

## **Gifting Table Table of Contents**

Imagine a Woman	page 2
The Women's Gifting Table Introduction	page 3-6
U.S. Tax Laws	page 7
What Keeps Our Table Safe and Legal	page 8-10
Blank Chart	page 11
Ways to Manifest Your Gift	page 12-13
Table Guidelines	page 14-24
The Magic Words	page 25
Table Etiquette	page 26
The 10 Commandments of the Table	page 27
Outline for Dessert on the Weekly Conference Call	page 28-29
Training on Being a Good Dessert	page 30-31
Suggested Questions for Official 3 Way Invitation call	page 32
Gifting Statement	page 33
Traditions	page 34

## Imagine a Woman II

Imagine a woman who is interested in her own life.  
A woman who embraces her life as teacher, healer, and challenger.  
Who is grateful for the ordinary moments of beauty and grace.

Imagine a woman who participates in her own life.  
A woman who meets each challenge with creativity.  
Who takes action on her own behalf with clarity and strength.

Imagine a woman who has crafted a fully-formed solitude.  
A woman who is available to herself.  
Who chooses friends and lovers with the capacity to respect her solitude.

Imagine a woman who acknowledges the full range of human emotion.  
A woman who expresses her feelings clearly and directly.  
Who allows them to pass through her as naturally as the breath.

Imagine a woman who tells the truth.  
A woman who trusts her experience of the world and expresses it.  
Who refuses to defer to the thoughts, perceptions, and responses of others.

Imagine a woman who follows her creative impulses.  
A woman who produces original creations.  
Who refuses to color inside someone else's lines.

Imagine a woman who has relinquished the desire for intellectual safety and approval.  
A woman who makes a powerful statement with every action she takes.  
Who asserts to herself the right to reorder the world.

Imagine a woman who has grown in knowledge and love of herself.  
A woman who has vowed faithfulness to her own life.  
Who remains loyal to herself. Regardless.

Imagine yourself as this woman.

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## THE WOMEN'S GIFTING TABLE

### Introduction

You have been invited to join a community of remarkable women. We are a Table of women who have discovered a way to help each other fulfill our dreams. We have the commitment, ability and resources to help each one who enters the Women's Gifting Table. We have joined together in a sisterhood that is truly a community. While the idea of a women's Table is not new, this Table is unique, unlike any you may have encountered.

Through the years of this Table's history we have established and maintained strength, honor, and integrity. We are a powerful moving force of women supporting each other to reach our goals and dreams.

Sound too good to be true? Perhaps it is for some. However, if you are a woman who is ready to make a shift in your life, the reward will be greater than you may now envision. This journey has significantly benefited many women who have gone before you. The learning and rewards are great and as with anything in life, they will be equivalent to your involvement.

This information may help you decide whether you choose to participate. We are women who currently are receiving enormous practical and financial benefits. In addition to that we share a sisterhood of great inspiration.

Our philosophy is built on the foundation of **Empowerment, Commitment, and Integrity**. **Empowerment** because many years ago when these Gifting Tables were conceived, the goal was to help women help each other and themselves at the same time. The main concern was for unanimous success and an equal opportunity for all women. Not only for women to survive – but also to thrive and realize our highest dreams, while we are held in the loving support of our community of sisters. Conceived over twenty years ago, it was their way to help women begin manifesting a solid financial foundation for their families and their projects.

The second foundation, **Commitment**, is an absolute necessity on several levels. There is a commitment not only to your own personal development and success, but also to fellow members of your Table. When we enter the Table we must be committed to everyone's success. The more communication and guidance that is shared, the better it is for all.

This is where we lead into the third foundation, **Integrity**. Hold tightly to the origins, guidelines, ideals, and goals of the Tables. Follow your conscience and inner voice, it always knows best. Be peaceful within yourself and think with your heart. Most importantly...**ACT ON IT! LIVE IT, SHARE IT, AND GIVE IT YOUR BEST!**

## WHAT IS THE WOMEN'S GIFTING TABLE?

The Women's Gifting Table is a group of women who share a common intention to help ourselves and others fulfill our dreams. We manifest this intention through the activity of the Gifting Table.

Each woman who participates gives a gift of \$5,000 to another woman at the Table. Each of us who have entered the Table has given that same gift to one of our Sisters. Within the Table you enter, there are a total of 15 women at any given time who participate. Eight women give to one, the other six occupy various "positions" in the Table moving towards the center. Each woman moves through the Table as new women join, ultimately receiving gifts that can total \$40,000. The Gifting Table is always moving, active and circulating the energy of giving and receiving until it is complete for each woman.

## IS IT LEGAL?

Yes. Do not confuse this Gifting Table with pyramid schemes or other similar programs.  
United States Code Title 26. Subtitle B Chapter 12,

### ***Subchapter A Section: 2503 and***

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States, that you are allowed to give or receive up to \$12,000 from any number of people per year without incurring tax liability. You are not required to declare money given or received as a gift on your tax return until the individual gift exceeds \$12,000. The taxes on the gifts have already been paid and they cannot be taxed again. Please note: the above listed codes, publications and other information is available to the public and should be reviewed by any woman considering participation at the Table.

## HOW CAN SUCH A SIMPLE IDEA WORK?

There is a dynamic reason why this Gifting Table continues after more than 20 years to be a powerful healing force for the women who enter. It is the **intention** held by those who conceived the idea, an intention that continues to be honored and carried on by the women who enter our Table community. As with everything in life, regardless of the activity, intention determines the outcome. Our intention is to benefit women, period. The Gifting Table is a way to begin a path to personal empowerment that teaches us to support each other on many levels. This support is activated when a woman joins us.

## WHAT ARE THE INTANGIBLE BENEFITS?

Many women initially choose to enter the Table because of their need for financial support. However, many women find that they are gifted by the experience of the Table long before they reach Dessert. The journey through the Table can be filled with an infinite number of opportunities to grow, learn, encourage, and love. Giving, supporting and nurturing are qualities expressed through the Divine Feminine and are part of our true nature, but where is receiving? Many at the Table came to realize and identify with the pure **joy of receiving**, thus creating a new balance in their lives.

The Gifting Table challenges us to receive; it asks for a major shift in consciousness in the way that we identify ourselves in the world. It asks for a healthy balance of both the *giving and the receiving* aspects of who we are. We learn to trust in the concept of "letting go," with the faith that there is a powerful invisible force for good operating in the universe. The Women's Gifting Table is a lifeline to that force. This lesson is the other side of receiving; to be able to give and give freely, the action that stimulates the beginning of a cycle that must complete itself by receiving.

Finally, the women who will be your companions on this journey are all extraordinary. You will receive perhaps the greatest benefit from meeting, supporting, and being supported by these fabulous Sisters whom you didn't even know were there for you.

