

Surrender to your Soul

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Surrender Healing Workshops

First half of 2016

A series of half day workshops focused on specific patterns and topics that impact our ability to fully surrender to the our soul's knowing. Each morning will be filled with divine guidance, quiet meditation and healing rituals to allow each person to explore their personal growth in a meaningful and practical way. Spaces are limited to 15 participants.

Saturday
Mornings
(dates below)

No. 28 Pytchley
Road, Bryanston

R 500 per
person per
workshop

If you book
for more than
one
workshop or
bring a friend
with then the
rate is
discounted to
R 450 per
person per
workshop.

Workshop 1 – It's time to start Creating the life you want to live

How to shift patterns to create what you want and release yourself from re-creating that which no longer serves you.

30 January 2016
9:00am – 13:00pm

Workshop 2 – Embrace the messiness of life

How to truly go with the flow, release control and work with the complexities of day to day life ... a lesson in true surrender.

27 February 2016
9:00am – 13:00pm

Workshop 3 – Connect back to Source

How to identify and remove blockages so you can connect, trust and use Universal Energy as the Source of love, peace and joy in your life.

19 March 2016
9:00am – 13:00pm

Workshop 4 – En-joy the present moment

How to release anxiety, worry and doubt so you be fully present to each moment of your life as it unfolds.

23 April 2016
9:00am – 13:00pm

Workshop 5 – Wholeness – embrace all the parts of you

How to embrace the parts of yourself you reject and judge allowing yourself to feel whole hearted love for yourself.

28 May 2016
9:00am – 13:00pm

Workshop 6 – Be brave

How to overcome any fears and obstacles you have in following your soul calling or purpose.

25 June 2016
9:00am – 13:00pm

If you book
for all 6
workshops,
the rate is
further
discounted to
R400 per
person per
workshop

Tea, coffee
and snacks
included as
well as all
workshop
materials.

Bring a
journal and
pen with.

Peace Patience Perspective Personal Power