



## PSYCHIATRY SECTION NEWSLETTER MARCH 2014

Greetings,

I pray your time over the past few weeks has been rejuvenating as we have celebrated the birth of our Lord and Savior, Jesus Christ. Just as Jesus comforted His disciples in John 14, I pray we receive His comfort and obey His commands daily as we seek His will in our lives and our care for our patients.

This is our first newsletter since the 2013 APA meeting in San Francisco. We had a great time together and once again were challenged further to think about integrating our faith with our psychiatric practice. We had the privilege of learning from Siang-Yang Tan, PhD, of Fuller Theological Seminary as our banquet speaker. He also spoke on the integration of Christianity in therapeutic treatment. His Christ focused message during the APA meeting was fruitful and challenging.

On September 18, 2013, Bill Wilson, MD, passed away at the age of 90. He was a pioneer in the integration of Christ into psychiatric treatment and his friend (Dr. David Colvard) sent in an announcement that is detailed in this newsletter. Dr. Wilson will be missed and I thank God for his example of faith and his desire to seek Jesus Christ.

Please enjoy this newsletter and I hope to see you in New York City for the 2014 APA meeting May 4-7. May God bless each one of you as you bring His love to the many people you touch each day.

John Yarbrough, MD  
Chair, CMDA Psychiatry Section

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Join us for the  
**2014 CMDA Psychiatry Section Meeting**  
concurrent with the  
**2014 APA 167th Annual Meeting**  
New York, New York  
May 3 – 7, 2014

Meetings to be held at The New Yorker Hotel (soon to be Wyndham New Yorker)  
All meetings to be held in the Herald Square meeting room located on the third floor.

Block of guestrooms at [The Milford](#)  
Room rates are \$259 (two double beds) or \$229 (one queen bed)  
[Make a room reservation online](#)

Booth location is #1828 in the Javits Convention Center

<u>Monday, May 5</u>	7 – 8:30 a.m. 6:30 – 8 p.m.	Breakfast Meeting Academic and Residents Round Table Meeting
<u>Tuesday, May 6</u>	7 – 8:30 a.m. 8:30 – 9:30 a.m. 6 – 9 p.m.	Breakfast Meeting Psych Section Business Meeting Banquet – Speaker: John Peteet, MD
<u>Wednesday, May 7</u>	7:30 – 10:30 a.m.	Breakfast and Annual Integration Seminar

[Register Online](#)

Download the Registration Form

#### Devotional by Dr. Bill Wilson

*“Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will” (Romans 12:1-2, NIV 1984).*



We who are in the business of transforming minds should try to determine of what this transformation consists. If we go back to Deuteronomy 6:6, we find that God wanted the children of His people to have been taught the commandments He had given them. These commandments were designed to make a favorable difference in their lives. We know that what a person thinks a person does, so having the right rules of behavior installed in their minds will result in

behavior that will make a favorable difference. Since our patients most often have been taught the rules of the world, their behavior is dysfunctional and will result in the suffering that brings them to us.

I discovered in my 62 years of practice that 90 percent of my practice was comprised of relational problems. That was not true in my early career since I worked in state hospitals and in the VA, but when I got into private practice and after I became a Christian, almost all I saw were relational problems. If we inspect God's word, we realize that He wants us to have right relationships. We are to love Him, love our neighbors and love other Christians. Then we are to show love to all mankind by feeding the hungry, giving water to the thirsty, clothing the naked, visiting the sick and prisoners and taking strangers in our homes. Most do not realize this, but Jesus' summation of God's commandments was to love God, love our neighbors, love one another and show love.

Our job is to help our patients think rightly. We do this by helping them understand that the lies Satan has taught them give rise to sin and that sin has negative consequences. Then we have to teach them that God's truth has positive consequences. Happiness is found in right relationships, not in Coors light or Bud Lite, in owning a Lexus or in Cialis. It is found in relationships with God, our spouse, our children and with friends. It is important that we are vocationally creative, but our relationships are of greatest importance. Our relationship with God influences all of our other relationships.