## DOES SOMEONE HAVE TO "LOSE" IN ORDER FOR ME TO "WIN"?

**No.** This is an area of misunderstanding. Our Table is NOT a hierarchy; it is a Table. There is no one at the "top" or at the "bottom." Those who have entered are constantly cycling through, and the Table is always in movement. We use discretion when inviting Sisters to the Table because those who have gone before us have established a strong backbone of energy that supports the entire structure. In order to prevent its strength from weakening, there can be no breaks in it. This is why it has lasted so long and will continue to flourish.

Most importantly, however, is the essential concept of Intention that makes the Table such a beneficial force. It is the Intention of this community that at no time will anyone ever lose. This Intention has proved itself again and again by moving through thousands of women since the early 1980's. They are real! You can talk to them yourself if you choose. Just ask the woman who invited you to connect with someone who has been fully gifted.

Those who can accept that true Energy of Intention will understand the energetic foundation of the Women's Gifting Table. Those who understand will benefit that the structure of the Table accesses the natural law of manifestation. Others will choose not to participate. This is good! We are clear that those who share our Intention will join and those who do not, won't. We will attract women who can contribute their Intention and Energy to our goal of supporting each other.

## HOW DO I ENTER THE TABLE?

To enter, you give your gift to the woman who is in the Receiver position at your Table. This act begins your journey. Your journey continues through your support of your Table and your willingness to invite others whom you care about into your new community. You will find yourself in the Receiver position as the Table moves and cycles through communication and Table energy.

After you have been fully gifted, you may wish to maintain your connection with the Table by participating again, like many do, or simply move forward in your own life, enhanced and supported.

## IN CONCLUSION...

We have communicated about manifestation and energetic activities in practical terms. Limited by language, it is hard to convey the full nature of The Women's Gifting Table; however, please know that by inviting you, we are asking you to receive support. Go within to a quiet centered place, use your intuition and make your decision. **Trust Yourself!** If entering this Table is not right for you, you will know it. If, however, you are ready to expand yourself in many ways, including financially, you will know that too.

Whatever your decision, we wish you blessings and prosperity in your life.

Revised by Women's Gifting Table "Senior Sisters" in 2008.

Do not alter this document or any of its wordings.

# U.S. TAX LAWS

The US tax code allows for an annual gift of \$12,000 per person without accrual of a tax penalty. That means that you can give a gift of \$12,000 to each of your friends each year without paying taxes on that amount. Similarly, you may receive a gift of \$12,000 from each of your friends each year without being taxed. So, if you have 10 friends that each gift you \$12,000 per year, that means that you receive a total amount of \$120,000 each year that is tax free!

The Gifting Statements that you send with each gift or receive with each gift simply serve as your record of the gift given and the manner in which it was given (freely and with no expectation of return). In the event that you do not have a copy of the Gifting Statement, you can simply send a card or note along with your gift clearly stating that you are giving a gift and that you do not expect any kind of return or guaranteed "pay back."

Additionally, as you will find during your investigation on gifting, US law and US tax codes actually *protect* gifting. Quite frankly, as long as we have law makers in our state and national capitols that campaign for office, as long as we have churches, charities, and non-profit organizations like The Red Cross, and even birthdays, weddings, anniversaries, and holidays, **gifting will remain legal** and an equal opportunity for all who choose to engage in it.

You must also be aware that there are many different kinds of gifting opportunities in existence. Some, like ours, abide by the laws and, sadly, some do not. Some gifting opportunities function with no regard for the laws or those that engage in them. Therefore, gifting opportunities on the whole have not received much good press.

There are a number of web sites and other media resources that warn of gifting opportunities that speak of "investors" and "guaranteed paybacks or returns." Knowing exactly what you are participating in, what the laws are, and how to properly go about gifting is essential for anyone who enters this experience.

The bottom line is to **BE RESPONSIBLE, ACT RESPONSIBLY, and BE INFORMED.** Remember that knowledge is power and that uncertainty leads to fear which leads to missed opportunities! If you would like further information regarding the laws of gifting, the tax codes regarding gifting or specific state information, you are encouraged to research the publicly available information on these subjects or contact your Dessert or the woman that invited you.

# What Keeps Our Table Safe and Legal

Many women who consider joining our Table, have heard about other types of Gifting Tables. Our Table, *The Women's Gifting Table*, began close to thirty years ago. It was inspired and created by several Canadian social workers, an ingenious way to raise money to build a shelter for abused women. In order to accomplish their mission, these fearless and dedicated women, created Table *Guidelines* that provided a framework that made it possible for these dedicated women to accomplish their mission of building a shelter. Since then, the Tables have continued to provide an opportunity and an arena, for countless women to manifest abundance and empower not only themselves, but other women, to create their own futures.

Over the years, the *Guidelines* have not changed. Many women have had their attorneys and accountants review the *Guidelines*, and have all received the same answer. They have been repeatedly told, that as long as those who participate in our Tables continue to adhere to the *Guidelines*, the Tables will continue to be safe and legal. This is why we stress the importance of reading and knowing the *Guidelines*, when we invite women to join the Table. It is for their protection, as well as the protection of the Table as a whole.

If you research "gifting opportunities" on the internet, you may find that there is a lot of bad press that has been published against women's gifting opportunities. However, it must be noted, that the press is referring to other types of pyramid or "Ponzi" schemes. Our Table should not be confused with other types of network markets, as we have very specific rules that we follow, that set us apart from other groups. Many different types of gifting opportunities, who are not governed by the same *Guidelines*, have gotten themselves into legal trouble for a variety of reasons. (A lot of these groups involved men...that's mistake #1.) Our particular *Guidelines* have been reviewed MANY times, by MANY lawyers and accountants. Over and over they have stated, "That as long as we follow the *Guidelines*, we are completely within the law." One of our other documents is called the "*U.S. Tax Laws*." It is taken directly from the *Guidelines* and fully explains why gifting is legal. It also cites the constitutional amendment concerning U.S. gifting laws.



## **12 Reasons Why the Women's Gifting Table is Safe and Legal**

**1. Every U.S. citizen is allowed to annually gift anyone up to \$12,000.000.** This means that you can gift up to \$12,000.00 to as many friends as you want in any given year, and you can receive up to \$12,000.00 from as many friends as you want in a given year. Since these are gifts, they never need to be reported as earnings on a federal income tax return.

**2. We sign and keep gifting statements for our records.** These state that what we are sending is in fact, a gift, not a business agreement or transaction for goods or services. Our gifting statement is one that has been approved by many attorneys and accountants to be safe and legal.

**3. We use the "magic words"** for a reason...to keep us legal, and not a business in the eyes of the law.

**4. We do not hold meetings in public places.** We have gatherings in the privacy of our own homes. The Table is a secret society of women, who operate quietly and discreetly within the perimeters of the law. It is because we don't want the tax laws to ever change, that we remain under the radar, and only share the Table with women who we completely trust.

**5. We communicate by either private emails or cell phones.**

**6. When we cannot gift cash in person, we send our gifts in overnight express mail, through non-government regulated agencies,** such as Federal Express and U.P.S. which are private mail carrier services. Again, this has to do with the federal trade laws, and insures that what we are doing is legal.

