

## 2023 WAYNE FISH COACHES CONFERENCE AND U.S. SKI & SNOWBOARD CERTIFICATION

## FRIDAY, OCTOBER 20, 2023

FRIDAY, O	CTOBER 20, 2023						
	Level 50 Certification	Level 100 Certification	Level 200 Certification	Conference			
1:00 pm	N/A	Check-In					
1:45 pm	N/A	Intro, Welcome and Overview by YURIY GUSEV and BRYAN FISH					
2:00 pm	N/A	Portfolio Review by ERIN MOENING	Performance Evaluation by CHAD SALMELA				
3:15 pm	N/A	Para Nordic - Athlete Integration in Training and Racing by BETHANN CHAMBERLAIN					
4:30 pm	N/A		Portfolio Review by BRYAN FISH				
6:30 pm	N/A	Dinner					
SATURDA	SATURDAY, OCTOBER 21, 2023						
	Level 50 Certification	Level 100 Certification	Level 200 Certification	Conference			
8:00 am	N/A	Breakfast					
8:30 am	N/A	Portfolio Discussions by ERIN MOENING	Technique Evaluation - Group Assignments				
9:30 am	N/A	Technique Progressions by ERIN MOENING	CXC Rollerski Championships				
11:30 pm	N/A	Lunch Break	Lunch Break and Technique Evaluation - Group Presentations				
12:30 pm	Check-In	Technique Progressions by ERIN MOENING	Sports Nutrition Special Considerations by ABBY LARSON				
1:00 pm	Portfolio Discussions by DAVID PAULSEN						
2:45 pm	Technique Progressions by DAVID PAULSEN						
3:00 pm	N/A	Functional Strength Training by JIM MULLEN					
5:00 pm	Helping Athletes Optimize Nutrition and Wellbeing by ABBY LARSON						
6:30 pm	Dinner, Social and Regional/National Updates by YURIY GUSEV						

SUNDAY, OCTOBER 22, 2023

	Level 50 Certification	Level 100 Certification	Level 200 Certification	Conference
8:00 am	N/A	Breakfast		
8:30 am	N/A	Technique Evaluation - Group Assignments	Technique Progressions Using the "Games Approach" Methods of Learning by BRYAN FISH	
9:30 am	N/A	CXC Rollerski Championships		
11:00 am		Lunch Break and Technique Evaluation - Group Presentations	Lunch Break	
11:30 am	N/A	Small Group Assessments by ERIN MOENING	Small Group Assessments and the "Games Approach" Classic and Skate Techniques by BRYAN FISH	
1:30 pm	N/A	Wrap-Up		