The meat of this message is that we need to transform minds by helping people access the truth found in God's Word.

William P. Wilson, MD  
Professor Emeritus of Psychiatry  
Duke University Medical Center  
Distinguished Professor of Counseling  
Carolina Evangelical Divinity School  
[www.InstChristiangrowth.org](http://www.InstChristiangrowth.org)

#### **In Memory:**

After submitting the above devotional for use in the newsletter, we received word that Dr. Wilson had passed away. Below is the announcement sent in by his good friend, Dr. David Colvard.

William P. "Bill" Wilson entered heaven on Wednesday, September 18, 2013. He is now being eternally rewarded for his fully devoted and surrendered life unto God. Bill was a long time member of the Christian Medical & Dental Associations and in 1996 became the first recipient of the *Educator of the Year* award. He was a *Distinguished Professor Emeritus* in Psychiatry at Duke University. Bill and his lovely wife Elizabeth have also been wonderful supporters of the local CMDA chapters through Triangle Christian Medical Fellowship. May our Lord and Savior Jesus Christ, our Heavenly Father and the Holy Spirit bring his wife Elizabeth, his lovely and large family, and all those who knew and loved Bill peace and comfort.

#### **Welcome New Members!**

Dawit Amare, DO  
Paul Hill, MD  
Timothy Jennings, MD  
Mohau Kolisang, MD

Chicago, IL  
Memphis, TN  
Chattanooga, TN  
Prince George, BC CANADA

Danny McClure, DO  
Thomas Okamoto, MD  
Ashley Overley, MD (resident)  
Lucy Wang, MD

Chandler, AZ  
Yorba Linda, CA  
Indianapolis, IN  
Seattle, WA

## Member Updates

### **Greenbrier Almond, MD**

*Araceli and I remain blessed with good health. Also blessed with two grandchildren and one on the way on Veteran's Day (G.I. JOE or G.I. JOSEPHINE??). I've now written a third book for the grandchildren!*

*(In regards to retiring) My Father practiced until age 75 before stopping so that could be plan B, but I do believe Mom and Dad deserved more time together after his retirement than they got.*

*There are two farms to manage; Board of Education; Mission work to the Philippines, as we go yearly; and a lot more than illness care as currently practiced in U.S.A.*

## Special Note from Sherri Williams, former Administrative Assistant

### **Greetings, Grace and Peace to the Psychiatry Section**

I just wanted to thank you all again for the lovely send-off you gave to me last year at the APA in San Francisco. It truly warmed my heart. Thank you also for the gift certificate from Macy's. That is something that is currently warming the rest of me, as Atlanta has frigid temperatures. And thanks for that delicious bottle of wine from John Yarbrough's California vineyard. My husband and I opened it for our wedding anniversary.

It was truly a privilege to be your administrative assistant for the past seven years. I have missed hearing from you, my Psychiatry Section family. What a blessing to know so many of the saints from various parts of the U.S. and the world, and to be able to pray for you and your work.

I know we met mostly by email, but I learned so much from you and from your meetings! Some of you may remember the priest who came to talk about exorcism in Washington, D.C., the thoughtful testimony by the head of Living Waters Canada in San Diego or Dr. Armand Nicholi discussing C. S. Lewis and Sigmund Freud in Toronto. What about the description of mental healthcare in India by Dr. McGee in San Francisco, or the thoughts on trauma care in Africa by Dr. Bagge'? Who can give a more uplifting view on depression than Dr. John Peteet? And then there was the Norwegian man who stood up at our banquet in Philadelphia to thank America for coming to the aid of his country during World War II. And thank you, Dr. Josephson, for encouraging us all as Christians to be ready with an apt answer in the "marketplace of ideas."