**7. We never wire transfer money,** and creatively place our gifts into different accounts. Senior sisters, who have had the experience of being gifted on multiple Tables, are also available to counsel women on ways to creatively manage their gifts.

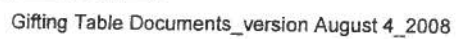
**8. In the *Guidelines*,** it states that if a woman cannot fulfill her obligation to the Table, she needs to leave the Table.

**9. We are a "no fear" Table of women.** Each woman who has gifted, and is at our Table, has vowed to commit to all of her sisters throughout the life of the Table until she has successfully gone through Dessert. Once she is out of Dessert, she can choose to re-join a group, or simply walk away. Almost all women choose to re-join.

**10.** To insure the stability of current and future Tables, **the sisters, are very particular about whom they invite to join their Tables.** The Tables are not right for most women, nor are most women right for all Tables. Therefore, any invitation to join should be considered a gift from someone who thinks highly of you. The woman who invites you, is someone who trusts and cares about your financial and spiritual growth, and feels that you would be an asset to the Table.

**11. The most important component to the success of the Tables, is trust...**trust in the process, trust in the friend who introduced you to the Table, trust in the other women who are currently at the Table that you are considering joining, and trust in yourself, in believing that you have just been given the greatest gift and opportunity of a lifetime. We never put pressure on any woman to join our Tables, as we only want women who are fully committed to the process and journey.

**12.** Like many things we choose to pursue in life, the Table has to come at the right time for you. **Timing is often everything.** Some women who are considering joining the Table, need more time, to either manifest their gifts, or speak to their friends about joining them on their Table journeys. We encourage each woman, to take the time that she needs, to feel comfortable in arriving at her decision. We would never expect a woman to base her decision to join a Table, after only one phone call or party. Indeed, there are some of us who have done just that, and who have since been through Dessert numerous times. Our heartfelt advice to any woman who receives an invitation, is to at least explore the possibilities that this incredible gift represents. By attending a party, being on one or more of the calls, speaking with other Table sisters, each woman will know if the Table is coming to her at the appropriate time in her life, and if it is right for her. She may find as so many woman have, that the Table is truly the greatest gift that one friend could ever give to another.



## Ways to Manifest Your Gift

couplets published by W. H. Murray from the Scottish Himalayan Expedition that climbed Mt. Everest:

"Until one is committed, there is hesitance, the chance to draw back, always ineffectiveness. Concerning all acts of initiative and creation, there is one elementary truth the ignorance of which kills countless ideas and splendid plans: that the moment one definitely commits oneself, then providence moves, too. All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, raising in one's favor all manner of unforeseen incidents, meetings and material assistance which no man could have dreamed would have come his way. Whatever you can do or dream you can, begin it. Boldness had genius, power and magic in it. Begin it now."

It has been demonstrated over and over again at the Table, that if you come from a place of commitment, have clear intentions, and take action, absolutely anything is possible – often faster than we can imagine!

Let's get started. Remember, no idea is too crazy. One method alone does not have to generate the full \$5,000. You may use 2, 3, or 4 ideas to generate a couple of thousand each.

1. Have a garage sale. Go through your house and garage and find anything you haven't used in the last year and turn it into cash. You may also have old jewelry, china, art, crystal, or heirlooms that you no longer feel attached to, that you can sell for cash.
2. Sell a used car, truck, van, motor home, boat. (Remember in a relatively short period of time it can be replaced with a new one.)
3. Ask your parents or relatives for an advance on your inheritance. It actually is a wise thing to do, as it avoids future probate taxes.
4. Apply for a credit card. You can go online to <http://www.lowcards.com> for a list of the top 10 cards. You can apply right online. Once you have your new card, you can take a cash advance, or in some cases you have the ability to write checks against the card. American Express is the most generous in terms of sending you checks that can be turned into cash. Credit problems? There are many companies that specialize in giving cards to people who are "credit challenged". Two known sites are: <http://www.providian.com>, and <http://www.capitalone.com>. Once you open the account, you can either take a cash advance, or write checks against the card. You will obviously pay interest but the rewards will easily offset your interest payments.
5. Apply for a home improvement loan using your house as collateral.
6. Ask people who owe you money, to pay up.

7. Find a friend to gift you the money. There are lots of them out there. Friends take great joy in supporting each other.
8. Ask five friends to lend you \$1,000 each, and offer to pay them back \$2,000 when you are gifted.
9. If you are in a service business of any kind, offer a discounted rate for your services if people pay in advance. A massage therapist once needed to raise \$4,000 to go on a cruise to Greece, which was a lifelong dream of hers. Three weeks before the cruise she was flat broke. She pre-sold massages in packages of 5 or 10 massages. Customers purchased 4 and got 5, or bought 8 and got 10, as long as you paid for them all in advance. She raised the money in a week and went on her cruise. This idea can be applied to anyone who has a service to offer; chiropractors, landscapers, hairdressers. Offer a special discount and ask for all the cash in advance. Be creative.
10. The above idea can also be used, if you have a product to offer to people who buy from you on a regular basis. Rather than having them pay for the item as they need it, have them pre-pay for a year's supply and give them a discount.
11. Split a position at the Table with another woman. Then each of you only has to raise \$2,500 and you can enjoy your Table journey together!
12. Acquire a second job, and dedicate all the money to your \$5,000 gift.
13. Offer to paint your neighbor's house, tutor their children, etc. Use your skills and gifts to earn extra money to get you started at the Table.
14. Take out a second mortgage on your house at today's incredibly low interest rates.
15. Have a raffle. Find something you wish to sell, or find something that someone will donate to you. Have a raffle and sell raffle tickets to generate money.
16. Borrow against a permanent life insurance policy. Interest rates are usually between 4% and 6%, and typically the money borrowed does not have to be repaid immediately.
17. If you own a business that has receivables, often these receivables can be sold or borrowed against. This allows you to collect money now for the money that is due to you in the future.
18. If you are a salesperson that earns commissions, often future commissions on products that have been already sold, can be borrowed against. This is particularly true if you are in real estate, where commissions typically are not paid for 60 to 90 day. They are relatively secure, being on deposit in an escrow account. This allows you to collect money now, for money that is due to you in the future.

# Table Guidelines

**Congratulations on becoming part of a very dynamic group of ladies. You are special and know that not all ladies are invited to join our Table.**

**We are extremely discreet. We remain quiet and true to our work, unnoticed, and ignore all discord and fear in the world, while we move ahead silently and with determination.**

## Introduction

Some women may say they are too busy to give the Table the time and attention we all commit to when we become a part of the Table. The women who participate are fully committed to their own success as well as the success of others. As we make time for the things that are important in our lives (eating, sleeping, personal health, our families and loved ones) the women who participate, feel that their goals are just as important and necessary to make time for. The efforts placed will help each lady, who gives that time and attention, to reach her goals. Perhaps you need to get out of a bad relationship, prepare for your old age, make repairs on your house, stop working 18 hours a day, a vacation, or give yourself personal attention. All of these things and more can be achieved with your focus and with the support of the other women you will journey with.

