it is spoken slowly! If you have a desire to work with Dr. Bond or have any ideas regarding how he could provide

the course to his current class, he is open and desires to hear them. You can contact the Psychiatry Section Administrator, Marshall, or Dr. Bond directly at grandallbond@gmail.com.

Member Networking

This is a section in the newsletter for members to share networking opportunities and information which may be of interest the rest of the section. Neither the board nor CMDA endorses any of the information here. Members wishing to post information and to receive further details on an item in this section should contact us at psychsectioncmda@gmail.com. We will contact you regarding your request.

- Thirty-four year respected Christian counseling practice in Columbia, SC is looking for a part time or full time Christian psychiatrist, to join us in a multi-disciplinary group which has great collegiality. We have weekly meetings for education, prayer or encouragement. The psychiatrist would be able to choose whether to accept insurance in-network, and could receive advice and encouragement about opportunities to market his or her practice in the community. Columbia is the home of Columbia International University, (a premier Christian university,) Lutheran Seminary, University of South Carolina, and is the home of many sports venues and cultural and outdoor activities. Please call [803-254-9767](tel:803-254-9767), or email our director, Dan Shoultz, Ph.D., at danshoultz@palmettocounseling.com if interested.
 - The Ludden Group, P.C., is a Christian group of independent contractors of psychologists, a neuropsychologist, licensed professional counselors, externs, and licensed professional counselor interns. They are in need of a psychiatrist who is interested in working in nursing home communities/skilled nursing/assisted living settings as an independent contractor for medication management and psychotherapy. There is also opportunity to see patients in our outpatient practice in Rockwall
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Texas. The Ludden Group has a 30 year history. Please contact Dr. Linda Ludden, ED. D., Licensed psychologist, Licensed professional Counselor, Supervisor, Owner and President. Cell number [214-403-7266](tel:214-403-7266), lindaluddensivils@gmail.com.

- Opportunity in San Antonio, TX. Established practice is looking for a psychiatrist to join in 2018 and potentially become a partner. The practice is expanding significantly to include psychotherapists in a team approach, an DBT IOP program, nutrition, and exercise. The vision is to have a clinic that has Christian providers and takes insurance to provide San Antonio with high quality, affordable mental health care that is delivered in a coordinated fashion. The individual sought should be a mature believer who shares the vision for the clinic and is willing to help with the expansion. A long range possibility for the clinic is to include other specialties such as primary care, pain medicine, sleep medicine, and possibly others. If you are interested, please let Marshall know at Psychsectioncmda@gmail.com and he will pass your name along.
- Opportunity in Greenville, Florida. A unique Christian residential treatment facility in Greenville, FL (30 min east of Tallahassee) is looking for a Christian psychiatrist. The facility hosts 3 programs – (1) Leader Refresh - for pastors, pastors wives, ministry leaders, and professionals who struggle with burnout, stress, or moral struggle and need professional restoration process; (2) Addiction treatment - detox to IOP level of care; (3) Mood and Anxiety Treatment Program - not inpatient hospital, sleep over partial level of care. Care involves intensive treatment consisting of 6-7 hours per day. The staff is Christian. Therapists are masters level with some licensed and one PhD. Patients receive 3 individual sessions per week with therapist. The typical length of stay is 30-60 days. This facility provides a great opportunity to thoroughly integrate Christian theology and principles into Behavioral Health treatment. Interested psychiatrists must be licensed, have good psychopharmacology experience, psychotherapy skills and experience are a great help, and inpatient and EMR experience would be beneficial and minimize transition into the workflow. The facility website

is <https://honeylake.clinic/>. Interested persons call Dr. Karl Benzio - [215-630-8846](tel:215-630-8846) for more details.

- Position with Samaritans Purse in Iraq. Samaritans Purse is seeking a Christian Mental Health Clinician who is interested in serving victims of war at a clinic in Northern Iraq. The best fit would be a psychiatrist who has a passion for this particular area, but a willingness to consider the opportunity is a great place to start. At this point, Samaritans Purse is trying to develop some contacts for this very unique position. For more information, go to <http://careers.samaritanspurse.org/mental-health-clinician/job/6680027>.
- Human Trafficking Commission – CMDA Board Position. The CMDA has a need for a doctor who is interested in serving on the Human Trafficking Commission as a psychiatric contributor and consultant. The meetings occur twice per year and one is virtual while the other occurs at the Annual CMDA conference. The term is for two years. Please contact Marshall at psychsectioncmda@gmail.com for more information.

APA 2018, New York City

Join us in New York for training, fellowship and entertainment in the “Big Apple”. The agenda for our activities is being built and will be available in January 2018.

We will have our morning meetings at the Homewood Suites Midtown Manhattan Times Square South ([312 W 37th St, New York, NY 10018](#)). Breakfast will be available in the hotel lobby for approximately \$25 per person for those not staying in the hotel. We will meet from 7:30 – 9:00 AM and then go to the APA sessions.

The evening banquet speaker will be Dr. Gene Rudd of CMDA. We look forward to his challenging us in our practice and our outreach. The location for the banquet is not yet finalized.

We have a limited number of rooms in the [Homewood Suites Midtown Manhattan Times Square South](#) which is a short walk to the convention center. The rooms

are spacious and come with a kitchenette with microwave and fridge, breakfast and an evening social. The prices (with taxes and fees) are \$279 for a King Studio with sleeper sofa, and \$329 for a double Queen. Check out the website for details of the rooms. This hotel is MUCH nicer and newer than most in the area.

Please plan to join and watch the website for details.

Membership and Dues

Thank you for your partnering with the Psychiatry Section. Remember that your dues and donations help defray the costs associated with our communications and our activities and exhibits at APA, Global Missions Health Conference, CMDA National Convention and other events focused on reaching out to residents and practitioners. If we undertake projects, special requests for funding will be initiated.

- 1) Member in practice/academia, \$100.00,
- 2) Retired member, \$50.00,
- 3) Resident – Waived
- 4) Missionary-Waived

To electronically pay your dues, please visit the [CMDA Psychiatry Section website](#) and click on Dues and Donations on the right sidebar.

If you would prefer to send a check, please print your Name and Address and contact information on a note and mail it to Psychiatry Section, CMDA, PO BOX 7500, Bristol, TN 37621. Make your check out to CMDA Psychiatry Section. Let Marshall know you have sent the payment so he can track it. [Email Marshall](#) for assistance and answers to your questions.

Our email address is:

psychsectioncmda@gmail.com

Our website URL is:

cmda.org/psychiatry

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