But what you may not have heard or seen is how God was at work planning each of those meetings often in very miraculous ways. He brought people to the booth who said, "I am a Christian but I never knew your organization existed" or to ask, "Is there a group like this in my country?" There were so many opportunities to share or just listen, to hand out candy or brochures and to pray for those that just walked by—some as far away as they possibly could—and to show God's love in little ways.

I continue to enjoy CMDA locally--most recently in a concert by pianist [Stanton Lanier](#), playing

a "Prescription for the Soul." And now Melinda tells me she would like some help in New York City this year, so Lord willing, I will see many of you in May.

Blessings,  
Sherri Williams, RN

## Mission Updates



### Dr. Roger and Shirley Brown in Kenya Highlights of 2013

**February** - We participated in a conference for workers serving in extremely hard places of the continent. It was a great privilege to rub shoulders with these true heroes of the faith. We spoke in a workshop, and Roger spent afternoons in sessions with a number of people. I also helped facilitate a

“Sharpening Your Interpersonal Skills” workshop in the spring.

**March** - Kenya successfully held peaceful elections. Much prayer went into the process, and Kenyans had every reason to be proud of the sense of order, even when lines were 8+ hours long in the hot sun. I left Kenya before Roger to visit my dad in Ohio, and I was thankful to be able to assist him with several health issues.

**April** - We began a short home assignment that involved driving more than 10,000 miles in two months, and we still didn't get to see many of you - hopefully next time!! We are so thankful for joyful reunions and for your continued interest in and support for our ministry over the past 22 years.

**May** - Hannah graduated from John **Brown** University in Arkansas - the day after a May snowstorm. Rachel graduated two weeks later with a master's in social work from the **Brown** School at Washington University in St. Louis. Roger developed an impending retinal tear as we were traveling, and friends helped us get appointments with ophthalmologists in three different states for monitoring. The tear happened the morning of Rachel's graduation, so Roger drove himself to cryosurgery and arrived back in time for the reception and a second afternoon ceremony. I had a basal cell carcinoma removed from my face the day before, so we looked pretty battered :-).

**June and July** - We are so thankful for these weeks on the family farm for true R&R. We had delightful times with Rachel, Hannah and extended family, including a pose for "Hog Dynasty" - with only about a third of the Brown clan.

**August** - Roger resumed the role as clinical team leader, along with many psychiatric evaluations for children and teens.

**September** - Nairobi was struck by the terrible tragedy of the Westgate Mall terrorist attack. Several missionary families were in the mall at the time and escaped miraculously, and thankfully none were killed. However, the trauma of the siege and the continued threats are very pervasive and have definitely impacted people who are seen at the counseling center, as well as all of us living under the threat of al-Shabaab. *Please pray for safety in the face of terrorist threats, especially at grocery stores and churches.*

**October** - We traveled to Chad on the edge of the Sahara Desert to speak at an AIM conference, as well as meet with couples and individuals. We were so blessed by this incredible team who serve so selflessly in the face of heat, deprivation and darkness.

**November** - GREAT PRIVILEGE!!!! We attended the premiere of *The Distant Boat*, a full-length feature film by AIM's On-Field Media Team to motivate the African church to send its own missionaries to be involved in the Great Commission. *Pray that this movie would be a watershed event as it is shown in*

*theaters and churches.* The impact of the message is overwhelming. Roger's nephew Andy Brown is the director and wrote the musical score. Visit [www.distantboat.com](http://www.distantboat.com) if you want to be blessed!



L to R: Nathan, Nancy, Sarah, Dick

### **Dr. Dick and Nancy Baggé in Nairobi**

The sad news of the siege of the Westgate Mall in Nairobi has undoubtedly reached you. We are physically safe and were not near the mall on Saturday. We've been there several times but it is in a part of the city we don't visit often. It saddens us to witness this evil unleashed in our country and the devastation it brings in loss of life and health as well as psychological and spiritual distress. At the counseling center we are being called on to respond to groups and individuals who've been more directly affected.