You may be wondering, "How long does it take to reach Dessert?" Your answer is: As fast as all the women meet their commitment to the Table by inviting. **ACTION** is the key word...

## Pointers

- 1 You can fulfill your agreement of inviting one woman, but you are not limited to the number of ladies you may invite to journey with you. Full and active participation are the characteristics of a strong Sister. The women who tend to get more than one woman to join, and who participate and are active themselves, will be found by other strong participants and invited to come to additional Tables.
- 2 Ask yourself at the end of the day, "What have I done today to contribute?" Some women find it helpful to organize their activities with a notebook, 3-ring binder, file system or computer. Track what activities you did daily. Note

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who you contacted, 3-ways with Dessert, conference calls, emails, calls and help to new Appetizers, and contacts with the women in the to bond and support. Write down everyone's phone number that you talk to. Keeping notes on call topics may not only serve as ongoing training for yourself, but also as valuable information during your time in Dessert.

- 3 If you find yourself getting discouraged...GO TO DESSERT for inspiration. It is inappropriate to take your discouragement or fears to the calls without first consulting with your Dessert or one of the Entrées. The Women's Wisdom Table is with NO FEAR. Be sure you have all your questions answered, and are ready to participate and be committed.
- 4 ***Always see yourself in Dessert all the way along the path. KNOW that a better life for you and your friends and family is being built with each minute you spend working. Doing these things will make your journey faster and more enjoyable!***

## The Gift

1. Each woman gifts as she comes to the Table.
2. Even if it seems bold to you, Dessert needs to ask a potential Appetizer, "When can you gift?" A Table cannot be split until Dessert is fully gifted.
3. When Gifting, you **MUST** send a signed gifting statement along with the gift. Dessert must keep the document for tax records. (This form is obtained from Dessert or the lady who invited you to the Table.)
4. The Gift must be given in cash or a bank check.
5. Keep a copy of the bank check for your records. Keep a copy of the gifting statement that you send with your gift.
6. When you cannot gift cash in person, we send our gifts in overnight express mail, through non-government regulated agencies such as federal express and UPS. Always send the Gift overnight and keep the tracking number. Give the tracking number to Dessert if she requests one. DO NOT send the gift via the US Postal Service.

## Inviting Your Friends

1. When you are accepted to the Table as an Appetizer, you may begin inviting women immediately. Some women bring in the first woman they talk to. With others, it takes 15-20 women or more. Remember that you can always ask for help from the woman that invited you, from the other Sisters on the Table, and especially from the Dessert.
2. Be careful about who you talk to. We seek women of integrity and honor. Your best friend may be negative. Our Table wants that certain kind of woman who has the guts and determination to change her life for the better. The best way to introduce the Table is to say, "I'm doing something you may not have heard of that I feel will alleviate my money worries and change my life. I think enough of you as a friend to share this with you because it is a fantastic opportunity," or "I would like to meet with you and share an exciting idea that I think you may be interested in."

If there is an interest, you might say, "Have you heard about Gifting?" If there is immediate negativity, drop the subject; or continue gently if you think you can calm her suspicions. If a woman definitely reacts strongly or negatively, leave her alone. Don't try to convince her. She may give you her fears and cause trouble for you and for the Table. A woman with these fears won't be taken in.

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But, if a woman perks up and seems interested, say, "Well, look, I want you to talk to someone who knows more about this, a woman who has been Gifted. Would you like to talk with her?" Then, do it. Don't wait! Don't try to explain the Table yourself. More experienced Sisters may be able to explain the Table more confidently. Wait until you know more about the Table yourself. **We are all here to help you find and talk to your woman or women.**

3. Ask if the potential Appetizer is going to leave town in the near future or will not be able to be active at this time. It may be better to have her wait to join us until she comes back or is able. Encourage her to use email, as we do not have meetings of ANY KIND. We work only over the phone and through email.
4. Remember that, as a woman comes to the Table, she agrees that she will not progress past Soup and Salad until she finds her friend to journey with.
5. The more good women you bring into the Table, the faster you all will reach Dessert and the more women you will help.
6. Remember that **the Table waits for no woman**. If a woman is unsure about coming in the Table, for whatever reason, another woman can be found for that place.

## Position Guidelines

### Appetizers

1. When a new Appetizer comes in, she needs to contact Dessert to commit and ask any questions that she has.
2. Be on the weekly conference calls and bring women that you wish to invite to them.
3. When inviting women to dine, be sure they are strong, no-fear women. You will be participating with this woman or women all the way through. Be sure they are someone you want to journey with.
4. Stay in touch with the woman who invited you and with the ladies you have brought to the Table, and with Dessert **DAILY** either by phone or email.
5. Get to know and bond with every woman at the Table. This will help both sides of the Table and be helpful to you if you participate on future Tables!
6. When a new Appetizer comes to the Table, everyone on the Table should call or email that woman and welcome her in!!!! We are all here to help each other and we are all in this together.

### Soup and Salads

1. Welcome every new Appetizer by email or phone and get to know her. This is important to keep the unity of the Table.
2. Continue to look for a friend who will move the Table along if you haven't found her yet; and, or, continue to bring in new women. **Action** is the key word. Remember that you are not limited to the number of women that you invite to the Table!
3. Be on the conference calls and bring women that you wish to invite to the calls.
4. Check your email daily and stay in touch with Dessert **DAILY**.
5. Make sure that the women that you invite who come to the Table have the

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5

Guidelines, an updated copy of the Table reflecting her seat position, and any other documents she may need.

## Entrées

1. It's the duty of the Entrées to really be the support women for Dessert. Keep in constant touch with Dessert. Ask what you can do to help her.
2. Get to know and bond with every woman at the Table and always welcome new ladies with a phone call.
3. Be on the conference calls and bring women that you wish to invite to the calls.
4. Check your email and be in touch with Dessert **DAILY**.

## Dessert

1. Dessert decides who will come to the Table. She must talk to every woman who is invited. As Dessert, follow your gut feeling when deciding whom to accept. Look for integrity, discretion, no-fear attitude, and an ability to keep her word and follow through. If a woman has the Gift, but is not right for the Table, or seems like trouble, **do not take her in**.
2. Make sure that the women that you invite who come to the Table have the Guidelines, an updated copy of the Table reflecting her seat position, the Gifting Statement, and any other documents she may need.
3. Dessert decides where to put Appetizers. It's best to keep women together who come in together, but sometimes for the health of the Table, placement may be changed.
4. When placing Appetizers, consider placement and strategy. It is a primary responsibility of every Dessert to promote the health of the Table. When the Table splits, it's best to have women on each side in Soup and Salad who are still committed to bring women. Before the split, Dessert must make sure that the Board is balanced. The Appetizers must be equal, if at all possible, and sometimes it's not possible. For example, ideally, 2 Appetizers on the left are still committed to invite a friend and 2 on the right are committed to invite a friend. Dessert can take a strong Appetizer from one side and put her on the other side to make the Board stronger and more stable if necessary.

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5. Remember, you may not just automatically come back onto the Table when you complete Dessert. After Dessert is Gifted, she must be invited back in order to participate again.
6. It's up to Dessert to set up conference calls for the Table; for example, numbers may be obtained by [www.freeconference.com](http://www.freeconference.com) or [www.mrconference.com](http://www.mrconference.com). This should be done when your time as an Entrée is nearing an end, as well as contacting the women who will be on your new table to agree on a new call time and day.
7. Lead each call, remembering that you may also ask your Entrées to lead the call from time to time for their own training.
8. Get to know and bond with every woman on the Table and announce and welcome new ladies to the Table.
9. Check your email daily.
10. **Keep the Table constantly up to date through emails or phone calls.** Dessert should be kept up-do-date about all Table matters.
11. Remember to delegate. No one woman can do it all.

## How to Find Women

Sit down and think of everyone you know, (aunts, cousins, sisters, moms, friends, other groups, co-workers, etc.). Check your card file; address book, wedding list, church or temple directory, or party lists. Call to check on your friends to confirm their information in your files. Start up a conversation, and if it feels appropriate, tell them about the Table. Share your story. If they react badly, don't bring it up again. Some women will want to come in later. Write down that information in your Table records. If she doesn't have the nerve or need, wish her well. You are avoiding future trouble. We love the women who say, "I've been praying for this!!" These are the ladies who need us.

Remember to use the Dessert and the woman who brought you in to the Table to do 3-way informational conference calls with women you wish to invite. Three-way calls are valuable! Three-way calls help the Dessert fill her Table, help Appetizers and Soups and Salads learn to explain the Table, and help the lady being invited to learn about the Table. These Sisters will teach you how to talk to new women. When you are in Dessert, it will be your turn to teach.

## Important Points to Remember

It is beneficial if all emails go through Dessert. We don't usually enforce this, but sometimes we have to. We have to when a woman is trying to sell everyone on her products, religion, or spreading fears through the Table. We are all coming together on common ground. Personal issues and beliefs may be shared on one-on-one calls with Sisters and not on conference calls.

Be clear with everyone who comes to the Table that it is a Gift they are giving. By definition, a "gift" is something freely given to an organization or individual and given with no expectation of return. That means that giving a gift as a participant of this gifting Table **is not** an investment of any kind nor is there expectation of a "return" of any kind.

If a woman is in the Soup and Salad position and chooses to leave the Table, the first Appetizer who gifted and has met her commitment to the Table on that side is the first to move into the vacated Soup and Salad position.

It is very important to understand that we **do not** sell anything as a Table nor do we advertise, promote publicly, or otherwise recruit anyone. To engage in any of these acts would be in direct violation of the laws that govern gifting. Selling, advertising, publicly promoting, and recruiting are actions of commerce. Commerce and gifting are very different and are therefore governed differently. It is important for all who choose to sit at the Table be aware of the boundaries of the law and give healthy respect to them.

We **do not** meet in public places. We communicate by phone and e-mails frequently. We **do not** have a web site, home office, or associate ourselves with any kind of business. We **do not** use terms or phrases that include the following:

Recruit, invest, pay back, pay out, pay in, return, sell

The terms listed above are terms used in multi-level marketing and other acts of commerce. Because we are giving a gift, we instead use terms and phrases that include the following:

Give a gift, receive a gift, invite, participate

The US tax code allows for an annual gift of \$12,000 per person without accrual of a tax penalty. That means that you can give a gift of \$12,000 to each of your friends each year without paying taxes on that amount. Similarly, you may receive a gift of \$12,000 from each of your friends each year without being taxed. So, if you have 10 friends that each gift you \$12,000 per year, that means that you receive a total amount of \$120,000 each year that is tax free!

The Gifting Statements that you send with each gift or receive with each gift simply serve as your record of the gift given and the manner in which it was given (freely and with no expectation of return). In the event that you do not have a copy of the Gifting Statement, you can simply send a card or note along with your gift clearly stating that you are giving a gift and that you do not expect any kind of return or guaranteed "pay back."

Additionally, as you will find during your investigation on gifting, US law and US tax codes actually *protect* gifting. Quite frankly, as long as we have law makers in our state and national capitols that campaign for office, as long as we have churches, charities, and non-profit organizations like The Red Cross, and even birthdays, weddings, anniversaries, and holidays, **gifting will remain legal** and an equal opportunity for all who choose to engage in it.

You must also be aware that there are many different kinds of gifting opportunities in existence. Some, like ours, abide by the laws and, sadly, some do not. Some gifting opportunities function with no regard for the laws or those that engage in them. Therefore, gifting opportunities on the whole have not received much good press.

There are a number of web sites and other media resources that warn of gifting opportunities that speak of "investors" and "guaranteed paybacks or returns." Knowing exactly what you are participating in, what the laws are, and how to properly go about gifting is essential for anyone who enters this experience.

The bottom line is to **BE RESPONSIBLE, ACT RESPONSIBLY, and BE INFORMED**. Remember that knowledge is power and that uncertainty leads to fear which leads to missed opportunities! If you would like further information regarding the laws of gifting, the tax codes regarding gifting, or specific state information, you are encouraged to research the publicly available information on these subjects or contact your Dessert or the woman that invited you.

## Sponsoring

A **sponsorship** is something that only Dessert can do. She can only sponsor one lady per Table and it must be a lady that has tried to find the gift and/or is totally unable to bring the gift. Those who wish to join the Table who have access to the gift but do not wish to give it are not eligible for sponsorship. By the Guidelines, a sponsorship is given with the understanding that the sponsored woman commits to invite and seat 2 women at the Table and gifts her sponsor half of the gifts (\$20,000) when she reaches Dessertship.

Some Desserts may ask that the sponsored woman invite and seat the first of her two commitments (who must have the gift) as she comes to the Table. Example: Mary is a woman who has been invited to the Table, has put great effort into finding her gift and still has not been able to find it. Betty, the Dessert on the Table, chooses to sponsor Mary. Betty asks Mary if she has anyone in mind that she would like to invite to journey with her and Mary replies that her sister Sarah is interested in the Table. In order for Mary to become seated at the Table, Sarah, the first of Mary's two commitments, sends her gift to Betty, the Dessert. As soon as Betty receives Sarah's gift, Sarah receives a seat of her own on the Table as does Mary under Betty's sponsorship. Then, Mary is committed to invite and seat just one other woman.

This method serves several purposes:

First, it helps the sponsored woman build value in her position. Unless she is asked to invite and seat the first of her two women with her at the Table, she has only given the energy and effort of time to the Table. In an unsponsored situation, a woman must search for and give her gift before being seated at the Table. She has then built a value in her place on the Table!