Even when the siege ends, the crisis does not. We are praying for God's shalom to come to Kenya and to its neighbors. Pray with us that evil will be restrained, that leaders would act wisely in managing this national crisis and that we can be ministers of mercy and comfort. In the face of such horror, we are heartened by the many acts of kindness shown by Kenyans and those who call Kenya home. Sometimes the best of us comes out in the worst of circumstances. Light shining in the darkness. Come, Lord Jesus, come.

We will be coming to the U.S. in mid-November to present at the annual Mental Health and Missions conference in Indiana. We expect to stay through Christmas, having some medical/dental work done as well as having some time to be in one place with our children for Thanksgiving and to celebrate Christmas together.

Thank you for your prayers for us and for this country that we love.

Dick and Nancy

[Dick\\_Bagge@sil.org](mailto:Dick_Bagge@sil.org)

[Nancy\\_Bagge@sil.org](mailto:Nancy_Bagge@sil.org)

## **Service Opportunities**

### **Call for Mentors!**

Do you remember that one special person who had such an impact on you in your formative years of study? Were you fortunate enough to have someone? Maybe you weren't so fortunate but wish there had been someone there to get you through those crisis moments.

Each year we receive numerous requests from Christian medical students and residents who are interested in psychiatry and request to be connected to a Christian psychiatrist for much needed encouragement and support. Between telephone and videoconferencing options, geography need not be a barrier in connecting mentors and students/residents.

If you would be willing to serve as a mentor, please email [Melinda Mitchell](#) so we can add your name to our “Interested in More Information” list. In the near future, we’ll get back with you with the specifics of how the process will work.

Thank you for your prayerful consideration!

## NEW!

### **Olive Tree Counseling Center in Antalya, Turkey**

Steven Edlin, director and chairman of the Founding Board, is conducting a search for psychiatric help for **Olive Tree Counseling Center**. The center will serve expatriate Christian workers and their families in the Middle East, North Africa and Central Asia. It will be a full service counseling center with a broad range of specialties including psychiatry. It will have a similar goal to centers such as [Tumaini](#) in Nairobi, Kenya and [Cornerstone Counseling Center](#) in Chiang Mai, Thailand. They are looking for a Christian psychiatrist for the center or possibly a psychiatric nurse practitioner. If you have a heart for overseas Christian work and would be interested in working abroad with Christian workers, please contact Mr. Edlin directly by email at [steven.edlin@team.org](mailto:steven.edlin@team.org), by SKYPE at stevenedlin or by phone at 630-614-4843.

## New Recommended Resources

- *Can Christianity Cure Obsessive-Compulsive Disorder?: A Psychiatrist Explores the Role of Faith in Treatment* by Dr. Ian Osborn  
Dr. Osborn’s website: [www.ocdandchristianity.com](http://www.ocdandchristianity.com)  
Email contact: [i.osborn@yahoo.com](mailto:i.osborn@yahoo.com)
- *The God Shaped Brain* by Dr. Timothy Jennings
- *Counseling and Psychotherapy* by Dr. Siang-Yang Tan
- *50 Ways to Feel Great Today* by David Biebel, DMin; James Dill, MD; Bobbie Dill, RN
- *Redeeming Psychology JBC Bundle (Journal of Biblical Counseling)* by David Powlison, Ed Welch, Mike Emlet  
Topics: Biblical Counseling Psychiatry & Psychology, Psychology  
Category: Bundle  
\$5.00  
Scripture directs us from within its pages in its unique and comprehensive vision of ministry and change. It simultaneously directs us in processing the insights within culture, literature and the psychologies that have been provided to us from beyond its pages. This bundle contains articles that explore the relationship of the Christian faith to the secular psychologies.

## Contact Information

### [Melinda Mitchell, Administrative Assistant](#)

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Visit us online at [Psych Section](#) or at [www.cmda.org](http://www.cmda.org).