Second, inviting and seating the first of her two commitments with her to the Table brings the sponsored woman to the same level of commitment as the other women at the Table. At that point, the sponsored woman looks only to complete the second commitment of inviting and seating one woman. Therefore, the sponsored lady has the same commitment as those who also look to meet their commitment of one woman with the Table. Being seated at a Table with the commitment of inviting and seating two women instead of one may lead the sponsored woman to a feeling of being overwhelmed and at a disadvantage.

Finally, this method of sponsorship helps to build the momentum and excitement of the Table...two women are seated at the Table on the same day! Very exciting!

**Private backing** is different from sponsorship. A "backer" can be any of a number of different people. It can be your neighbor or your sister who doesn't have time to participate with the Table but is interested in it. It could be your banker, your brother, or anyone else willing to support you with your gift. With private backing, the agreement is between the woman being "backed" and the "backer" ONLY!

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In seeking a backer, a woman is putting effort into coming to the Table and is building value in the seat that she hopes to take on the Table. When the gift comes to the Table, from a "table perspective," that gift came from the new woman herself and no one else. In a sponsorship, the ladies of the Table generally know who is being sponsored and what the agreement is. However, in private backing, the agreement between the woman being backed and the backer is of no concern to anyone else on the Table.

If you have been privately backed, because you have put effort into coming to the Table, your commitment to the Table is one woman. **REMEMBER!** Every woman brings 2 energies to the Table: Her gift and her invited and seated woman. In private backing, since she has come with her gift, she is committed to inviting and seating one woman and may invite more.

Finding a backer, if a woman is unable to give her own gift, is the better way to come to the Table as you may be able to receive more gifts during your Dessertship! Some women may choose to think about going to the bank to get a \$5,000 loan to come to the Table. Instead of giving half of the gifts in Dessertship to the sponsor, the woman would only pay the interest on the loan which, for \$5,000 is around \$350 to \$400, depending on interest rates.....quite a difference!

**Remember!** Strong ladies who invite strong ladies, make strong Tables. The Table experience is what YOU, the individual, make of it! If you choose to make time for your Table and support it fully, there is no limit to what you can accomplish and receive! You can do it! You deserve it! You are not alone!



## The Magic Words!

Give/Giver  
 Receive/Receiving  
 Register your gift  
 Record your gift  
**Participation**  
 I have been gifted  
 I have received  
 I have gifted  
 Donation  
 Potential  
 Associate yourself  
 Opportunity  
 Commitment  
 Intention  
 Supporter  
 Apprentice  
 Receiver  
 Elder  
 Senior  
 Experienced Sisters  
 Sacred Invitation  
 Agreement  
 Empowerment

**This is how we do it!**

## Not These:

Investment  
 Paid  
 Getting Paid  
 Recruit  
 Sign-up  
 Buy, Buy in  
 Payout  
 Purchase  
 Took-in  
 Earnings  
 Make  
 Profits  
 Dividends  
 Player  
 Downline  
 Upline  
 Return  
 Earn  
 Sure Bet  
 Assured  
 Guarantee  
 Play the board  
 Ply the house  
 Paid out  
 Paid off

# Table Etiquette

Positions	Appetizer	Soup & Salad	Entrée	Dessert
<i>Intention</i>	To commit to the Table; to become a fully gifted Dessert; begin preparation for Dessert and full integration onto the Table	To support all levels of Table; especially Appetizer, preparation for Dessert; integration of Appetizer to Table	To prepare for Dessert position; to support Dessert; provide support for other levels; develop capacity to hold & unify Table energy as whole	To be fully gifted; to hold the energy of the Table for growth
<i>Responsibilities &amp; Expectations</i>	To bring new women onto the Table; be on weekly conference calls, be on time, make Table a daily priority, staying in touch with other Table members; welcome new appetizers; become acquainted with Table sisters; let other sisters become acquainted with you; share bios with new Appetizers; asking for and giving support when called for; sending gift to Dessert, making sure you have all guidelines and documentation; know guidelines and Table structure by heart	To bring new women into the Table; be on weekly conference calls, be on time, make Table a daily priority, staying in touch with other Table members; welcome new Appetizers; send bio to new Appetizers for S&S position and full Table participation; sharing your experiences with others for mutual inspiration (brainstorming)	To fully support Dessert; be on weekly conference calls, be on time, make Table a daily priority, staying in touch with other Table members; welcome new Appetizers; share Table opportunity with others; become expert in guidelines; prepare for Dessert responsibilities: set-up & facilitating weekly & 3 way calls, training calls; being available to assist in 3 way calls; encourage others positions in their responsibilities; send bio to new Appetizers	Accept new Appetizers and place on Table; set up conference calls, get to know each woman in Table; correspond regularly; prepare Entrée for position; be familiar with all Table guidelines to communicate with all levels of Table
<i>Opportunities for Growth in the Position</i>	Becoming comfortable with Table energy; overcoming fear of sharing Table opportunity with others; overcoming feelings of not deserving of being fully gifted; overcoming fear of receiving and being authentic	Continuing to grow in familiarity with Table energy; continuing to work through fear feelings; training to become Dessert; offering and receiving more support; becoming artful in Table energy	Learning to hold Dessert position; supporting Dessert on a regular basis; set up conference call setting in preparation to be Dessert; completely clear all blocks to receiving and stepping into new life; honing leadership skills	Receiving gifts gracefully; assisting Entrée to step into Dessert
<i>Meditation Exercise</i>	See yourself become part of Table and committing to it and greater good of what you are achieving; see new women being attracted to you and Table; see yourself becoming more comfortable with yourself, seeing yourself opening a door to your dreams coming true	See yourself attracting new women; see yourself being fully gifted; see yourself prepared to hold Dessert energy; seeing yourself being a good mentor for Appetizer	See yourself in Dessert being fully gifted; see yourself holding energy of Dessert to keep Table dynamics moving and in balance; allowing your leadership within to emerge	See yourself being fully gifted; see yourself preparing Entrée, see yourself inspiring all other levels to come into Dessert

# The 10 Commandments of the Table

- 1. Remember Your Goals**  
Keep your personal and Table goals constantly at the forefront of your mind, as they serve as a reminder of what brought you to the Table. By focusing on your goals, you will continue to be motivated to do something in support your Table on a daily basis.
- 2. Remember Your Dessert**  
Remember to support the woman in Dessert on a daily basis. The support you give during your journey will come back to you when you reach the Dessert position. Each day, remember to communicate, invite and encourage other dynamic, healthy women of vision to be your guest on the Table.
- 3. Remember to Be Pro-ACTIVE In Resolution**  
Every moment wasted with negativity, is just one more moment that could be used to further your success. When resolving a difference, always communicate with the individuals involved, be clear, open and remain focused on the collective goals of the Table.
- 4. Remembering Your Sisters**  
Remember, whatever energy you spend or don't spend, inviting new women onto the Table effects not only your journey and success, but the journey and success of the other Sisters. Get to know your Sisters, and remember to support them. At some point or another, we ALL need support!
- 5. Remember to Think Forward**  
The present Table setting doesn't last forever. Each Table will expand as the journey continues, until the ultimate "birthing" of two new Tables occurs. Balance your attention and energies between the successful building of your current Table, and building your future Table.
- 6. Remember the Joy of the Table**  
Take time often, to reflect on the excitement of what you are now a part of, and knowing that soon your dreams will come to fruition. Visualize not only yourself receiving, but also the friends you invited, reaching their goals and dreams too!
- 7. Remember to Always Stand in Integrity**  
It takes years upon years, to build your integrity and only a moment to destroy it. Compromising yourself in the interest of rapid gain, will always come back to haunt you.
- 8. Remember to Keep Focused**  
Stay focused on gifting, supporting your Table, inviting ladies, and receiving. Remember to adhere to the Guidelines and traditions set forth by the women who created the original Table.
- 9. Remember the Four Responsibilities of Each Sister**  
We each have a responsibility to those who came before us and kept the Table honorable for us, a responsibility to those with whom we fully participate and now travel, a responsibility to those who will come to the Table in the future, to maintain the honor of the Table, and most importantly, to ourselves and our future goals.
- 10. Remember that we Are NO FEAR Women**  
Knowledge is power. When we are not knowledgeable about what we are doing, how we are doing it, or what we are a part of, fear takes over and can bring Tables to a stop. Our courage in being a part of the Table, is necessary against the cancerous tendencies of fear. We are strong women of vision, honor and integrity.

## Outline for Dessert on the Weekly Conference Calls of the Women's Gifting Tables

- **Ten minutes before scheduled conference time, collect your attention and gather your energy.** In your mind, visualize the call going well, with everyone connecting and having a satisfying experience. The Call is a place to encourage and energize your Table, so be enthusiastic and purposeful. **Intend to stay focused!**
- **Be on the line a few minutes early to confer with your Entrees.** Go over the Table's business, tone, topic (question) and guest list of that evening's call.
- **Take charge of the energy from the beginning by asking "Who has joined us?" as each chime announces a newcomer.** Check each woman's name off on the list of expected participants that you have prepared. Write in the names of guests and who invited them.
- **Begin on time.** Try not to begin more than five minutes after scheduled time. With smaller Tables there is more leeway, but still never begin the Call more than ten minutes late!
- **Announce that you are beginning.** First say your name, and that you will be facilitating the Call this evening. Ask the women to center themselves, perhaps by taking three deep relaxing breaths, and then to announce their name and that they are here. ("I am Kathy, and I am here.")
- **Say, "I officially begin this Call for the (Table Name)."**
- **Introduce the Guests.** Ask the inviting Sisters to introduce their guests. (This is a really important event for the guests. Make sure that your Table Sisters realize the impact that a really good introduction can have on a new woman.) Ask the guest if she has anything that she would like to say about herself. Welcome her by name.
- **Opening.** Call upon whoever has agreed to read the Opening (inspirational reading or poem).

- **Make announcements or discuss any business at this point, before you get into the question.**
- **Read the Guidelines.** Again, this is optional, and to be decided according to your overall plan for the Call. It is a good idea to review the Guidelines from time to time.
- **Present the Question of the week.** Add any explanations that may be needed to clarify the direction of the answers. Allow small silences between sharing. Always thank each woman by name, after she shares. You may comment briefly on what she said. There should be no analyzing, no long discussions about the content of her remarks, and no judgments, except for positive acknowledgements to her response. Allow women to choose when they are ready to share. If most women are done, you may call on the remaining women, including guests, by asking if they have something they would like to say. **Energetically, it is vital that each woman have a chance to speak.**
- **Check the time.** If there are more than ten minutes left, read from something that you have prepared, or share something that is related to the topic of that night's Call. Always have back-up material for unexpected extra time. If the discussion ends earlier than anticipated, rather than disrupt or diffuse the energy you have built up together, announce that you will be finishing early.
- **Announce that we are nearly finished for the evening.** Thank everyone for their participation. Thank the guests, **by name**, for coming, and invite them to stay on after the call if they have any questions.
- **Ending.** Call upon the woman who has agreed to read or speak the Ending (inspirational reading or poem.)
- **After the Ending, have everyone say good night and hang up.**
- **Remain on the call, until you are certain that no guests are still on, and that no one else on the Table has stayed on to ask question or make comments.**

## **Training Call on Being a Good Dessert**

### **Steps When Coming Into Dessert**

1. Get a conference call number. Be sure not to pick up a common code as there may be a hundred others using it at the same time, on the same day. Try [www.freeconference.com](http://www.freeconference.com).
2. Before the split call, choose a name for your new Table.
3. You will need a computer so that you can download charts, and send e-mails to your Sisters. It's best if you have a newer version of MS Word.
4. Using an old Table chart, copy it and save it as a new file. Delete the names of the Sisters who are moving to the other Table. Highlight the names and phone numbers of the women on your Table, in each box. Then click and drag each name into the box that the person is moving into. (You can always re-type each name each of the names onto a blank chart.)
5. You can also choose to add graphics, colored fonts and backgrounds on your new Table chart, to customize your new Chart..
6. It's good to have some kind of email that you can access while traveling, like Yahoo, Hotmail or AOL .

### **Leading A Call**

7. Make a group email "list" for your newly named Table. This way, you can add new ladies to the Table as they come on. This list makes it possible to email the entire Table at the same time.
8. Before the call, have your Chart, and the Outline for Dessert on the Weekly Conference Call in front of you. Also, always have two types of questions or topic prepared for discussion. If you have guests on that evening, your topic or question would be geared toward inspiring. Use different colored pens or markers to note who is there, who has shared, etc. It's good to have the your logistics handled ahead of time, so you are not in busy business-woman mode while on the call, so you can be there and share.
9. Optional: Some like to have Entrée calls once a week, especially when you're new. You depend on your Entrée to give you feedback, guidance, and help. You are co-creating the Table! If you have the Entrée calls several days before the weekly conference call, you can brainstorm ideas for the next call.
10. There are so many spiritual practices out there, that it's part of our responsibility to not offend anyone's beliefs. Whatever you do on your calls has to be "vanilla" or mainstream enough, so anyone who comes on the call will feel included. So as not to offend or endorse a sister's political or religious affiliation, we do not allow politics or religion to be brought to our Table.
11. Because the calls are mandatory they need to be mainstream, inspiring, and allow each person to share herself.

12. Avoid drama as much as possible on your Table. Be supportive. Provide an environment in which women to feel comfortable sharing.
13. Dessert is not about being on a pulpit or teaching your philosophy. We totally accept everyone's differences. Dessert is not your workshop environment. The Table is safe environment that allows women to come forth with their own personal energies and passions.
14. If women start to advertise themselves on the call (I'm doing a workshop, I want you to come, I sell ...), you need to close this conversation. This is not a place where we promote our businesses.
15. Begin your call by bringing everyone together to focus and center their energies. Have each woman introduce her guest. Ask the guest if she would like to add anything about herself.
16. One Sister will share an opening (inspirational reading or poem).
17. Next, the Dessert poses the question of the week, which has been e-mailed to everyone several days prior to the call. Each sister will have the opportunity to respond to the question. (Remind the women to limit the time to 2-3 minutes per sharing.) Sample questions might be, "Imagine you've been through the Table ten times; what is your life like now?"
18. Another thing that works really well is to focus on gratitude at the beginning of the call. It allows us to focus on receiving.
19. End with an inspirational reading, poem, or a quote.
20. Give some of the women who are in the Entree position, and nearing Dessert, an opportunity to lead call. This will be part of their training.

### **Mentoring the Ladies**

21. In Dessert, you want to focus on mentoring women during the invitation process. You have to stay in touch, by calling them a couple of times a week.
22. It works best to work with each woman individually. If someone is not showing up to the calls, treat them very lovingly. Look to find out what is really going on with them, and ask how you can help support them through this process.
23. Two of the most important aspects are the calls and inviting ladies. "How can I help you with your invitation process, "It's time to get started now, on your invitation process... can I help you?"
24. It's so important to spend time with all the women on your Table. If you don't your Table could move very slowly. You are the most experienced woman on and they need your experience and love.
25. They will be amazed at your attention.
26. You now have two Entrees who are learning how to be Dessert. And they are there to support you. And when they come on the 3-ways, they can fill in the gaps when you don't know what to say.
27. Be real, authentic, and not try to be something that you are not.
28. The Table is about giving and receiving, win-win, giving service.

## SUGGESTED QUESTIONS

### FOR OFFICIAL 3-WAY INVITATION CALLS

- Have you received the written material and read it?
- Do you have any questions?
- What are your feelings about the Table Activity?
- Why are you interested in the Gifting Table?
- What are your dreams?
- Are you aware of the history of the Woman's Gifting Table? Explain the history...Talk about your own experiences...the personal growth, things that you've gone through. Explain how the Table brings things up.
- Do you have the time to devote to this? Conference calls are required, strongly encouraged to go to training calls. Entree and Dessert take a good deal of time
- Do you have a computer and private phone line? (Home situation)
- Have you talked with your husband/boyfriend about your participation at the Table? Do you have his support? (If not, make sure she has a private phone line/cell phone and private email so she can participate)
- Discuss the gift, and ask how and when is she going to manifest it?
- Are you going to be traveling for the next 4 -5 months? Need to be around to do this- can't travel to foreign countries without making prior arrangements with Dessert.
- Explain that each woman brings her gift and a woman... (Are you aware that you will need to bring in at least one person?) We are looking for women who are willing to work through issues, have impeccable integrity, honest and committed. Look for women you want to travel with, someone who is really ready. We can't rescue people; they need to be able to take on responsibility. Will the Table be good for this woman; will she be good for the Table? Talk about the teamwork and help that is available. Explain how important it is to keep the privacy of the gifting activity, talk about negative press, etc, so it's not a surprise to her if she hears about it from someone else.



## GIFTING STATEMENT

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This is a signed statement of intent regarding forfeit and transfer of rights of property. I, \_\_\_\_\_, do hereby declare under penalty of perjury that the following statements are true and correct to the very best of my knowledge.

Any and all property of any nature that I transfer from my ownership and possession to \_\_\_\_\_, is intended as a gift and not as an investment. I have not been sold anything and I have not purchased anything and I have not been offered any opportunity to do so. I have been told to not expect any return of any nature, and I received no license or privilege of soliciting or recruiting other parties to participate in any activities.

With this Affidavit, I waive any and all rights to civil or criminal remedies against the recipient of my gift. This is not a payment of a consideration for an opportunity. I perceive no agreement between myself and the recipient of my gift, and I expect no profit, benefit or opportunity of any nature in consideration for the property that I have transferred as a gift. I believe that I am totally within the law as it pertains to my activities described. Therefore, I have not purchased a security. My intent is to give a gift to another individual, given out of detached and disinterested generosity, and I do not intend the gift as an investment or as a payment for which I am owed anything of any value or nature and I acknowledge that my gift does not entitle me to any future opportunity or benefit of any nature.

I understand that \_\_\_\_\_ accepts only gifts, and that she absolutely does not accept any property offered with the intent of its owner that a future return or opportunity be obtained or secured by virtue of their having transferred said gift to another individual. Therefore, I have not purchased a security, I have agreed under this gift contract to not reassert any right to the property that I now give freely as gift to another individual. I am fully informed and a consenting adult and I have not been misled in any way. This contract has every characteristic and obligation in common, with my giving of a present to another, whoever that may be. The recipient of this gift has refused to accept "payments" of any kind, and will accept only GIFTS.

I agree to personally present this gift in cash or to send a band check by using a private carrier, e.g., Federal Express or UPS.

I, \_\_\_\_\_, do hereby declare under penalty of perjury that the foregoing statements are true and correct, and are binding upon me to the full extent expressed therein.

\_\_\_\_\_  
Signature

Executed this \_\_\_\_\_ day of \_\_\_\_\_, in the year \_\_\_\_\_.

Amount \_\_\_\_\_

# Traditions

Every woman must commit to keeping the Table intact and pure, by following its traditions. Originally, these were oral traditions. They have since been written down, and are now called the Guidelines. The Guidelines are the foundation of the Table, and are to be followed at all times. Don't stray from the Guidelines. The Table energy has a mind of its own. Your commitment to the women of the future is to pass on the Table to the next two Desserts, in the same or better condition than you found it.

Tables are about understanding and growth. We enter the Table, for our purposes and the purposes of others. Remember, this is reflected in your daily actions.

Your commitment to the women that you are traveling with right now, is to lead by example. It will be well noticed, if you show up late for calls, go for weeks without bringing on a guest, or haven't been in communication with your Sisters. The women at the Table count on each other, for their personal and financial growth. Ask yourself, "What have I done for my Table today?"

Your responsibility within the Table is not only to yourself, it is also to your Table Sisters. When you joined the Table, you made several important commitments. You vowed to empower yourself and the other women on the Table. You also committed to the following:

1. to always bring your highest self to the Table call.
2. to be on time for the call each week, and notify your Dessert, if you are unable to be present.
3. to invite guests weekly, and to use discretion when inviting.
4. to communicate with your Sisters on a regular basis.
5. to follow the Table Guidelines.
6. to make the intentions of the Table a daily priority.
7. to be a source of support and inspiration to all of your Table Sisters.
8. to practice the art of giving and receiving

The more you continue to attract, inspire, encourage, invite, support, and communicate with your Table Sisters, the faster the Table will go. It is the combined energies of all of the women within the Table that keeps the Table in perpetual motion. Joining a Table is partaking in an incredible life journey. Founded over twenty years ago, it continues to support the hopes and financial dreams of the inspirational women of today.